



'22-'23 Annual Report

In This Report

8 Family Foundations Program

Family Based In-Home Mental Health Service • Evidence-Based Ecosystemic Structural Family Therapy • Strength-Based, and Trauma-Informed Intensive Family Therapy Model • Live Supervision and Consultation • 24-Hour Crisis On-Call Availability

9 Individual & Family Counseling

Individual Adult, Adolescent, and Child Counseling • Family Counseling • Marital, Grief, and Other Life Adjustment Problems • Trauma-Focused Cognitive-Behavioral Therapy • Alternatives To Violence Groups • Anger Management • Supervised Visitation

11 Youth Connection

Developing positive relationships that have a direct and lasting effect on the lives of young people through meaningful, monitored matches between adult volunteers (Mentors), and youth (Mentees) between the ages of 6-18 throughout Venango, Forest, Clarion & Eastern Crawford Counties. Youth Connection is a partner of the Mentoring Partnership of Southwest Pennsylvania.

13 Drug & Alcohol Program

Outpatient/Intensive Outpatient Treatment • Certified Recovery Specialist • Relapse Prevention Therapy • Family Recovery Program

16 Home & Community Services

Assisting consumers across the Life Stages: Children & Families; Emerging Adults; Adults; and Older Adults, who are open with Venango County Mental Health and Developmental Services; Children, Youth & Family Services (CYFS), and Older Adult Services (OAS).

17 School-Based Programs

H.E.I.G.H.T.S.

A school-based behavioral health building-wide model that will provide support for students with multiple challenges through an ecological philosophy guided by the 12 principles of Re-Education. The model is provided to identified students in grades K-8 at Hasson Heights Elementary and Oil City Middle School.

O.C. P.R.E.P.

An integrated classroom model which provides school-based behavioral health interventions that promote strength-based therapy to support students with multiple challenges through an ecological philosophy guided by the 12 principles of Re-Education. This model is provided to identified students in grades 9-12 who attend Oil City Senior High School.

19 PPC Violence Free Network & Shelter

Emergency Shelter for Victims of Domestic & Sexual Violence and Other Serious Crimes • 24-Hour Hotline • Advocacy and Accompaniment • Community and School Based Prevention and Education Programs • First Response Team • Protection From Abuse Orders (PFA's) • Psychoeducational Groups • Relocation Program • Sexual Assault Response Team Member • Short-Term Supportive Counseling

21 Venango Fatherhood Initiative

24/7 Dad: Fatherhood Program & Family Groups • Donuts With Dad • Inside Out Dad (Jail Groups) • Evidence-Based curriculums Families In Recovery and Relationship Smarts Plus 3.0 • Events & Outings: Fun with Father Day, Family Fishing Picnic, Family Movie Nights, Winterfest Family Sled Riding Party

Our Mission Statement

Family Service & Children’s Aid Society will be a leader in the provision of comprehensive human services for our community through our commitment to excellence, accountability, and adaptability.

Governing Board Approved April 25, 2006

Our Vision Statement

To provide individuals and families opportunities to reach their full potential in a community that embraces differences.

Our Values

- **Service** - We help people achieve their goals and improve their lives by providing a variety of human services to meet their needs and those of our community.
- **Respect** - We provide an environment where open communication is supported, diversity is appreciated, and positive regard is displayed towards everyone.
- **Confidentiality** - We hold an individual’s right to privacy in the highest regard, protecting this right in accordance with applicable laws, regulations, and ethical standards.
- **Integrity** - We are committed to the highest standards of ethical, legal, and moral conduct. We believe integrity is the basis for community trust.
- **Leadership** - We recognize our responsibility to provide information, guidance, and direction. We will make informed decisions, creating an atmosphere that inspires effective communication, fosters partnerships, and models dynamic leadership.
- **Teamwork** - We work together in a cooperative effort toward common goals to produce outcomes stronger than could be achieved by individuals.

GOVERNING BOARD OF DIRECTORS

- Denise Jones, President
- Courtney Cox, Vice President
- Debra Sobina, Secretary/Treasurer
- Josh Botts, YC Representative
- Robert Carone
- George Cavanaugh
- Katherine Chandley
- David Heinzer
- Gregory Merkel
- Diana Owens, PPC Representative

Dr. Savita Joneja, D&A Medical Director

ADVISORY COMMITTEES

PPC Violence Free Network

- Diana Owens
- Karen Knight-Griffith
- Mary Lee Riley

Youth Connection

- David Wagner, President
- Vicky London, Vice President
- Amariliz Sanchez, Secretary
- Josh Botts
- Linda Mackintosh

As of June 30, 2023

Dear Friends

A Letter from our Executive Director

The past year for our Agency has been extremely busy and transformative. Because of our relationships with the McElhattan Foundation, the Justus Charitable Fund, Office of Developmental Programs, and Northwest Behavioral Health Partnership, Inc., we received grant funding to support the purchase and technology assistance of an Electronic Health Record (EHR) system, Credible Behavioral Health Inc. This opportunity has provided the platform for moving our Agency forward into the ever-evolving world of healthcare technology.

Transferring paper records to an EHR system is no easy task. However, the outcome will support and strengthen our workplace and service delivery providing staff with a faster option of completing documentation requirements, thus saving them time once they learn their way around the system. The cost over time will save money by speeding up workflows, increasing the number of accepted claims, and will reduce operational costs. Also, EHR has a built-in security measure to ensure compliance with funding sources, Managed Care Organizations, County, State, and Federal requirements. All record information is saved to the cloud allowing for better security and eliminating storage space for the paper files.

Our journey with Credible began in February 2022 with the review and comparison of different EHR systems, the contract was signed in May 2022, a Credible project team was formed with staff representation from all programs utilizing the system. The project team received a 3-day virtual tour of the system in August. Data Gathering and staff training began in September, and implementation was January 3, 2023.

Through each phase, and during the past six (6) months, I have witnessed the perseverance and dedication of our staff as they worked extremely hard to learn and navigate through the system with the additional challenge of performing their daily responsibilities while learning to complete them in a very different way. Challenges will always be there, but our ability to overcome these

challenges speaks to our strength, dedication, and commitment.

I would like to extend my gratitude and appreciation to all staff who were involved with the EHR implementation and to the staff who worked alongside, patiently listening to our frustrations, and supporting us along the way. Because of their willingness to embrace change, they

have achieved a very significant accomplishment. As we move forward, we will continue to build on the successes of this last year while recognizing the areas we need to improve.

We bring a broad range of perspectives to the workplace, and we don't, nor should we always agree but as we embark on the 2023-24 fiscal year I am hopeful that, with our shared commitment, we will address and overcome the new challenges that come our way, create positive change, and continue to

enhance our services and supports to those we serve.

Looking forward to the next fiscal year, Family Service & Children's Aid Society will remain diligent and creative in addressing emerging community needs and keeping vulnerable children, individuals, and families at the heart of our work and mission.

Whether you have supported us for decades or are new to supporting and partnering with FSCAS, you are part of a legacy of individuals who have helped the people of our community to live their best life. In closing, it was a big and challenging year, and I am extremely proud and grateful for being a part of this legacy agency and how much has been achieved over the years, but especially this past year.

When there's a setback, someone with a fixed mindset will start thinking, 'Maybe I don't have what it takes?' They may get defensive and give up. A hallmark of a successful person is that they persist in the face of obstacle, and often, these obstacles are blessings in disguise." ~ Carol Dweck, Professor of Psychology, Stanford University



Mary K Serafin

Mary K Serafin

Annual Meeting Minutes

Minutes of Annual Meeting

Governing Board of Directors

Cross Creek Resort, Titusville PA ♦ September 27, 2022 - 4:00 pm

Seventy-nine people were in attendance including six Governing Board members: Denise Jones, Courtney Cox, Major Smith, Greg Merkel, David Heinzer, and Debbie Sobina; two Advisory Committee members; three consumers and their guests; and sixty-seven staff members.

Executive Director Mary K Serafin welcomed all those in attendance and shared the steps taken to address the effects of the pandemic on staff. She reviewed the results of an employee survey and talked about the committees that were formed and the goals that were set to try to improve employee retention. She also provided an update on the implementation of the electronic health records system. Mary K then introduced staff, Governing Board members, Advisory Committee members, and speakers.

Annual Meeting: The meeting was called to order at 4:30 pm.

Nominating Committee: Courtney Cox presented the slate of renewals for a three (3)-year term renewal: Greg Merkel (3rd term).

Courtney also presented the slate of officers for a one (1)-year term: Denise Jones, President; Courtney Cox, Vice-President; and Debra Sobina, Secretary/Treasurer.

Denise opened nominations up to the floor; there were none. The slate of term renewals and the slate of officers was approved with a motion from Major Smith, seconded by David Heinzer. *All others were in favor, none opposed. Motion carried.*

Denise presented the Advisory Committee resolutions for a one (1)-year term as representatives to the Governing Board: Josh Botts (YC) - Approved with a motion Debra Sobina, seconded by Courtney Cox. *All others were in favor, none opposed. Motion carried.* Diana Owens (PPC) - Approved with a motion from Debra Sobina, seconded by Greg Merkel. *All others were in favor, none opposed. Motion carried.*

The meeting was adjourned at 4:35 pm.

Service Awards: The following staff was recognized for years of service: 5 years – Mary Baker; 10 years – Jessica Walters, Jeff Storm; 15 years – Jenny Swartz; 20 years – Cindy Curran

The invocation was given by Denise Jones.

Dinner was served from 4:45 – 5:25 pm.

Guest Speakers: James and Angela were introduced by Stan Benvin, Program Director for Home & Community Services. This is the second time James has been involved in the program. This time he is experiencing more successful outcomes because he and Angela are going through it together. They have received help with household organization and with making their home a safe environment for their growing family. They appreciate all the help they have received. James is currently working towards becoming a certified recovery specialist.

Jason was introduced by Rick Orłowski, Program Director for the D&A Program. Jason stated that he has been involved with drugs and alcohol since he was 11 or 12 years old. He has gone through treatment maybe a dozen times but never really made the decision that he wanted to change his life until 2018. He has since been involved in the Venango County Problem Solving Court, 12 Step Fellowship, FSCAS's outpatient and RPT programs and now has a different outlook on life. He has made amends, realigned his values, and now makes better choices. He stated, "until you're willing to lose everything, you'll never gain anything."

Closing Remarks: Denise closed by thanking the speakers for baring their souls and telling their stories. She applauds the choices they made to improve their lives and applauds the staff for being willing to get down in the dirt to help accomplish their goals. She stated that we are all here for a reason, and she is proud to be a part of FSCAS.

Respectfully submitted by:
Jennifer M. Swartz, Office Manager

Financial Statements

STATEMENT OF FINANCIAL POSITION

June 30, 2023

ASSETS	
CURRENT ASSETS	
Cash & Checking	2,243,059
Accounts Receivable	377,788
Prepaid Expense	17,707
Total Current Assets	2,638,555
FIXED ASSETS	
Real Estate	2,338,012
Renovations	495,956
Furniture & Equipment	910,272
Accumulated Depreciation	(1,726,280)
Total Fixed Assets	2,017,960
OTHER ASSETS	
Investments - Mutual Funds, Stocks & Bonds	3,126,133
Investments - CD's	172,401
Assets Held In Trust By Others	391,422
Total Other Assets	3,689,956
TOTAL ASSETS	8,346,470
LIABILITIES & NET ASSETS	
CURRENT LIABILITIES	
Accounts Payable	41,922
Accrued Payroll	103,683
Accrued Compensated Absences	37,920
Unemployment Compensation Reserve	148,391
Deferred Revenue	79,467
Total Current Liabilities	411,383
LONG-TERM LIABILITIES	
Loan - Bldgs & Grounds	98,070
Loan - CARES Act PPP Loan	-
Total Long-Term Liabilities	98,070
NET ASSETS	
Retained Earnings	7,947,849
Net Profit/(Loss)	(110,832)
Total Net Assets	7,837,017
TOTAL LIABILITIES & NET ASSETS	8,346,470
Footnote: Figures Are Not Final	

STATEMENT OF REVENUE & EXPENSE

Fiscal Year ending June 30, 2023

	2022-2023	2021-2022	\$ Inc/Dec
REVENUES			
Contributions	25,066	96,523	(71,457)
Annual Giving Campaign	9,044	8,035	1,009
Special Events (Gross)	41,775	51,665	(9,890)
Trusts and Bequests	406,055	294,766	111,289
Capital Contributions	35,000	1,005	33,995
United Way Allocations	44,708	44,666	42
Program Income	3,004,958	3,607,322	(602,364)
Operating Grants	466,161	461,667	4,494
Realized & Unrealized gains/(losses)	58,985	(268,594)	327,579
Interest/Dividend Income	93,185	44,808	48,376
Miscellaneous	13,106	13,106	-
TOTAL REVENUES	4,198,042	4,354,968	(156,927)
EXPENSES			
Salaries	2,874,703	2,931,413	(56,710)
Payroll Taxes	232,001	237,792	(5,791)
Employee Benefits	508,041	468,720	39,321
Conferences/Trainings	41,392	47,121	(5,729)
Professional Fees	49,782	48,124	1,658
Family Support Services	6,828	10,795	(3,967)
Rent/Mortgage	68,862	69,323	(461)
Utilities	32,395	24,402	7,993
Corporate Insurances	42,115	39,909	2,206
Building Maintenance	26,727	33,403	(6,676)
Telephone/Cells & Pagers	35,474	35,981	(508)
Internet Services	11,243	11,325	(83)
Printing	5,372	5,277	95
Postage	4,813	5,416	(603)
PR/Advertising	6,584	18,049	(11,465)
Office Supplies	29,216	76,235	(47,019)
Consumables/Vol Training Supplies	2,783	2,520	263
Rehab Supplies/Activities	46,258	52,039	(5,781)
Travel/Consumer Transportation	25,414	22,673	2,742
Subscription/Library	882	1,423	(540)
Agency Dues/Memberships	9,546	9,535	11
Fund Raising Expenses	14,836	13,124	1,712
Miscellaneous	222	420	(198)
Equip Rental/Maintenance	54,070	49,648	4,422
Equipment Purchases	43,950	7,323	36,627
Capital Improvements	-	-	-
Depreciation	97,131	110,626	(13,495)
TOTAL EXPENSES	4,308,874	4,339,941	(31,067)
NET PROFIT/(LOSS)	(110,832)	15,027	(125,859)
Footnote: 2022-23 Figures Are Not Final 2021-22 Figures Are Audited & Final			

Agency & Administration

February 2023

Elijah Daubenspeck was promoted to Program Director for the Drug & Alcohol Program.

March 2023

Bruce Fox was promoted to Clinical Supervisor for the Drug & Alcohol Program.

May 2023

Julie Smith was promoted to Direct Service Coordinator for PPC Violence Free Network.

May 2023

Lindsey Long transitioned into her new role as Shelter Advocate for PPC Violence Free Network.

October 2023

Jaylee Hricsina was promoted to Clinical Manager for the School-Based Programs.

November 2023

Leah Fox transitioned into her new role as Behavioral Health Technician for the School-Based HEIGHTS Program.



STAFF ACCOMPLISHMENTS!

STAFF MEETING IN-SERVICES

- ◆ Will Price, United Way of Venango County
- ◆ Alynn Cervone, the djb group—Aflac overview
- ◆ Ashley Nichols, FSCAS—Cultural Competency and Humility Training
- ◆ Steve Hamilton, FSCAS—Situational Awareness
- ◆ Craig Westover, Sheriff's Department—Self-Defense



ANNUAL GIVING CAMPAIGN

The Annual Giving Campaign was held in December 2022 with 625 letters mailed to various corporations, businesses, and individuals. The appeal generated a response of **\$9,102.52!** These monies were used to assist with providing services in the following programs:

*Individual & Family Counseling
PPC Violence Free Network
Youth Connection
Venango Fatherhood Initiative*

FISCAL & ADMIN STAFF:

Jenny Swartz, Office Manager
Jeff Storm, BA, Driver/Mail
Mary K Serafin, AB, Executive Director
Stacy Britt, Fiscal Tech
Susan Kase, AB, Administrative Assistant
Tashana Downing, BA, HR Manager
Dale Power, AS, Accountant
Cheryl Faulk, AB, Fiscal Tech
Not pictured: Hannah Everett, Custodian

Family Foundations

Family Based Mental Health Services utilizes a unique approach to family systems therapy. The Eco-Systemic Structural Family Therapy model promotes caregiver engagement to develop four pillars of treatment that include attachment, self-regulation, co-caregiver alliance and executive functioning to reduce children's severe emotional disturbances, reduce out of home placements and keep families intact.

On any given day, the therapists perform a variety of clinical interventions that support families in keeping their children in the home, stabilizing the home environment, and providing love and attachment. The therapists meet families where they are to help create a lasting change in the generational tragedy, trauma, and hardship to ensure that future generations are set up for success.



Again this year Family Foundations and the Venango Area Riding for the Handicapped Association (VARHA) collaborated to provide the opportunity for our families to participate in a 6-session horseback riding camp. The youth were able to increase attachment through bonding with their horses and caregivers as they were able to learn how to groom, tack and ride a horse. All the youth who participated walked away from this experience having an increase in their self-confidence and a desire to not give up when things might be challenging.

Family Foundations

46 Families served

3541 Total therapy hours

FAMILY FOUNDATIONS STAFF from top:

Jennifer Lytle, MSW, Mental Health Professional
Sarah Young, MSW, Mental Health Professional
Melanie Taylor, BS, Mental Health Worker
Jessica Walters, MA, Program Director
Brittany Donato, BA, Mental Health Worker
Deborah Letke, Administrative Secretary
Elizabeth Bayne, BA, Mental Health Worker



Supporting one another towards success: *"I have heard from others what a great support Family Foundations is to families, however I didn't realize just how much support we were going to get. The team was able to connect with everyone in our house and we all felt comfortable to share with the team. They have been available to us whenever we have needed them to be. We appreciated to have someone to brainstorm with when we weren't sure what to do. I really have appreciated their ability to listen to what is happening in our lives and try to make sure that we have a plan forward." ~Family testimonial*

Finding our hope again: *"Our family wasn't sure that anything was going to make a difference in our lives and then we were referred to Family Foundations. Life felt hopeless and I just wanted things to be better. The staff came in and listened to our story and made us feel supported and heard. They have been able to improve the way that I listen and talk to my children and stood beside me as I tried something new. I no longer feel hopeless and feel that we are on the path to change our future." ~Family testimonial*

Spending time together is important: *"Our family-based team is wonderful. They are down to earth and super friendly. The work has not been easy however they never gave up on us and kept showing up. Each session they came in and worked with us collaboratively to do things our family was already doing however differently than what we are used to. We created a new tradition of family nights where we each get to take turns with picking a meal and game to spend time together. This has brought our family closer together. We are so happy we decided to say yes to Family Foundations." ~Family testimonial*

Individual & Family Counseling

Individual & Family Counseling

Mental health involves how we think, feel, act, and get along with others. It also relates to our ability to make choices and handle challenges.

Being mentally healthy helps us to develop positive relationships with ourselves and others. It enables us to lead productive lives and empower others to do the same. Mental health can affect physical health as well. People with mental illness have a greater risk of having heart disease, type 2 diabetes, and substance use disorders.

We are very fortunate to have three social workers on our staff in the IFC program. Two are Licensed Clinical Social Workers and one is a Licensed Social Worker. Social workers can provide mental health counseling with individual, group, and family therapy. According to their licensure or certification, they may assess, prevent, diagnose, or treat mental health disorders.

Social work is different from other professions because we focus both on the person and their environment. Social workers deal with the external factors that impact a person's situation and outlook. And we create opportunities for assessment and intervention, to help

clients and communities cope effectively with their reality and change that reality when necessary. Social workers help clients deal not only with how they feel about a situation but also with what they can do about it.

In thousands of ways, social workers help people of every age and background. The most well-known aspect of the social work profession is providing direct services or therapy directly to clients. We help guide people to critical resources and counsel them on life-changing decisions. We also advocate for change to improve social conditions and strengthen the social net. We have a commitment to advocacy, social justice, and helping individuals, families, and communities who need us most.

***Individual #1:** Throughout therapy, an individual has made significant progress by establishing boundaries in personal relationships, including an ex-boyfriend who had been taking advantage of her for a place to stay. This individual has been able to address the anxiety she was experiencing related to driving in a car. She has also been able to establish a self-care routine and a coping schedule that keeps her symptoms manageable.*

***Individual #2:** A woman receiving therapy has been able to process past trauma due to narcissistic abuse*



INDIVIDUAL & FAMILY COUNSELING
OIL CITY STAFF:
Cindy Curran, MSSA, LCSW, Program Director
Amber McMillen, BS, Offender Services Caseworker



INDIVIDUAL & FAMILY COUNSELING
TITUSVILLE STAFF:
Glenda Fulmer, MSW, LCSW, Therapist
Courtney Master, BSW, SAP Liaison
Rachael Rubaker, MSW, LSW, Therapist

by her ex-husband. She also struggled with severe panic attacks and insomnia. This individual has been able to learn and utilize self-care strategies such as mindfulness and grounding to manage her panic attacks. She has also established nightly “emotion check-ins” before turning in at night, which has helped improve the quality of her sleep.

Student Assistance Program (SAP)

The objective of the Student Assistance Program (SAP) is to help students of the Titusville Area and Penncrest School Districts and their families to be made aware of and gain access to resources within the community that might assist them. Any community organization that works with students or the school district may refer a student and his or her family to the SAP Liaison by completing a referral form designed to identify some of the student’s immediate needs. The SAP Liaison will contact the student and conduct appropriate assessments to determine specific needs and/or resources that will benefit the student and his or her family. Once the student’s specific needs have been identified, these needs will be addressed through the provision of information and referral to community resources. In addition, the SAP Liaison will follow up with the identified student (and families if appropriate) on a consistent basis to ensure that their needs have been addressed.

Family #1: *A young mother and her young daughter moved from out of state to Titusville earlier this year. The mother had only the items that would fit in her car and those items were infested with cockroaches. She was living with a friend she knew from years ago, who already had a house full of people. Throughout the year we were able to connect this young mother with a new car, new clothes, relief from overdue utilities, a job, and just recently an apartment for her and her daughter. She plans to work on management classes to further her job prospects. Her daughter is currently enrolled in an all-day pre-kindergarten program.*

Family #2: *A family of three was referred for services because they were homeless and needed to find a place to stay within three days’ time. We were able to secure the family in a women’s shelter. Throughout the year we helped the family consolidate their expenses, obtain relief from overdue utilities, acquire clothing, gain employment, obtain referral for mental health services, and just recently lease an apartment for the mom and her two children.*

Family #3: *A family of four was referred for services when they transferred from out of state to Pennsylvania. The mom started out with supports and a job; however, after a month, she lost both. We have been assisting her to be able to keep her apartment, obtain a new job, apply for childcare assistance, and receive food and clothing assistance.*

Alternatives To Violence (ATV) Anger Management (AM)

It has been several years since we have reviewed the curricula for Alternatives To Violence and Anger Management programs. We had a transition in staff in February of 2023 and decided that would be a good time to review the current curricula. The research that was conducted to revise and redevelop this curriculum was intensive and exhaustive.

The new curriculum for ATV is based on a combination of resources and curricula, including “The STOP Domestic Violence Program”, “The STOP Program for Women Who Abuse”, “The Dialectical Behavior Therapy Skills Workbook”, “Emotionally Intelligent Batterer Intervention”, and “Seeking Safety: A Treatment Manual for PTSD and Substance Abuse”. Two separate curricula were developed, one for men who abuse and one for women who abuse. Several new concepts are included in the revised curriculum, including mindfulness, empathy, and emotional intelligence.

Individual & Family Counseling

45 Individuals/families Venango Cty

105 Individuals/families Crawford Cty

1819 Total appointments

Community Resource Coordination

232 Individuals served

42 Group sessions held

1745 Total appointments

Student Assistance Liaison (SAP)

243 Individuals served

6 Group sessions held

721 Total appointments

Supervised Visitation

13 Families served

114 Total appointments

Alternatives to Violence

27 Individuals served

172 Total appointments

Anger Management

12 Individuals served

48 Total appointments



Youth Connection

Youth Connection 2023 “Mentor of the Year”

Every year, Youth Connection (YC) asks the matched youth in our program to submit a short letter nominating their mentor for “Mentor of the Year.” We are incredibly fortunate to have so many dedicated adult volunteers who show up consistently to share their valuable time, life experiences, positive mindsets, and talents to encourage, teach, and guide their mentees. As always, it is a tough decision to select just one because all our mentors are uniquely spectacular! This year’s recipient of “Mentor of the Year” is Meghan Keely.

Meghan is currently a Real Estate Agent with Shawgo Realty in Franklin. Meghan has been involved with the program as a mentor since 2016. She is currently mentoring her second mentee and has provided many new opportunities and experiences to her current mentee, Abigail. Meghan and Abigail celebrated their Five-Year Match Anniversary in May! Abigail was so excited to be able to share how she feels about Meghan. She went on to write:

“Meghan, The Greatest. My mentor, Meghan Keely, is the greatest of all time because she is my hero. She takes time out of her busy day to do things like eat, get ice cream, or just hang out. She is a fantastic listener and the most trustworthy person I know. She helps me learn new things and helps me with my problems. She is a fantastic mentor. She loves spending time with me. She tries to get every second she can with me. She is the best! I love her.”
~Abigail, age 10.

Abigail’s mom is very appreciative of all Meghan does for Abigail and is grateful her daughter has such an amazing mentor and friend. When Meghan and Abigail were first matched Meghan said they had an instant connection, and their connection has continued to grow and strengthen. It is Meghan’s sense of commitment and ever positive attitude that make her an exceptional mentor. She is always willing to provide Abigail with new experiences and opportunities and is available to just listen and help when needed.



Mentor of the Year Meghan & Abigail

Fundraising & Activities

Youth Connection held our 2nd Annual Cornhole Event on February 18, 2023 at the Oil City Moose Lodge for the Venango, Clarion, and Forest County YC programming, and our Inaugural Cornhole event for Eastern Crawford County was held March 11, 2023. We are so grateful for the support of many local cornhole “pros” who enthusiastically attended both events. Youth Connection was amazed that cornhole players traveled from the state of New York, as well as distant counties from Pennsylvania to participate in our event!

We continue to offer the Youth Connection Lottery Calendars annually. Sales of the 2023 calendar surpassed last year’s total sales, and we are humbled by the loyal community of supporters who enthusiastically purchase the calendar year after year! The Lottery Calendars weave a beautiful story of our matched Mentors and Mentees, as well as highlight youth who are still waiting to be matched.

In the past fiscal year, Youth Connection has received unexpected blessings. A local church congregation and it’s Pastor, Dr. Terry Jacobs, of Seneca Evangelical Church, offered to provide a free space at their beautiful Family Center for us to hold program events.



Annual YC Lottery Calendar



A local charitable-minded motorcycle enthusiast, Doug Carter, held his 5th Annual Ride to Remember event in memory of his daughter and donated a portion of the proceeds to Youth Connection!

Youth Connection holds activities and provides activity kits and gift certificates to our participants throughout the year to offer opportunities for engagement in prosocial activities, relationship-building, and to foster increased involvement in our communities. In the past year, YC has been able to furnish Back-to-School supplies, roller skating passes, movie theatre gift cards, craft kits, a Harvest Fest,

a Christmas party and gifts, and a Summer picnic. All of this would not be possible without the generous support from sponsorships and donations from dedicated businesses and individuals in our communities!



Summer Picnic Fun!

2nd Generation Mentee!

We recently had a former FSCAS Big Brothers Big Sisters mentee enroll her son in the Youth Connection Eastern Crawford County program who shared her personal experience with mentoring. Her son was matched with a caring Crawford County volunteer mentor in July 2023. This is what mom had to say about her personal experience:

“As I sit here enrolling my son in your mentoring program, I think back on my time as a little sister with Big Brothers Big Sisters. I was matched with a very special lady here in Titusville and to this day we keep in touch. I do not know where I would be had I not had her guidance and friendship. I have fond memories of my time spent with her and all the wonderful things she did with me. When I think about that time, the one thing that stands out the most is when she would take me to McDonald’s, and we would sit and talk over hot chocolate. Those conversations meant more to me than anything she could have done with me. I hope my son realizes how special the simple moments will be.”

Matches

17 Venango-Forest

6 Clarion

9 Eastern Crawford

Children on Wait List

14 Venango-Forest

1 Clarion

5 Eastern Crawford

Activities & Events

10 Events held

946 Total attendance

Community Presentations

6 Presentations held

895 Total attendance



YOUTH CONNECTION STAFF:

Beth Hazlett, BA, Program Director

Chana Hopkins, BS, Match Support Specialist



Drug & Alcohol Program

Family Service & Children's Aid Society's Drug & Alcohol Program provides educational, treatment, and supportive services to individuals and families in the Venango and Southwest Crawford Counties. We currently have 16 full-time employees and one part-time employee that includes two clerical staff, ten full-time counselors, one part-time counselor, two Certified Recovery Specialists, a Clinical Supervisor, and a Program Director.

This past year saw significant changes in the Drug & Alcohol program with the retirement of Program Director Rick Orłowski, the promotion of Elijah Daubenspeck to the position of Program Director, and the promotion of Bruce Fox to the Clinical Supervisor position. The program also saw staff changes in each of the services offered. As of July 1, 2022 after 8 years of providing the Effective Safe Parenting (ESP) services the ESP program was returned to Venango County to be overseen by Children, Youth & Family Services (CYFS) where it originated.

Outpatient/Intensive Outpatient Services:

The mission of the Drug & Alcohol Program is: "Strengthening the lives of families and individuals, building on existing, personal, and family strengths, and reducing emotional and environmental stressors through treatment and education." Drug & Alcohol treatment staff strongly believe that in order to promote this mission they must meet the individuals where they are and work with all supports available; whether that comes from Medically Assisted Treatment programs, spiritual supports, family supports, professional supports, or community supports. Over the past year the program has seen a rise in methamphetamine, marijuana, and fentanyl related concerns in the community. Through taking a holistic approach and working with individuals on several levels of community integration the aim of the program is to reduce the effects of these substances on the individual and community at large.

The primary services of the Drug & Alcohol Program consist of outpatient and intensive outpatient care. These services provide both individual and group counseling to individuals in the Oil City, Franklin, and Titusville area. The population of individuals the

program serves ranges from adolescents as young as twelve to older adults. Within these two primary levels of care the Drug & Alcohol Program offers several services to meet the needs of individuals.



IOP Group led by FSCAS Therapist Ed Stephenson (top right)

Relapse Prevention Therapy:

Relapse Prevention Therapy (RPT) is a 12-week, evidence-based curriculum that utilizes Cognitive Behavioral Therapy as well as Motivational Interviewing to support a maximum of ten individuals in a group setting. RPT is designed for individuals diagnosed with a substance use disorder and who have experienced periods of sobriety in the past. Individuals involved with RPT will further hone skills in specific topics such as: managing cravings, recognizing triggers and high-risk situations, replacing unhealthy coping tools and behaviors with those that support a healthy and sober lifestyle, and establishing strong relationships within the community that support the sober lifestyle. The design of the RPT group is to allow participants to take control and responsibility of their recovery. The group demonstrates the strength of peer support and positive feedback while also providing insights from the trained facilitator.



RPT Group led by FSCAS Therapist Liberty Goodman (left)

Pathways Adolescent Center Program

The Pathways Adolescent Center Program in Oil City targets at-risk youth residing at Pathways. Since the previous fiscal year, the Pathways Adolescent Center Program has demonstrated consistent growth. The program currently supports two full-time counselors providing services to forty to fifty adolescents a week. Adolescents in this program are referred through the Pathways staff as well as the juvenile court system and Children & Youth (CYS) agencies across the region. Currently, the Adolescent program utilizes the evidence-based Bloomington Adolescent Treatment model as well as Motivational Interviewing, cognitive behavioral approaches, and strength-based models to support adolescents in recognizing triggers, dangers of substance abuse, and healthier methods of coping. Within the past year our Pathways counselors have seen a rise in stimulant abuse and consistent showing of marijuana and alcohol abuse. Staff have also reinstated a weekly group designed to help adolescents share experiences, coping tools, and explore recovery concepts in an interactive group dynamic. The Drug & Alcohol Program is currently exploring possibilities of expanding these groups as well as staffing in this location.

Family Recovery Program

The Family Recovery Program (FRP) continues to operate with families referred directly from Venango County Children, Youth & Family Services (CYFS). The FRP program currently has one team consisting of a Masters level lead counselor and a Bachelors level supporting counselor. The maximum caseload for the FRP team remains at eight families. FRP utilizes a systemic, family-based approach supported by the Philadelphia Child and Family Therapy Training Center, which provides extensive training and monitoring to both members of the team. The team works primarily out of the family's home with the goal of integrating recovery tools into the home dynamic and recognizing the impact of substance use within that

dynamic. FRP aims to help parents and children remain together in the family unit as they all work towards creating a healthier and safer environment to support recovery and connection among all members of the family.

Certified Recovery Specialist

The Certified Recovery Specialist Program (CRS) staff provide support in the community and non-clinical guidance to individuals who want to increase their recovery activity.

The primary CRS can carry a caseload of twenty-five to thirty individuals and will meet with them in the community. The CRS has averaged a caseload of seventeen since new staff took over in March. Referrals for this CRS position come from clinicians, the Warm Handoff CRS, problem solving court, case managers at the County level, and others. This CRS also works with CYFS on specific families within the CYFS system that identify a substance use disorder. The CRS works closely with Children, Youth & Family Services caseworkers to provide a holistic approach to recovery and family strengthening.

The Warm Handoff (WHO) CRS works exclusively with the medical and legal community as a liaison to connect individuals with recovery services. The WHO CRS works with the emergency room staff and the behavioral health unit staff at UPMC Northwest hospital, local ambulance services, and first responders to connect with overdose survivors. The WHO CRS also provides community outreach to connect various recovery services to community members who may not have access to them. They utilize Motivational Interviewing and strength-based approaches to encourage individuals to seek out services, whether that means referrals to inpatient treatment, outpatient treatment, or ongoing CRS services. The WHO CRS works closely with Venango County Substance Abuse staff to ensure at-risk populations are being connected with recovery supports.

Both positions focus on strength-based modalities and encouraging individual autonomy in recovery.



Vigil of Hope
Franklin, PA



DRUG & ALCOHOL OIL CITY & PATHWAYS STAFF:

Liberty Goodman, BS, Therapist
 Jayme Wolbert, BA, CADC, Therapist
 Bruce Fox, BS, CADC, Clinical Supervisor
 James Grove, M.Ed, CAADC, Therapist
 Corrienne Lawson, BS, Therapist
 Brittini Willyoung, BS, Therapist



DRUG & ALCOHOL FRANKLIN STAFF:

Debra Fales-Gralewski, BA, Therapist
 Ed Stephenson, BS, CADC, Therapist
 Jenell Chapman, AS, Clerk Receptionist
 Susan Scott, MMT, CADC, Therapist



FRP STAFF:

Melanie Sparks, MS, CAADC, MHFBP,
 Lead Family Therapist
 Ashlie Girty, BS, Family Therapist



CRS STAFF:

Amy Tillia, CYFS, Certified Recovery
 Specialist Warm Hand Off
 Rebecca Schreengost, ASN, CRS,
 Certified Recovery Specialist



DRUG & ALCOHOL STAFF

TITUSVILLE OFFICE:

Brenda Gilmore, Clerk Receptionist
 James Ricketts, BS, Therapist
 Trish Dilbone, BA, CRS, CADC, Therapist

A financial statement of the Drug & Alcohol Program's income and expenses is available at Family Service & Children's Aid Society to any interested parties.

Please call (814) 432-3466 for further information.

Outpatient (OP)

402 Individuals served (Venango Cty)
 3452 Total appointments (Venango Cty)
 142 Individuals served (Crawford Cty)
 1267 Total appointments (Crawford Cty)

Intensive Outpatient (IOP)

124 Individuals served
 145 Group sessions held
 1698 Total appointments

Relapse Prevention Therapy (RPT)

26 Individuals served
 31 Group sessions held
 248 Total appointments

Family Recovery Program (FRP)

11 Families served
 441 Total appointments (visits)

Certified Recovery Specialist (CRS)

35 Individuals served
 598 Total appointments

CRS - County Warm Hand Off

106 Contact with Individuals
 103 Contact with Medical Staff

CRS - County CYFS

480 Contact with Individuals

Pathways Adolescent Center

131 Individuals served
 1263 Total appointments



DRUG & ALCOHOL STAFF:

Elijah Daubenspeck, MA,
 CAADC, Program Director

Home & Community Services

An old proverb says: “May you live in interesting times”. And boy, has 2022-23 lived up to that sentiment. The program, as well as the Agency, underwent a total change in how we view, create, and store client and program information. As a community and in-home service program, we were faced with a magnitude of issues surrounding our new Electronic Health Record process. The staff, though frustrated at times with cell service that was not accessible, computers that would not always sync to Wi-Fi or cell phones, computer programs that at times seemed unresponsive, always were able to regain a smile on their faces. They regularly talked with each other and other FSCAS staff to share short cuts and ways to get the job done.

This year saw the upcoming change in the Intellectual Disabilities (ID) fee structure moving to a lower rate for the H&CS program. This change forced the closure of the ID-waiver funded individuals to be phased out in May of 2023. The remaining ID individuals left the program at the end of June. Some of the people who left had been long term members of the H&CS family (some for over 20 years), this understandably was difficult for staff. But through all the changes, families were cared for, individuals maintained life in their homes and communities, and new individuals continued joined the program. Through the dedication of the program’s staff, many folks like Jeff got the support that they wanted and needed.

Jeff lives on his own in Oil City and maintains a job with UCIP cleaning offices. Jeff is very friendly, enjoys music, and is a HUGE Pittsburgh sports teams fan! He is usually able to attend several Pirate baseball games each year. He also likes to attend Steelers games as well as Penguins games whenever he can. Jeff is always ready to talk sports!

Jeff is a bachelor who is concerned about how his apartment looks. He maintains his apartment with support from his Direct Service Worker (DSW) and at times the rest of the Home & Community Services staff. Jeff wanted to try to save some money, while still being able to expand his TV viewing experience. So Jeff, along with his DSW, changed his long-time cable subscription to a Wi-Fi/App driven viewing process. After a couple of calls to the cable company, Jeff’s new Wi-Fi system was up and running. He is still exploring and mastering the different displays and figuring out the clicks it takes to get to his favorite programs. Jeff says he is starting to get comfortable with the system and is enjoying it more and more each week. He has also expanded his viewing pleasure by adding an additional TV in his bedroom.

As independent as Jeff is, we are currently supporting him in recognizing his sugar and carbohydrate intake due his to concerns of pre-diabetes. He questions his DSW about his food purchases while reading over the labels to determine the best possible foods to consume. Jeff has been working with his DSW on portion control and making sure he eats at regular intervals. After creating a shopping list and buying groceries, Jeff has been excited to try and create new meals for himself. He also bounces his concerns, questions, and ideas off his DSW about how to best live his life and interact with friends and community members. Jeff has recently been going to The Pointe and is developing new friendships.

You can almost always see Jeff around Oil City wearing one of his favorite sports shirts, team jersey, or ball cap.



Home & Community Services

- 10 MH Individuals served
- 13 ID Individuals served
- 6 OAS Individuals served
- 16 CYFS Individuals served
- 1325 Total appointments

H&CS STAFF:

Deborah Smalley, Direct Service Worker
Stan Benvin, BS, Program Director
Mary Wilson, ASB, Direct Service Worker
Michelle Burris, AS, Direct Service Worker



School-Based Programs

THE H.E.I.G.H.T.S. PROGRAM

Hasson Elementary

This school year the Hasson HEIGHTS program's theme was **Under the Sea**. The students used this theme in their group activities and classroom projects. The school community project was a tissue drive where the students collected new boxes of tissues that were then distributed throughout all the classrooms at Hasson. Over 400 boxes of tissues were collected, supplying each classroom with 20 boxes! The HEIGHTS students collected, counted, sorted, and delivered them to the classrooms.

The Hasson HEIGHTS program also conducted a team project called "The Crayon Initiative Project". The Crayon Initiative began with one man's life-changing trip to a family restaurant... One evening in 2011, Bryan Ware, his wife, and two sons were dining at a local restaurant in celebration of his 40th birthday. While the boys were coloring with crayons provided by the establishment, Bryan was struck with curiosity. "I wonder... What happens to these crayons after we leave?" he asked. Sadly, Bryan learned that many restaurants discard crayons after only one sitting, even if they are untouched. And because crayons are not environmentally friendly, they turn into a waxy sludge that clogs up landfills and never biodegrades. Bryan's personal challenge was to find a creative way to recirculate the leftover, used, and broken crayons for children everywhere. And thus, The Crayon Initiative was born. The HEIGHTS program collected used or broken crayons and sent them to "The Crayon Initiative" where they will be melted down and remanufactured, reducing environmental waste. New crayons will be made and sent to pediatric hospitals (ours is UPMC Pittsburgh). In total, the HEIGHTS program sent over 61 pounds of crayons to be recycled! That's a lot of crayons!!



Tissue Drive



The Crayon Initiative



*HASSON HEIGHTS
Behavioral Health Technicians:*
Nicole Pearson, BS
Kevin Cartney, BA
Frann Lantz, BS
Kayla Sherman, BS

H.E.I.G.H.T.S. Hasson:

11 Total students

1770 Total times students served

Middle School:

15 Total students

1406 Total times students served

O.C. P.R.E.P.

11 Total students

1348 Total times students served

Oil City Middle School

The Middle School HEIGHTS program's theme was **Disney**. The staff used play-based learning and group activities that were based on Disney themes. An example of a group activity was "Positive Social Skills". This activity included prompting and thought/emotional expression. The students were asked "Would You Rather: a) be raised by Cinderella's evil stepmother, or b) Rapunzel's mother Gothel?" This then led to a discussion with all the group members as to why they chose what they did.

The students also made treat bags and presented them to the custodial staff and the Oil City Police Department to acknowledge and thank them for all they do.

OIL CITY P.R.E.P. INTEGRATED CLASSROOM

The PREP program's theme this year was **Camp/Outdoors**. On Earth Day the students picked up trash around the school grounds.

One of the 12 Re-Ed Principles of the PREP program is that every child should know some joy in each day. So, the PREP staff launched "Joy Days", where every student and staff would identify what gives them joy. They gathered as a group and focusing on a particular topic and activity, each one would reveal what brings them joy. The students really enjoyed these groups, and this will continue to be a yearly project.



*MIDDLE SCHOOL
Behavioral Health Technicians:*
Mary Baker, BSW
Carol Woods, BA
Leah Tazwell, BSW
Kylie Gahring, BA
Not Pictured:
Jaylee Hricsina, MA, Clinical
Manager



Traci Kaufman, M.Ed
Program Director



*PREP STAFF
Behavioral Health Technicians:*
Elizabeth Kiefer, BS
Dale Colford, BS
Shana Kight, MS

PPC Violence Free Network

Our mission is to work to **PREVENT** violence, **PROTECT** victims, and advocate for **CHANGE** in attitudes about victimization by providing prevention education programs, supportive services, and by promoting social change within the community. We are committed to this in all aspects of our work; from providing programs and trainings to community groups and professionals, educating students within the schools, participating in community events, assisting with protection orders, sheltering those who are homeless due to domestic and sexual violence, and advocating with other service providers we work closely with. PPC understands the impact violence has within our community. Every small act helps to spread the word about our services and help individuals be safe!

Domestic Violence Awareness Month—DVAM (October)

A visual display of 564 purple ribbons was on show at the Cranberry Mall during October 2022. Each ribbon represented one individual served by PPC during the 2021-2022 fiscal year.

October 20, 2022, was Purple Thursday. FSCAS staff and community members participated by wearing purple.



DVAM—October
Ribbons at Cranberry Mall
PPC Staff on Purple Thursday

Sexual Assault Awareness Month—SAAM (April)

Several different events took place during April to bring awareness to Sexual Assault Awareness Month.

PPC organized “Survivor Book Displays” at the libraries in Oil City, Franklin, and Cooperstown. These displays

included titles authored by sexual assault survivors, as well as empowering, uplifting works.

The Oil City Center Street Bridge was lit up **TEAL** for the week of April 2—April 8, 2023.



SAAM—April

A resource table was provided for the Venango Campus students to access information about PPC services.

PPC also organized a display called “The Clothesline Project” at the libraries and the Cranberry Mall. This is a powerful visual display that is a vehicle for people affected by violence to express their emotions by decorating a shirt. The shirts are hung on a clothesline to be viewed by others as testimony to the problem of sexual and domestic violence.



PPC encouraged the community to participate in our Community Art Event during SAAM. This provided folks of all ages the opportunity to create art to raise awareness.

DENIM DAY 2023

PPC again participated in Denim Day 2023. Denim Day was originally started in 1999 when a ruling by the Italian Supreme Court was made, overturning a rape conviction due to the belief that since the victim was wearing tight jeans, she must have helped her attacker take them off... thereby implying consent. The following day, the women of the Italian Parliament came to work wearing jeans, in solidarity with the victim. Even now all around the world wearing denim on Denim Day has become a symbol against the misconceptions about sexual violence. This



Denim Day—PPC Staff

year, PPC provided signs for local businesses to post in their windows or by their check-out to show their support for individuals impacted by sexual violence.

COMMUNITY OUTREACH AND PREVENTION EDUCATION

During the 2022-2023 school year our Prevention staff were able to provide 4 lessons each to all Oil City School students in grades 3-5. Grades 6-8 were provided 5 lessons during the school year. Lessons consisted of topics like relationships and self-esteem, support systems and understanding feelings, responding to emotions, personal boundaries and asking for permission, sexual harassment, and consent. Staff also was able to provide 5 lessons to all students in grade 9; these topics included defining relationships, defining dating abuse and why people abuse, gender stereotyping, consent, and sexual violence, how we feel/how we deal, and how to help friends in abusive relationships.

We also partnered with Venango Region Catholic School and St. Patrick’s to provide lessons for their CCD classes.

In-person professional training was provided for Venango County Human Services employees. Training courses provided were Domestic Violence 101 and Healthy Sexuality.

Prevention staff partnered with The Pointe, Arbor Circle, Pin Oak, Miller Sibley Pool, and Pathways to offer educational programming and activities throughout the summer. Prevention staff partners all year with Youth Alternatives to offer educational programming and activities.

Staff again co-hosted Santa’s Toyland (Christmas Past) and participated in other community activities including Children’s Fun Fair (Oil Heritage Festival), the Penny Carnival, and YMCA Healthy Kid’s Day.



PPC was invited by **AROC (A Reach Out to Community)** to participate in their first ever block party! PPC provided information and had a fun activity for kids to make.



A Reach Out to Community



GOLF SCRAMBLE

PPC held its 23rd Annual Golf Scramble on Saturday, August 20, 2022 at Hi-Level Golf Course in Kossuth. This is PPC’s major fundraiser each year which raised \$15,257.94! There were 30 teams that golfed, and 14 volunteers and staff that helped with the event.

Shelter

36 Individuals served
1496 Days of shelter provided
4458 Meals Served

Victims of Serious Crime

210 Individuals served
257 Total appointments

Sexual Assault Services

57 Individuals served
3 Group sessions held
121 Total appointments

Protection Orders

126 Individuals served
166 PFA’s granted

Domestic Violence Services

350 Individuals served
28 Group sessions held
1355 Total appointments

First Response Team

21 Individuals served
298 Crisis hotline calls
22 First Response calls

Prevention/Education

10 Community programs
124 Total attendance
75 Youth programs
739 Total attendance



PPC STAFF:

- Steven Hamilton, Law Enforcement Liaison
- Courtney Lake, BS, Legal Advocate
- Lindsey Long, AS, Counselor/Advocate
- Julie Smith, Direct Services Coordinator
- Briana Johnson, BS, Prevention/Education Assistant
- Megan O’Neil, BA, Program Director

Absent:

- Pamela Powell, BS, Counselor/Advocate

Venango Fatherhood Initiative

Venango Fatherhood initiative continues to meet with people where they are at, keeping the efforts focused on real life events that hit close to home and close to the heart. Its true that several events and community activities are held throughout the year that many people see but behind the scenes the program is reaching out to meet with people that are struggling to improve their lives for the sake of their families.

The Fatherhood Initiative program has taken a more active role in working with individuals currently incarcerated or in in-patient levels of care as a means of setting up plans for the future that the individuals can use to see hope on the other side of their current situation. The program helps deal with behaviors, outlooks, approaches, communication, and relationship health strategies in order to strengthen the family in all areas.

It is sometimes mistakenly assumed that the program only helps fathers, and although that was its original purpose, it has expanded to help mothers process their struggles in pursuit of something better. The main goal is for parents to realize their best selves by starting to process who they desire to be and work towards that desired self from day to day, being the role model they want their children to grow into.



Pool Party



Family Fishing



Lynne Everett, BA, CADC
Program Director



Donuts With Dad



I wanted to express my extreme gratitude for opening your program to me. Words can't describe the value I have experienced in just a short period of time. When I discovered your program I did not know what to expect, but immediately knew it was going to be a difference maker for me when I reviewed the program syllabus. After our first session, I left your office filled with tears of hope. The structure of the weekly learnings have changed my trajectory and prospective of fatherhood and my efforts to being a better coparent. I have moved from victim status mode to a road of recovery and on a path of thriving and forgiveness. I have learned the value of reflection and assertiveness vs. pain/sadness, aggression. I thank you for your honesty and transparency during the many conversations we have had and more importantly challenging and aligning my value based thinking. I have asked you to never allow for an excuse and you have never accepted one. More importantly from the bottom of my heart, I thank you for your patience, commitment, and kindness shown to my family. The other day, my son told me that you are his favorite therapist and he sees a few others weekly. Your ability to connect with my children have been seamless and the kids have enjoyed your crazy trampoline jumps, long range over the hoop missed shots at basketball, bedroom free throw contests, and allowing the kids to clobber you at the game of Clue. Thank you for your shoulder on my toughest days, and invisible hugs of support you provide 24/7. I am a believer and now an ambassador of this valuable Fatherhood Initiative Program and now a promoter of this program, and of you personally, Mr. Everett. ~G.R.

24/7 Dad & Family Groups

- 42 Individual participants
- 155 Group sessions held
- 24 Number graduated

Coaching

- 40 Individual participants

Inside Out Dad

- 17 Individual participants
- 18 Group sessions held

Oil Region Recovery

- 188 Individual participants
- 90 Group sessions held

Activities & Events

- 8 Events held
- 3548 Total attendance

Donuts With Dad

- 13 Programs held
- 2800 Total attendance

Agency Presentations

- 1 Community presentations
- 10 Total attendance

Our Service Locations



Main Office: 716 East Second Street
Oil City, PA 16301 • Ph: (814) 677-4005

*Alternatives To Violence
Anger Management
Drug & Alcohol Program
Fiscal & Administration
Individual & Family Counseling
Supervised Visitation*



Franklin Office: Professional Bldg.
150 Prospect Avenue • Suites 301 & 304
Franklin, PA 16323 • Ph: (814) 432-3466

*Suite 301: Drug & Alcohol Program
Suite 304: Family Recovery Program*



PPC Shelter: Ph: (814) 676-5476
Hotline: 1-800-243-4944

PPC Violence Free Network



Titusville Office: 119 E. Mechanic Street Ste. A
Titusville, PA 16354 • Ph: (814) 827-3472

*Drug & Alcohol Program
Individual & Family Counseling
Student Assistance Program
Youth Connection*



Carone Center: 29 Pearl Avenue
Oil City, PA 16301 • Ph: (814) 676-9940

*Drug & Alcohol Recovery Support
Family Foundations Program
Home & Community Services
Venango Fatherhood Initiative
Youth Connection*



716 East Second St., Oil City, PA 16301 (814) 677-4005 Fax: (814) 677-6159
Website: www.fscas.org E-mail: familyservices@fscas.org



Member Agency of:
United Way of the Titusville Region
United Way of Venango County

