

# At FSCAS...

**WE WORK**  
together

**WE ARE**  
*helpful*

**WE ARE**  
*accountable*

**...WE ARE A**  
**TEAM**

*We*  
**are**  
adaptable

**WE ARE**  
*successful*

**We achieve**  
**GOALS**

**Annual Report 2020-2021**

# GOVERNING BOARD OF DIRECTORS

**PRESIDENT** Denise Jones  
**VICE PRESIDENT** Courtney Cox  
**SECRETARY/TREASURER** Debra Sobina  
Stewart Armstrong, *PPC Representative*  
Laura Blake  
Robert Carone  
Tammy Dulaney  
David Heinzer  
Marilyn Kirkwood  
Gregory Merkel  
Major Smith  
Tammy Varsek  
Marie Veon, *YC Representative*  
Dr. Savita Joneja, *D&A Medical Director*

## ADVISORY COMMITTEES

### PPC Violence Free Network

**PRESIDENT** Hillary Wisniewski  
**VICE PRESIDENT** Amanda Pica  
**SECRETARY** Jess Carroll  
Stewart Armstrong, *Governing Board Representative*  
Diana Owens  
Karen Knight-Griffith  
Mary Lee Riley

### Youth Connection

**PRESIDENT** David Wagner  
**VICE PRESIDENT** Dean Collins  
**SECRETARY** Marie Veon, *Governing Board Representative*  
Todd Adkins  
Josh Botts  
Connie Confer  
Kelly Harris  
Vicky London  
Linda Mackintosh  
Christine McFarland  
Regis Senko

As of June 30, 2021

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## MISSION STATEMENT

Family Service & Children's Aid Society will be a leader in the provision of comprehensive human services for our community through our commitment to excellence, accountability, and adaptability.

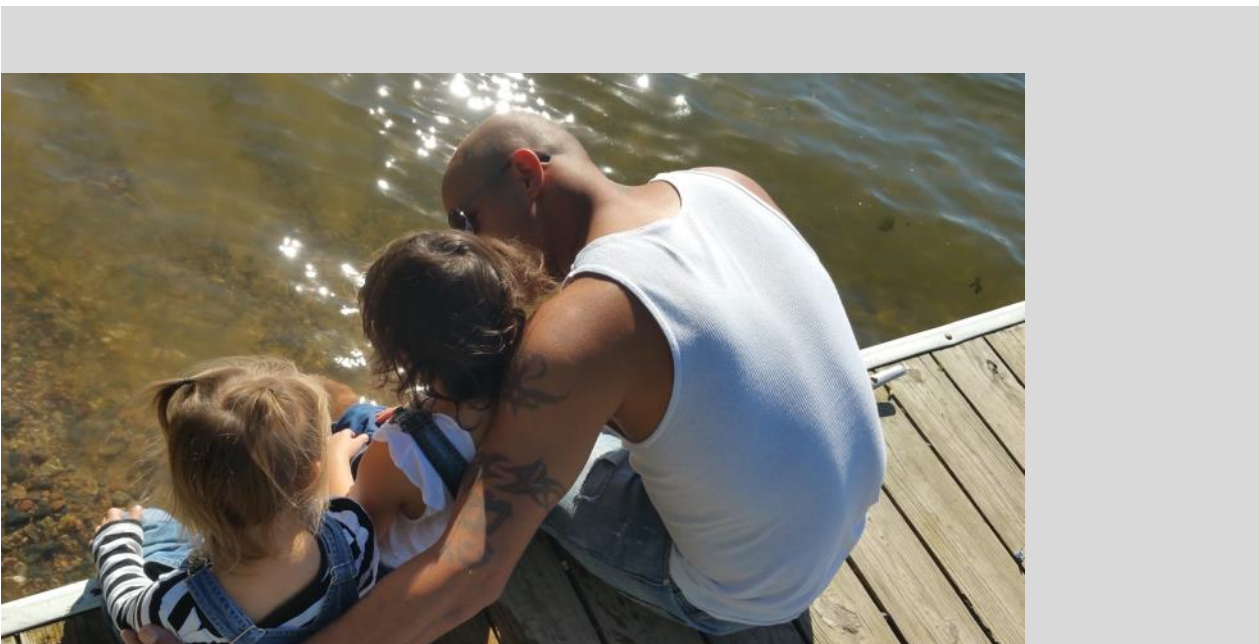
*Governing Board Approved April 25, 2006*

## VISION STATEMENT

To provide individuals and families opportunities to reach their full potential in a community that embraces differences.

## VALUES

- **Service** - We help people achieve their goals and improve their lives by providing a variety of human services to meet their needs and those of our community.
- **Respect** - We provide an environment where open communication is supported, diversity is appreciated, and positive regard is displayed towards everyone.
- **Confidentiality** - We hold an individual's right to privacy in the highest regard, protecting this right in accordance with applicable laws, regulations, and ethical standards.
- **Integrity** - We are committed to the highest standards of ethical, legal, and moral conduct. We believe integrity is the basis for community trust.
- **Leadership** - We recognize our responsibility to provide information, guidance, and direction. We will make informed decisions, creating an atmosphere that inspires effective communication, fosters partnerships, and models dynamic leadership.
- **Teamwork** - We work together in a cooperative effort toward common goals to produce outcomes stronger than could be achieved by individuals.



# PROGRAMS & SERVICES

## DRUG & ALCOHOL PROGRAM

Outpatient/Intensive Outpatient Treatment • Certified Recovery Specialist • Relapse Prevention Therapy • Effective Safe Parenting • Family Recovery Program

## FAMILY FOUNDATIONS PROGRAM

Family Based In-Home Mental Health Service • Evidence-Based Ecosystemic Structural Family Therapy • Strength-Based, and Trauma-Informed Intensive Family Therapy Model • Live Supervision and Consultation • 24-Hour Crisis On-Call Availability

## HOME & COMMUNITY SERVICES

Assisting consumers across the Life Stages: Children & Families; Emerging Adults; Adults; and Older Adults, who are open with Venango County Mental Health and Developmental Services; Children, Youth and Family Services (CYFS) and Older Adult Services (OAS).

## INDIVIDUAL & FAMILY COUNSELING

Individual Adult, Adolescent, and Child Counseling • Family Counseling • EMDR Trained • Marital, Grief, and Other Life Adjustment Problems • Trauma-Focused Cognitive-Behavioral Therapy • Alternatives To Violence Groups • Anger Management • Supervised Visitation

## PPC VIOLENCE FREE NETWORK & SHELTER

Emergency Shelter for Victims of Domestic & Sexual Violence and Other Serious Crimes • 24-Hour Hotline • Advocacy and Accompaniment • Community and School Based Prevention and Education Programs • First Response Team • Protection From Abuse Orders (PFA's) • Psychoeducational Groups • Relocation Program • Sexual Assault Response Team Member • Short-Term Supportive Counseling

## SCHOOL-BASED PROGRAMS

H.E.I.G.H.T.S.

A school-based behavioral health building-wide model that will provide support for students with multiple challenges through an eco-systemic therapy approach. This model stresses the development of positive relationships for students with their families, peer group, and community to build healthy attachments. The model is provided to identified students in grades K-8 at Hasson Heights Elementary and Oil City Middle School.

O.C. P.R.E.P.

An integrated classroom model which provides school-based behavioral health interventions that promote strength-based therapy to support students with multiple challenges through an eco-systemic therapy approach. This model stresses the development of positive relationships for students with their families, peer group, and community to build healthy attachments. This model is provided to identified students in grades 9-12 who attend Oil City Senior High School.

## VENANGO FATHERHOOD INITIATIVE

24/7 Dad: Fatherhood Program & Family Groups • Donuts With Dad • Inside Out Dad (Jail Groups) • Evidence-Based curriculums Families In Recovery and Relationship Smarts Plus 3.0 • Events & Outings: Fun with Father Day, Family Fishing Picnic, Family Movie Nights, Winterfest Family Sled Riding Party

## YOUTH CONNECTION

Developing positive relationships that have a direct and lasting effect on the lives of young people through meaningful, monitored matches between adult volunteers (Mentors), and youth (Mentees) between the ages of 6-18 throughout Venango, Forest, Clarion & Eastern Crawford Counties. Youth Connection is a partner of the Mentoring Partnership of Southwest Pennsylvania.

**Our THANK YOU to staff, and the community.**

**Although we have been addressing the many detriments that COVID-19 has caused for us all, we do want to acknowledge the positive reactions and consistency of service provided by staff.**

Everyone who works or is involved with the Agency is proud of what we do and how we do it. We have earned a reputation for excellence, and it is the consistent hard work of staff that has made this happen. As we entered another year working under the many detriments that COVID-19 caused for us all, we needed to step back and drastically change our normal work and home life routines and redirect our focus to learn a new set of “how to” skills. How to: work from home; school our children; social distance; work safely in the community; and conduct telephone and ZOOM sessions.

COVID-19 affected us socially, emotionally, and has caused much stress. It limited our social status to staying at home, cooking dinners night after night, not engaging with family or friends, and cutting us off from our community involvement. Although there are many positives of working from home, at a certain point some realized that seeing the same people in the same house everyday shut us off from others who enhanced and supported us in our pre-COVID daily lives.

We are proud of how staff managed the “how to” and worked together to continue uninterrupted services. It was most difficult to take the office-based, in-person out of our sessions and services. Although our physical locations were closed for the safety of the individuals that we serve and for the safety of staff (with the exception of our domestic and sexual violence shelter), we were able to implement remote ‘telehealth’ contact with all of our existing consumers. In some cases, we were able to continue in-home, or at least porch visits, for our most vulnerable. As you look through this year’s Annual Report, you will see how our staff made changes in service delivery as the onset of the pandemic COVID-19 became a reality that we are continuing to live.

We sought and received grant funding from valued partners like The McElhattan Foundation, The PNC Charitable Trusts, and The United Ways of Titusville and Venango County in order to maintain operations and upgrade our technology and purchase much needed computer/phone equipment and materials to provide telehealth services. We are also very grateful to Venango County Human Services Single County Authority for identifying our Agency as a “mission critical” provider in the delivery of mental health and substance abuse services for Venango County. Their support provided us the opportunity to participate in a Provider Alternative Payment Guarantee Agreement (APA) during the COVID-19 crisis. The APA funds were used to supplement the decrease of our regular cash flow due to the limitation of in-person services.

This has been a difficult time for everyone in the Agency and without a doubt, it may be some time before we know when and what our normal routine will look like. We feel that the necessary adjustments to address the realities before us have been addressed and we will continue to move forward with the focus on safety. On behalf of the Governing Board of Directors, we want to express our appreciation to our administration, staff, and community partner agencies for the extraordinary service they have provided during this challenging year and for their continued support.

*Mary K Serafin*





## STATEMENT OF REVENUE & EXPENSE

Fiscal Year ending June 30, 2021

	Current Year 2020-2021	Prior Year 2019-2020	\$ Inc/Dec
<b>REVENUES</b>			
Contributions	26,003	25,384	619
Annual Giving Campaign	6,845	7,110	(265)
Special Events (Gross)	56,385	64,858	(8,473)
Trusts and Bequests	297,281	229,039	68,242
Capital Contributions	907	87,210	(86,303)
United Way Allocations	45,464	52,679	(7,215)
Program Income	3,592,605	4,158,847	(566,242)
Operating Grants	474,639	525,579	(50,940)
Realized & Unrealized gains/(losses)	288,922	(896)	289,818
Interest/Dividend Income	45,225	53,524	(8,299)
Miscellaneous	<u>4,527</u>	<u>2,385</u>	<u>2,142</u>
<b>TOTAL REVENUES</b>	<b>4,838,802</b>	<b>5,205,719</b>	<b>(366,916)</b>
<b>EXPENSES</b>			
Salaries	2,759,651	2,948,340	(188,689)
Payroll Taxes	222,243	239,242	(16,999)
Employee Benefits	482,993	501,734	(18,740)
Conferences/Trainings	23,294	40,456	(17,162)
Professional Fees	46,939	57,142	(204)
Family Support Services	7,435	9,869	(2,434)
Rent/Mortgage	69,798	70,269	(471)
Utilities	22,245	26,176	(3,931)
Corporate Insurances	46,622	52,230	(5,608)
Building Maintenance	46,193	33,414	12,779
Telephone/Cells & Pagers	39,090	42,951	(3,862)
Internet Services	10,981	11,140	(160)
Printing	6,170	6,158	12
Postage	7,352	6,204	1,149
PR/Advertising	4,816	6,324	(1,508)
Office Supplies	37,916	38,182	(266)
Consumables/Vol Training Supplies	1,978	3,254	(1,276)
Rehab Supplies/Activities	47,068	122,931	(75,863)
Travel/Consumer Transportation	13,298	26,921	(13,624)
Subscription/Library	1,692	1,349	343
Agency Dues/Memberships	10,415	8,456	1,959
Fund Raising Expenses	13,740	18,017	(4,277)
Miscellaneous	2,424	92,793	(90,369)
Equip Rental/Maintenance	51,599	55,850	(4,252)
Equipment Purchases	-	50,245	(50,245)
Capital Improvements	6,207	1,591	4,616
Depreciation	<u>109,664</u>	<u>126,410</u>	<u>(16,746)</u>
<b>TOTAL EXPENSES</b>	<b>4,091,823</b>	<b>4,587,648</b>	<b>(495,825)</b>
<b>NET PROFIT/(LOSS)</b>	<b>746,979</b>	<b>618,071</b>	<b>128,908</b>

Footnote:

2020-21 Figures Are Not Final

2019-20 Figures Are Audited & Final

# STATEMENT OF FINANCIAL POSITION

June 30, 2021

ASSETS	
<b>CURRENT ASSETS</b>	
Cash & Checking	1,627,435
Accounts Receivable	951,779
Prepaid Expense	<u>17,261</u>
<b>Total Current Assets</b>	<b>2,596,476</b>
<b>FIXED ASSETS</b>	
Real Estate	2,338,012
Renovations	436,354
Furniture & Equipment	959,923
Accumulated Depreciation	<u>(1,568,183)</u>
<b>Total Fixed Assets</b>	<b>2,166,106</b>
<b>OTHER ASSETS</b>	
Investments - Mutual Funds, Stocks & Bonds	3,158,375
Investments - CD's	165,855
Assets Held In Trust By Others	<u>451,873</u>
<b>Total Other Assets</b>	<b>3,776,104</b>
<b>TOTAL ASSETS</b>	<b>8,538,685</b>
LIABILITIES & NET ASSETS	
<b>CURRENT LIABILITIES</b>	
Accounts Payable	40,625
Accrued Payroll	109,485
Accrued Compensated Absences	36,584
Unemployment Compensation Reserve	171,854
Deferred Revenue	<u>130,000</u>
<b>Total Current Liabilities</b>	<b>488,548</b>
<b>LONG-TERM LIABILITIES</b>	
Loan - Bldgs & Grounds	122,774
Loan - CARES Act PPP Loan	<u>-</u>
<b>Total Long-Term Liabilities</b>	<b>122,774</b>
<b>NET ASSETS</b>	
Retained Earnings	7,180,384
Net Profit/(Loss)	<u>746,979</u>
<b>Total Net Assets</b>	<b>7,927,363</b>
<b>TOTAL LIABILITIES &amp; NET ASSETS</b>	<b>8,538,685</b>
Footnote: Figures Are Not Final	

# MINUTES OF ANNUAL MEETING

September 22, 2020 – 4:00 p.m.

PPC Violence Free Network Shelter, Franklin, PA

(Due to COVID-19 the 2020 Annual Meeting was not open to staff or guests.)

In attendance were Governing Board Members: Bob Carone, Bob Stubler, Courtney Cox, David Heinzer, Debra Sobina, Denise Jones, Gregory Merkel, Major Smith, Marie Veon, Marilyn Kirkwood, and Mike Watson

Also in attendance were staff: Mary K Serafin, Executive Director, Dale Power, Accountant, Jenny Swartz, Office Manager, as well as guests Laura Blake and Tammy Varsek.

Denise Jones called the meeting to order at 4:03 p.m.

## **ANNUAL MEETING**

### **Slate of Nominees, Renewals (3 year term) and Officers (1 year term) – presented by Courtney Cox:**

The slate of nominees include Laura Blake and Tammy Varsek. Courtney Cox has agreed to renew for a 6<sup>th</sup> term. Bob Stubler’s term has expired and he is retiring from the Board. The slate of nominees was accepted with a motion from Courtney Cox, seconded by Bob Carone. All others were in favor, none opposed. Motion carried.

The slate of officers include Denise Jones, President and Courtney Cox, Vice President. The slate of officers was accepted with a motion from Debbie Sobina, seconded by Greg Merkel. All others were in favor, none opposed. Motion carried.

### **Resolutions for Advisory Committee Representatives (1 year term) – presented by Denise Jones:**

Advisory Committee Resolutions include Marie T. Veon, Youth Connection. The resolution was accepted with a motion from Courtney Cox, seconded by Greg Merkel. All others were in favor, none opposed. Motion carried. PPC Violence Free Network has 3 months to appoint a representative.

Venango Fatherhood Initiative is not required to have an Advisory Committee; Mary K has received approval from the Director of CYFS to dissolve the committee. This was accepted with a motion from Major Smith, seconded by Bob Carone. All others were in favor, none opposed. Motion carried.

The regular monthly Governing Board meeting followed and a light dinner was served.

The meeting was adjourned at 4:50 pm.

Respectfully submitted by:  
Jennifer M. Swartz, Office Manager



## STAFF ACCOMPLISHMENTS

### July 2020

Jenny Swartz was promoted to Office Manager for the Main Office.

Deborah Letke was promoted to Administrative Secretary for the Carone Center.

### October 2020

Devon Porterfield obtained certification as a Mental Health Professional.

### February 2021

Lisa Cielepak obtained certification as a Certified Alcohol and Drug Counselor (CADC).

### April 2021

Stan Benvin received an award for Outstanding Service During COVID from Venango County Human Services at its annual awards dinner held at Forever Farm in Franklin.

### June 2021

Kayla Paszkowski was promoted to Fiscal Assistant.



Stan Benvin receives award from Venango County Human Services

## STAFF MEETING IN-SERVICES

Most All-Agency Staff meetings were cancelled due to COVID-19.

- ◆ Kay Koyack, Quality Management/Compliance Officer for Venango County - HIPAA refresher training via Zoom

## ANNUAL GIVING CAMPAIGN

The Annual Giving Campaign was held in December 2020 with 664 letters mailed to various corporations, businesses, and individuals. The appeal generated a response of **\$6,845!** These monies were used to assist with providing services in the following programs:

- Individual & Family Counseling*
- Youth Connection*
- PPC Violence Free Network & Shelter*
- Venango Fatherhood*

### Fiscal & Admin Oil City office:

- Mary K Serafin, AB, Executive Director
- Kayla Paszkowski, Fiscal Assistant
- Susan Kase, AB, Administrative Assistant
- Dale Power, AS, Accountant III
- Tashana Downing, BA, HR Manager
- Kaitlyn Sager, Clerk Receptionist
- Tisha Urey, AB, Fiscal Tech
- Cheryl Faulk, AB, Fiscal Tech
- Jenny Swartz, Office Manager



# INDIVIDUAL & FAMILY COUNSELING

The past year and a half has been extremely difficult due to the pandemic for many reasons. Social isolation; limited contact with friends and family; loss of employment; financial and housing difficulties; loss of family members and loved ones due to COVID-19; and fear and uncertainty about the future have put tremendous stress and strain on individuals and families. Research is showing that there have been increases in suicide, depression, anxiety, and violence.

We went from a life of being able to have some sense of control, routines, habits, and living our typical lives to being faced with a constant barrage of information, restricted travel and movement within our community, social isolation, and many other adaptations that were thrust upon us because of the pandemic. Those individuals who already were grappling with mental health conditions faced even greater challenges in the world of COVID-19. The pandemic has brought many changes to how we live our lives, and with it uncertainty, altered daily routines, financial pressures, and social isolation. People may worry about getting sick, how long the pandemic will last, whether or not they will face unemployment, and what the future will bring. Information overload, rumors and misinformation has made life feel out of control and make it unclear what to do. All of these variables have increased the symptoms of stress, anxiety, fear, sadness, and loneliness. Mental health disorders, including anxiety and depression, have worsened.

We have found that, during this period of particularly unsettling and troubling times within the community, individual goals and successes look much different than in “ordinary” times. And why wouldn’t they? Many individuals have been operating in “survival” mode just trying to get through life day by day, sometimes hour by hour.

However, staff in the Individual & Family Counseling (IFC) Program adapted to the recommendations and restrictions that were put into place in March, 2020 and have continued to provide quality services without

interruption. We also have adapted in the way we deliver services; until recently most of our services have been provided through telehealth, either by telephone or Zoom sessions. For some clients this has been quite challenging, especially children and adolescents. For some, however, telehealth has been a welcome addition to service delivery because it eliminates barriers. For those with chronic physical health issues, it allows them to have their session from the comfort of their home when they’re not feeling well. For those who live further away from our locations, it allows them to continue to see their therapist while eliminating significant amounts of travel time. For those who are still not comfortable being out in public due to the ongoing pandemic, it allows them to continue their therapy sessions.

We also recognized that the pandemic affected the staff at the agency. A support group was developed and offered to staff. While participation in the group is small, the members of the group have indicated that they feel it is much needed; the group went on hiatus in May but will reconvene in September.

## IFC Titusville Office

Divorce is a major loss in a person’s life no matter what the circumstances surrounding it. Emotional abuse is a common thread in almost every client’s story, and they often come to therapy suffering not only the loss of the relationship, but also the effects of years of emotional abuse, which includes chronic stress, depression, anxiety, and PTSD. The absolute best part of working with clients is being part of the healing process in their lives, providing education and hope; listening, validating, reframing, and witnessing them regain a sense of personal power, agency, and identity. Being a mental health clinician is amazing work!

People in substance abuse recovery have lost so many relationships along the way, and they often have quite severe symptoms of depression, anxiety, PTSD. A young woman sought services from our program after having lost everything: her home, her son, her license, her freedom. But she had determination. She was open and honest from the beginning and faithfully worked with her mental health counselor and her counselor in the Drug & Alcohol Program. She now has a

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*“As I continue my journey with therapy I wanted to acknowledge on how much it has helped and changed my life. I enjoy spending time with the two therapists I had at Family Service because I trust them and I’m able to open up about my feelings. I continue to stay because I wouldn’t see myself going anywhere else. Thank you for such great services!”*

*~ IFC Client*

home, a great job, her son, and her freedom. She has gained incredible communication skills, has empathy for others, and is working on her health from a holistic perspective, as she better understands the connections among the physical, emotional, spiritual, and social aspects of life.

### IFC Oil City Office

The mental health of police officers is often overlooked but is a topic that certainly deserves more attention. Compared to the general public, law enforcement officers have a higher risk of developing mental health issues such as anxiety, depression, and post-traumatic stress disorder.

Police officers undergo training that prepares them to keep communities safe. Still, their training may not prepare them for the unique psychological challenges they encounter, such as witnessing domestic abuse, mass casualties, horrific car accidents, or the death of a child. Witnessing these traumatic events can have lasting effects, impacting the way officers handle stress.

An individual who works in law enforcement sought services because of not feeling well mentally. This person was experiencing racing thoughts, interpersonal conflict, and severe symptoms of anxiety. The individual disclosed involvement in the investigation of a homicide, numerous domestic violence calls, constant interactions with people abusing substances, and an expansion of job duties in the department. Another source of stress was the negativity from the community toward law enforcement due to policing issues in other communities that have led to citizen fatalities; this officer reported being treated with disrespect on a daily basis, including being spit on and called disgusting and degrading names. In addition, there was some family and interpersonal conflict concerns on a personal level. The symptoms that were described were quite severe.

The process of recovery has been slow but steady. The focus of recovery has been on identifying and utilizing strengths, incorporation of consistent stress reduction and self-care opportunities, identifying triggers and cues for anxiety, development of a wellness plan, maintaining boundaries, and conflict resolution and communication skills. By utilizing the techniques learned in therapy this

<b>IFC STATS</b>	<b>Supervised Visitation</b>
<b>Individual &amp; Family Counseling</b>	<b>18 Families served</b>
<b>78</b> Individuals/families Venango Cty	<b>125</b> Total appointments
<b>70</b> Individuals/families Crawford Cty	<b>Alternatives to Violence</b>
<b>1718</b> Total appointments	<b>27</b> Individuals served
<b>Community Resource Coord.</b>	<b>292</b> Total appointments
<b>65</b> Individuals served	<b>Anger Management</b>
<b>109</b> Group participants	<b>22</b> Individuals served
<b>530</b> Total appointments	<b>148</b> Total appointments

individual has been able to demonstrate progress toward identified goals.

### Community Resource Coordination

The Community Resource Coordinator works in the Titusville office of FSCAS, and serves the students of the Titusville Area School District and their families. Staff received a referral from the guidance department for a single mom who had just gone through COVID-19 and was trying to make ends meet. Upon opening her for services it was evident that she was quite frazzled; however, true to the strength of single moms, her main focus was trying to find help for her youngest son. She was concerned because he was not talking, and even more concerned that her doctor did not think it was an issue. We were able to find a free program at the local hospital that conducted an assessment for her son. He now goes to speech therapy and they are looking into getting him a tablet so that he will be able to communicate more effectively.

In another situation there was a family who needed help due to COVID-19. The father was not able to gain consistent employment due to COVID-19 and the fact that his children were now full-time online students. Being a single father, he was having a hard time juggling all his responsibilities, but his main focus was finding mental health counseling for his daughter. She has struggled in the past, but especially now being more secluded, she needed help. Once again we were able to access services for her so that she could participate in therapy.



*Titusville office:*  
Glenda Fulmer, MSW,  
LSW, Therapist  
Courtney Master,  
BSW, Community  
Resource Coordinator



*Oil City office:*  
Cindy Curran, MSSA,  
LCSW, Program  
Director  
Jeff Storm, BA,  
Offender Services  
Caseworker





## Mentor of the Year

All of the youth were asked to submit nominations with reasons why their mentor should be honored as “Mentor of the Year.” Sandi Young's mentee explained how her mentor has provided opportunities for her to grow and experience new things.

Sandi has been involved as a mentor with the program since 2009 and has provided many opportunities for local youth to experience many “firsts”, make memories to last a lifetime, and to help them to always believe in themselves.

Sandi and Skylynn have been matched together for just over a year. Skylynn was so excited to share how much she cares for Sandi and went on to state: *“I am so thankful I am matched with Sandi. I think she is so much fun, nice and kind. She is my favorite person and I can't wait for each time I get to see her. My favorite thing I have gotten to do with her thus far is to go to the zoo together. I also like riding bikes, making cookies, watching movies, walking the dogs, and just spending time together. I just like to be with Sandi, so anything that we do I look forward to do with her. I also like that sometimes she includes my brother in activities. Sandi and her husband took me and my brother fishing for our first time. We got to catch fish and even named one of the catfish. We had so much fun. I just want to say Thank You and that I love her to death!”*

Skylynn's dad is very appreciative of all Sandi does, not only for Skylynn, but their whole family. He feels Sandi is a wonderful fit for Skylynn and is so thankful that Skylynn was matched with her.

## Happy Graduation to Shana & Bethany

Bethany and Shana began their journey six years ago when Shana was in 6<sup>th</sup> grade. Shana's graduation seemed a long way off and these two were just beginning to build their relationship. Shana recently graduated from Titusville High School and received a certificate in Electronic Technology from the Venango Technology Center. Bethany noted the past six years have gone by quickly and it is hard to believe Shana has graduated. She said she is most proud of her for graduating despite all of the hardships of the pandemic. Shana finished out her senior year taking her classes online, and her family is extremely proud of her for keeping up with her work and graduating in the midst of all the changes and uncertainty.

Bethany became a mentor with the program because she felt it was important to give back to the community and help make a difference in the life of a child who may need a strong role model. During the past six years Bethany also got married and moved out of the area, however, she never wavered in her commitment to the program and to Shana. She has continued to come to Titusville to spend time with

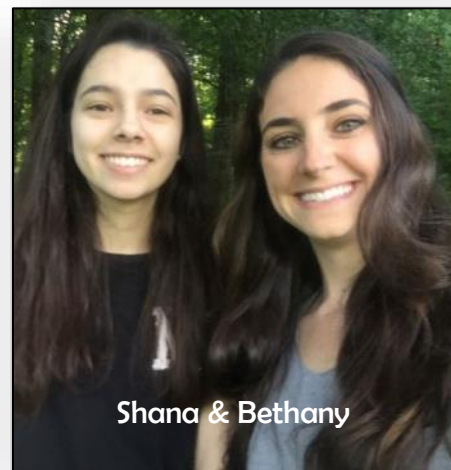


Sandi “Mentor of the Year” & Skylynn

Shana. Shana’s grandmother, Kathy, is deeply grateful for Bethany, her dedication and the role model she has been for Shana.

Shana’s grandmother enrolled her in the program so she would have a strong female role model to look up to and learn from. She wanted someone to provide new experiences and positive guidance. Kathy has always been so thankful to Bethany and the Agency for giving Shana this opportunity.

Bethany said looking back over the years she and Shana have had many great times together. They often got together for dinner and just spent time catching up with each other. They enjoyed doing crafts together and baking as well as taking in a movie or going for a walk at Drake Well Park. Occasionally they would go Putt Putt Golfing, and Bethany took part in game nights at Shana’s house.



Shana & Bethany

When Bethany was asked how she thought Shana has grown over the past six years she stated *“I think Shana has become much more mature and responsible.”* She said she is proud of how Shana has opened up more and more throughout their time together. She was also proud the day she heard Shana had decided to work at McDonald’s. Bethany noticed more positive changes in her personality after she began working. Shana’s family is proud of her for continuing to work during her senior year.

Bethany was asked what her hope is for Shana’s future and she said *“I hope she always makes wise decisions and does not let anything hold her back from pursuing her dreams.”* Everyone at Youth Connection wishes Shana the very best

in her future and hopes she remembers that no matter where she may go, she will always have the support and encouragement of her Youth Connection family and her mentor Bethany.

### Match Activities

Youth Connection normally holds activities throughout the year to provide opportunities for our Mentors, Mentees and youth on the waitlist to meet others and socialize. Due to COVID-19, and the inability to hold in-person activities, program staff sent out activity packages to all the youth to help them continue learning, remain connected to the program and not feel along during the time of social distancing.



Abby & Ashton receive activity packages

#### YC STATS

##### Venango-Forest

- 19 Total matches
- 16 Children on wait list

##### Clarion

- 12 Total matches
- 3 Children on wait list

##### Eastern Crawford

- 11 Total matches
- 8 Children on wait list

Carone Center:  
Jessica Walters, MA,  
Program Director

Titusville office:  
Chana Hopkins, BS,  
Match Support Specialist



# DRUG & ALCOHOL PROGRAM

## Outpatient/Intensive Outpatient

The Drug & Alcohol (D&A) Program staff are committed to treating and educating adolescent and adult individuals and who have substance use or dependency issues during these trying times of COVID-19. The Outpatient/Intensive Outpatient mission is to strengthen the lives of families and individuals, building on existing, personal, and family strengths, and reducing emotional and environmental stressors through treatment and education. During this year we transitioned from meeting in-person to our counselors providing tele-health services from home. We provide both individual and group sessions via tele-health in our Outpatient and Intensive Outpatient services. We made the change of meeting two days per week for three hours each to three days per week for two hours each in our Intensive Outpatient Program via Zoom to make sure this level of care was able to be functional.

Alcohol and other drug dependence are considered by our professional staff as an insidious disease, which is progressive in nature and can be interrupted through professional treatment but not cured. For this reason, one of the primary goals of treatment for the alcoholic and/or drug dependent individual is continued meaningful abstinence from mood altering drugs.

We continue to see an increase in Methamphetamine use along with it being mixed with Fentanyl. There is an increase in individuals being recommended to receive Medical Marijuana for physical and mental health conditions. We have also seen an increase in Medicated Assisted Treatment utilizing Suboxone and Vivitrol to name a few. The drug epidemic continues to hit Venango County as in other counties across the Commonwealth.

Our Drug & Alcohol Program continues to help the individuals return to being productive citizens of this community utilizing evidence-based programming in all our D&A Treatment programming. While it is possible to assist an alcoholic and/or drug dependent individual in interrupting the disease, the ability to maintain abstinence is directly correlated with the ability of the nuclear family unit, employers, and normal everyday citizens to understand the impact the disease has on self and others. Therefore, all drug and alcohol treatment are based on individual need and their appropriate level of care in our D&A Programming.

## Relapse Prevention Therapy

The Relapse Prevention Therapy (RPT) continued to run strong during the 2020-2021 fiscal year. It experienced a lot of changes this year due to COVID-19. It began with completing groups via Zoom. Originally, we started off only providing 1 ½ hour groups, but eventually worked our way up to 2 hrs. This was a new experience for both the group facilitator and participants.

The results from these changes have been very positive. Of course, there are some that experienced difficulties with working with the technology. However, for the most part all participants remained engaged in the group process. Feedback from several of the participants also revealed feeling a little more comfortable in this style setting due to some





anxieties they had surrounding the group process.

Group numbers continue to be positive, ranging from 3 to 10 participants; but there is always room for more. We continue to work through COVID-19 issues, but look forward to eventually being able to meet in person again in the very near future.

RPT group continues to challenge thinking and decision-making skills that will support recovery. The program is 8 weeks long with weekly group and individual sessions. RPT continues to focus on individuals that have had some success in recovery, but seem to struggle in one or two areas that prohibit long-term success. The group process allows them to provide feedback and develop goals through collaboration with others. It also provides support for each of them.

## **Family Recovery Program and Effective Safe Parenting Program**

The 2020-2021 year has been challenging for the Family Recovery (FRP) Program and the Effective Safe Parenting (ESP) Program as both programs provide services to families in the family home. The Family Recovery Program is a unique outpatient family-based drug and alcohol treatment program with a target population of adults or adolescents with alcohol or drug use as the primary issue affecting family functioning. A team of two therapists deliver a systemic family-based approach to recovery by meeting in the home setting or community.

Similar to the FRP program, the Effective Safe Parenting Program has a team consisting of a Parent Educator, Community Nurse, and a Counselor/Social Worker who provide connection and support to families within the family homes.

During the COVID-19 epidemic the FRP and ESP teams followed the recommended safety guidelines and could no longer do in-person meetings or provide the family with the in-home service. Before weather changes and safety factors changed, the teams met with families on their porches or yards. With little transition time, the teams responded quickly in continuing treatment by offering tele-health sessions. FRP continued to provide 2 to 3 times a week individual and family sessions through tele-health, while the ESP team members continued to be in contact with families via telephone and

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*“I felt better having someone to talk to during this scary time.”*

*~ FRP Family Member*

*“I don’t know how I would have made it through without you guys calling me daily.” ~ ESP Family Member*



ESP Staff working safely through the pandemic.

tele-health throughout the week. Both the FRP and ESP teams began providing daily check-in calls to help families cope with the pandemic and the effects of isolation and to identify family resource needs.

Letters and cards were sent to families frequently and family activity packets were sent weekly in preparation for the family session. Resource lists were provided for help with basic needs and situational hardships that families were experiencing. During the holidays, door drop deliveries were made to the FRP and ESP families. Both the FRP and ESP programs were able to help with the distribution of Farm to Table food boxes to their families' doors. Activity pages for parents to use with their children were delivered at the door or via mail weekly. The ESP program provided Halloween activities, and made Christmas and Easter deliveries to their families.

Both the FRP and ESP programs were able to return to porch visits and finally providing in-home sessions during the month of May 2021. Both programs reported how the families were excited about the return of in-person services, although expressed gratitude for the programs continued efforts during the lockdown phase.

### **Pathways Adolescent Program**

Pathways Counseling Office is located at 358 North Seneca Street in Oil City. We continue to provide individual and group sessions to the adjudicated female and male population. Due to increased numbers we have added an additional counselor to provide substance abuse treatment. The Adolescent Outpatient Program maximum capacity is 24 clients and has increased as high as 32. The program did not slow down this past year despite COVID-19.

We continue to utilize the Bloomington Adolescent evidence-based program that consists of topics that cover education, treatment, and recovery with focus on coping and life skills. Although alcohol and marijuana continue to be the top substances of abuse, the adolescent population trends show an increase in the use of Methamphetamine and opioids. The drug epidemic does not discriminate with age as we see the increased use of heroin and Fentanyl. Our D&A staff at Pathways do an awesome job in carrying the message of hope to the adolescents they serve.

### **Certified Recovery Specialists**

The Certified Recovery Specialist (CRS) Program is a strength-based program that encourages hope and change in the life of a newly recovering individual. The program continues to utilize three full-time specialists within Venango County. The first CRS position was created in December 2010. Two more CRS positions were created in June 2019 through grants by Venango County Substance Abuse, and Children, Youth and Family Services (CYFS). All of our Certified Recovery Specialists offer the same functions of support and education for the individuals they work with, but each have different roles.

Of the two newest CRS positions, the Children, Youth & Family Certified Recovery Specialist has a maximum caseload of 18 and works in conjunction with CYFS to provide individuals and their families with support and guidance to live alcohol and other drug-free lifestyles. She is in contact with Birthing Centers and doctors and participates on several committees to give the message of hope to mothers and other family members.

The Warm Handoff Certified Recovery Specialist works along various programs with an emphasis on Neo-Abstinence Syndrome population, acting as a liaison within the

hospital and other medical facilities engaging individuals who may be in detox and/or seeking resources for treatment and recovery. She is involved in educating the community about substance abuse, treatment, and recovery and participates in community events.

The original Certified Recovery Specialist position works with the “general” population of individuals who have substance use disorders and are seeking recovery and positive lifestyle changes. She has a case load of 25-30 individuals at any time. She works directly with participants in the Venango County Problem Solving Court to provide support and encouragement.

All three of our Certified Recovery Specialists help connect individuals with various treatment options and supports groups in the community, and also assists them with coping and life skills that will help them learn to live life without drugs or alcohol. The Certified Recovery Specialists are mainly there for support and referral connections for the individuals. Each CRS is a caring individual who strives to carry the message of hope to all they work with in their different, but similar, roles.

These are rewarding positions—to see individuals become engaged in the treatment and recovery process early on, and being able to help them develop into productive citizens in our community. The Certified Recovery Specialists were very engaging during this year of COVID-19, transitioning from in-person to tele-health supportive services, guiding individuals to online services and support group programming.

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*A financial statement of the Drug & Alcohol Program's income and expenses is available at Family Service & Children's Aid Society to any interested parties. Please call (814) 432-3466 for further information.*



*Titusville Office:*  
Brenda Gilmore, Clerk Receptionist  
James Grove, M.Ed, CAADC, Therapist  
Trish Dilbone, BA, CRS, CADC, Therapist



*Carone Center:*  
Lana Jolley, BA, Certified Recovery Specialist (CRS)  
Rebecca Schrecengost, ASN, CRS, CYFS CRS  
*Not pictured:* Tai Dean, CRS, Warm Hand Off CRS



*Oil City Office:*

Jayme Wolbert, BA, CADC, Therapist (*Pathways*)  
 Elijah Daubenspeck, MA, CAADC, Therapist  
 Brittni Willyoung, BS, Therapist  
 Kalla Quigley, BS, CADC, Clinical Supervisor  
 Bruce Fox, BS, CADC, Therapist  
 Karen McNatt, BA, CADC, Therapist  
*Not pictured:* Beryl Flickner, Transportation



*Franklin Office Suite 301:*

Ed Stephenson, BS, CADC, Therapist  
 Susan Scott, MMT, CADC, Therapist  
 Julie Smith, Clerk Receptionist  
 Rick Orłowski, BA, CADC, Program Director  
*Not pictured:* Larry Sherman, M.Ed, Transportation  
 Josh McLaughlin, BS, CADC, Lead Therapist



*Franklin Office Suite 304:*

Lisa Cielepak, BS, CADC, Family Therapist  
 Katie McMichael, BS, CADC, Lead Family Therapist  
 Jerri Sanders, MSW, LSW, CADC, Clinical Supervisor  
 Nancy VanTassell, CADC, Parent Educator  
 Shana Young, MS, Social Worker  
 Roberta McCalmont, RN, Community Health Nurse  
*Not pictured:* Peggy Grove, Clerk Receptionist

**D&A STATS**

**Outpatient (OP)**

**395** Individuals served (Venango Cty)  
**4624** Total appointments (Venango Cty)  
**121** Individuals served (Crawford Cty)  
**1527** Total appointments (Crawford Cty)

**Intensive Outpatient (IOP)**

**146** Individuals served  
**152** Group sessions held  
**2240** Total appointments

**Relapse Prevention Therapy (RPT)**

**29** Individuals served  
**52** Group sessions held  
**694** Total appointments

**Family Recovery Program (FRP)**

**20** Families served  
**809** Total appointments (visits)

**Effective Safe Parenting (ESP)**

**25** Families served  
**869** Total appointments

**Pathways Adolescent Center**

**79** Individuals served  
**0** Group sessions held  
**1467** Total appointments

**Certified Recovery Specialist (CRS)**

**27** Individuals served  
**948** Total appointments

**CRS - County Warm Hand Off**

**39** Contact with Individuals  
**62** Contact with Medical Staff

**CRS - County CYFS**

**996** Contact with Individuals

**Student Assistance Program (SAP)**

**55** Individuals served (Venango Cty)  
**550** Total appointments (Venango Cty)  
**1** Individuals served (Crawford Cty)  
**11** Total appointments (Crawford Cty)



We are most proud of our continued efforts to support children and their families in our community. COVID-19 drove our teams to cultivate creativity and flexibility in service delivery. During our limited-contact service delivery phase, our teams created and left packets on the porches of the families they serve. The packets focused on key growth-promoting experiences, notorious in Eco-Systemic Structural Family therapy.

The Therapeutic Folders packet included activities for Parents/Caregivers, the child, and sibling(s) to work through during the session:

- Emotions cards to play Match Game and Go Fish with parents during session to promote open conversation
- Self-regulation enactments
- Crafts
- Dice for games that encourage discussion about problem-solving and positive engagement
- Timers



Therapeutic Folder

The Executive Functioning Escape Room packet was full of problem-solving puzzles for families to work together to solve and highlighted:



Executive Functioning Escape Room packet

- Problem solving
- Promoting family interaction
- Encouraging conversation
- Practicing active listening
- Following directions

#### STATS

**Family Foundations**  
**60 Families served**  
**3070 Total appointments**

The families worked through the activities and puzzles during Zoom sessions with their team, giving the team the opportunity to support them, highlighting what is going well, and helping them to connect with each other.

Additionally, Nicole Englert submitted her competency project and graduated from our three-year training through

Philadelphia Child and Family Therapy Training Center and will soon take the state exam!

*"You guys have no idea how much I value and appreciate your time and dedication to my son and my circumstances. Generally speaking, the respect I have for you ladies had been the key factor in taming the monster inside of me and continuing to fight for what I feel and know is correct. If you ever doubted the work you do, DON'T! The system needs to require and replicate your compassion, drive and professionalism when dealing with people who are lost and broken in order to see results and not statistics." ~ Family about their team*



#### Carone Center:

Jessica Walters, MA, Program Director  
 Amanda Fedorek, BS, MHFBP, Family Therapist  
 Deborah Letke, Administrative Secretary  
 Nicole Englert, BS, Family Therapist  
 Ryan Pecone, BS, MHFBP, Family Therapist  
 Sarah Young, MSW, Family Therapist  
 Devon Porterfield, BS, MHFBP, Family Therapist  
 Ashley Nichols, MS, MHFBP, Compliance Director

# HOME & COMMUNITY SERVICES



*"That woman (Mary) reminded me to wash my hands and wear my mask when shopping. She got me my vaccine." ~ James*

*"I felt really safe with Mary helping me. It was really bad out there and I did not want to leave my house. She was a big help with groceries. Mary helped with getting my shots (vaccine)." ~ Ken*



*"My aide helped me with packets and got me some snacks. I was sure happy when the quarantine was over. I didn't like wearing a mask." ~ Bonnie*

## STATS

### Home & Community Services

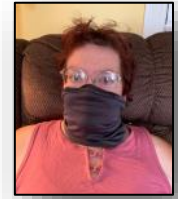
8 MH Individuals served  
 17 ID Individuals served  
 7 OAS Individuals served  
 20 CYFS Individuals served  
 1476 Total appointments

The old proverb says: "May you live in interesting times". The past year has certainly met the spirit of the saying. For a program that has in its name "home and community", the many changes that took place—masks, hand washing, limited face-to-face time, remote work environments, concern with catching a virus, among others—produced multiple hurdles in how we were able to support the individuals and families we serve.

From the moment that Pennsylvania and County officials realized that COVID-19 was a serious and dangerous phenomenon dictating drastic change in how we live, interact, and support each other, the Direct Service Workers (DSW) began creating packets for each of our individuals that contained steps on proper hand washing, mask wearing, home safety, and community safety. Also included were pictures and descriptions of individual medications in order to be able to speak the same language when assisting in medication management, as well as activities to help maintain a strong mind and body.

The H&CS Program had to maintain in-home support with a couple of individuals who had complex medication distribution devices throughout the pandemic. Early on, Direct Service Workers stayed in contact with individuals by phone, reviewing the packets, and discussing whatever the individual needed to talk about. This led to porch meetings, grocery assistance, in-home meetings, and when accepted midway through the year, support with medical appointments.

The fearless work of the program staff was recognized by the Venango County Human Services by presenting Program Director Stan Benvin with the award for Outstanding Service During COVID in April 2021.



*"I was scared but Deb would talk to me on the phone and go over ways to be safe. I was comfortable with her coming into my home to help me." ~ Stacey*

*"I felt safe but wasn't sure why we had to wear masks when others were not wearing them." ~ Jeff*



*"We were not allowed to leave our rooms for a long time. Michelle, Deb and Stan would go over puzzles and packets with us on the phone. I was happy when we were able to go back out into stores." ~ Evelyn*

### Carone Center:

Mary Wilson, ASB, DSW  
 Michelle Burriss, AS, DSW  
 Deborah Smalley, DSW  
 Stanley Benvin, BS, Program Director



# VENANGO FATHERHOOD INITIATIVE

Venango Fatherhood initiative has made several adaptations in order to serve the local community despite the restrictions that COVID-19 has created. This includes Zoom and telehealth that have been offered to local treatment agencies, couples, families, and individuals as a means of providing on-going support and parenting guidance through hard times.

Venango Fatherhood initiative has very recently begun offering outdoor activities to the community, such as the Fun With Father Picnic, movie night at the Cranberry Theater, and a Family Fishing Day.

**Families In Recovery:** This 8-week course is offered to the long-term clients of Oil Region Recovery in Oil City and Davis Archway in Emlenton. These classes allow a parenting couple to voice their issues and address them while following a parenting curriculum based on the blending of the **24/7 Dad Program** and **Understanding Dad Program** (for moms) to a more holistic **24/7 Parenting Group**. VFI strives to adapt to the times as a means of aiding parents and families to do the same.

**Inside-Out Dad:** Provides groups inside the Venango County

Prison that focus on how men can improve their fathering skills and remain connected with their children while in jail. VFI was unable to provide this service during COVID-19 but looks forward to being able to provide it again once restrictions ease.

**Donuts with Dad:** Provides fathers with an opportunity to spend some extra time with their children, forge memories, and become more engaged in their child's education. VFI was unable to provide this program during the 2020-2021 school year, but looks forward to providing it in the upcoming school year.

**Annual VFI Calendar:** Features drawings from area elementary school students of their favorite activities with their fathers or father-figures. The calendars are distributed to local businesses and are free to the community.



*"VFI has been a blessing to me and my family. Its definitely has helped us with our communication and understanding each other more then we have found in any other program. The director Lynne is awesome; my kids love when we have our visit, as they learn things as well. We also like how they provide fun things to do with the kids."*

*~ 24/7 Dad Participant*



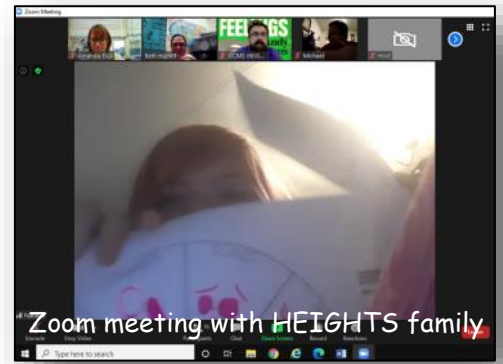
Carone Center:  
Lynne Everett, BS, CADC  
Program Director

VFI STATS	
<b>24/7 Dad &amp; Family Groups</b>	
21 Individual participants	
0 Number graduated	
<b>Coaching</b>	
10 Individual participants	
<b>Inside Out Dad</b>	
0 Individual participants	
<b>Oil Region Recovery</b>	
181 Individual participants	
<b>Davis Archway</b>	
339 Individual participants	
<b>Donuts With Dad</b>	
0 Programs Held	
<b>Soapbox Derby (0 events)</b>	
0 Youth participants	
0 Total attendance	
<b>Activities &amp; Events</b>	
3 Events held	
172 Total attendance	
<b>Agency Presentations</b>	
4 Community presentations	
31 Total attendance	



# SCHOOL-BASED PROGRAMS

The School-Based Programs continued to navigate a non-traditional educational environment during the 2020-2021 school year, due to continued safety vigilance related to COVID-19. The School-Based Programs continued to offer groups and individual services to the students enrolled, using the Zoom meeting platform for any students who were attending virtually at any given time. Family luncheons continued to be virtual to meet gathering guidelines, and families continued to participate in this way.



## **Oil City P.R.E.P.**

The OC PREP program had four students successfully graduate from high school this year, which is a major achievement for them, especially considering all the challenges of a virtual learning environment. One of the students started working in the restaurant industry immediately following graduation, and another will be working with an independent living program to continue to gain necessary skills for life after high school.

Success in OC PREP comes long before graduation. Other successes we saw in students this year include one student who came to the program with a lot of anger and aggression, who had daily struggles staying in a classroom for the duration of a class period without an explosive, angry episode. She worked hard on her goals to build skills in managing her anger, and this past year we saw tremendous growth in her ability to manage difficult situations without using aggression.

Another student started in OC PREP as a shy, quiet person who was easily lost in the background. He was receptive to the program and built belonging within OC PREP, with both staff and other students, and throughout the year gained the ability to interact socially with both peers and adults in a healthier, more consistent way.

## **H.E.I.G.H.T.S.—Hasson Elementary**

The theme for the 2020-2021 school year for the Hasson Elementary site was Gardens.

Students participated in a generosity-based tissue drive with the goal to distribute the tissues to all classrooms in the school. Staff members were creative in how to do the tissue drive while still maintaining COVID-related safety procedures, creating both a successful and safe drive.

The Hasson site saw student success in a number of ways. One particular stand-out success was due to a student who came to the program with very poor social skills. He was unable to attend class for long periods of time without exhibiting behaviors like growling, running from the room, or hiding under furniture. Over time, he developed a trusting relationship with the

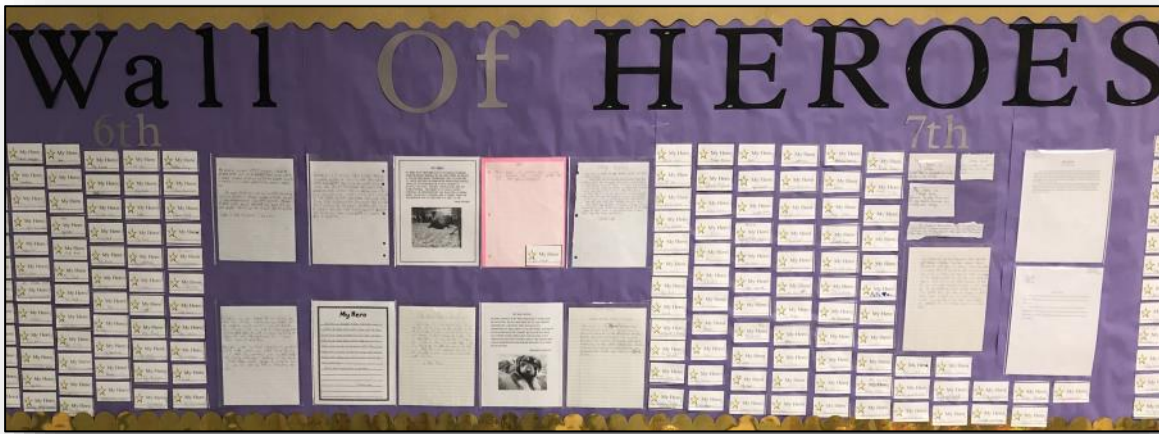
HEIGHTS staff, which then extended to other people in the school building. He began to talk about what was bothering him, and share things about himself and his family during school. He no longer has the same behaviors as when he first started in the program, and instead will ask for help or talk about his feelings. He's made incredible progress.



Drum Circle with HEIGHTS students

## **H.E.I.G.H.T.S.—Oil City Middle School**

The theme for the 2020-2021 year at the Oil City



Middle School site was Games.

Staff completed a building-wide project called “The Hero Project” that defined everyday heroes and asked every student in the school to name someone who was a hero to them. Students could also write an optional essay to give more personal and in-depth information about their chosen hero. The response from students was overwhelming. HEIGHTS staff and students built a bulletin board from the responses of all the students, and so many essays were submitted that they had to be rotated on the bulletin board periodically so every essay had a period of time when it was displayed. One teacher in particular took interest in the project and his middle school journalism club interviewed the HEIGHTS staff who spearheaded the project as well as a HEIGHTS student who was actively involved, and featured their interviews on their news channel.

The middle school HEIGHTS site had four students who graduated from services, based on hard work and achieving their goals. We’re so proud of them!

<b>STATS</b>	
<b>O.C. P.R.E.P.</b>	
15 Total students	
176 Total times students served	
<b>H.E.I.G.H.T.S.</b>	
<b>Hasson:</b>	
10 Total students	
856 Total times students served	
<b>Middle School:</b>	
12 Total students	
1294 Total times students served	



*HEIGHTS Hasson Elementary:*  
 Hope Taneyhill, BSW, BIS  
 Kayla Sherman, BS, BIS  
 Alisha Edeburn, MA, LPC, BIS  
 Frann Lantz, BS, BIS  
*Not Pictured:* Will Winger, MA, BIS



*OC PREP Oil City High School:*  
 Amanda Pica, MS, Program Director  
 David Owens, BA, BIS  
 Stephanie Lee, MA, Clinical Manager  
*Not pictured:* Shaun Burke, MA, BIS



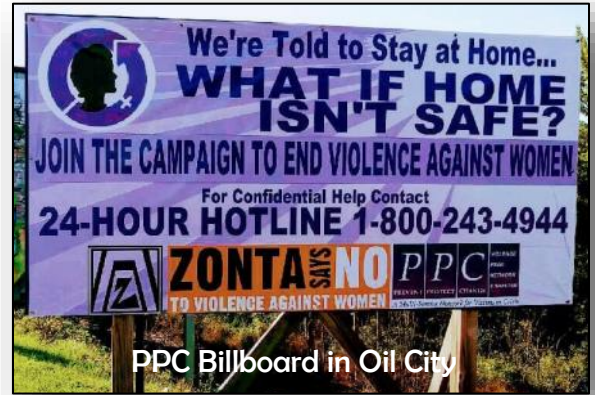
*HEIGHTS Oil City Middle School:*  
 Dale Colford, BS, BIS  
 Mary Baker, BSW, BIS  
 Eric Hoover, BS, BIS  
 Beth Hazlett, BA, Family Liaison





Like all other FSCAS programs, PPC felt the impact of COVID-19. With a stay-at-home order issued, this forced victims to remain in their homes, isolated and alone. PPC worked to make the community aware that we were still available to help by increasing our social media posts and partnering with ZONTA to create a billboard in Oil City.

Through the entirety of the pandemic, PPC remained open! We continued to provide shelter in-house, where many centers had to resort to using hotel accommodations, and we continued to provide supportive counseling through a safe, secure site called doxy.me. The pandemic forced us to think outside of the box and identify new ways to get our information and services to survivors and their significant others. PPC staff remained diligent during this time and did a great job!



## DVAM (Domestic Violence Awareness Month) October 2020

- ◆ The Center Street Bridge in Oil City was lit purple the week of October 19th.
- ◆ October 22, 2020 was Purple Thursday. FSCAS staff and community members showed their support for survivors of domestic violence by wearing purple.
- ◆ Oil City YMCA had a modified ribbon display – 53 ribbons, each one representing 8 individuals out of the 424 that we served from July 1, 2019 through June 30, 2020.
- ◆ UPMC Northwest Labor and Delivery Unit also had a modified ribbon display – they displayed 53 ribbons as well.
- ◆ PPC’s Facebook Page— <https://www.facebook.com/ppcnetwork/> was updated every business day with posts regarding domestic violence statistics, PPC services, and how the community can help support victims in need.
- ◆ A display of masks depicting the “Faces of Domestic Violence” could be seen at the Oil City and Franklin Libraries and Cranberry Mall during the month of October 2020.

## Clothesline Project Display

The goal of the Clothesline Project is to help with the healing process for men and women who have lost a loved one or who are survivors and witnesses of domestic violence. Participants from groups administered by PPC have decorated t-shirts reflecting their thoughts and experiences with domestic violence that were displayed in the community. Shirts were on display at the Oil City and Franklin Libraries and Cranberry Mall.

**New this year:** PPC utilized the **NO MORE**, **#1Thing**, and the **#listeningfromhome** campaigns to promote Domestic Violence Awareness. PPC encouraged local businesses to hold a “No More” sign and make a short (one minute or so) video explaining why they support victims of domestic violence, letting them know their community cares.

## SAAM (Sexual Assault Awareness Month) April 2021

- ◆ PPC sold S.A.A.M. Ribbons for \$1.00 at various business locations during the month of April 2021.
- ◆ We also provided coffee sleeves to Spilling the Beans, Karma Coffee, and Bossa Nova to promote awareness and provide PPC information.
- ◆ April 6, 2021 was Teal Tuesday. FSCAS staff and community members showed their support for survivors of sexual assault by wearing teal.
- ◆ The Oil City Center Street Bridge was lit up TEAL for the week of April 5—April 11, 2021.
- ◆ PPC organized “Survivor Book Displays” at the libraries in Oil City, Franklin, and Cooperstown. These displays included titles authored by sexual assault survivors, as well as empowering works.



### Chalk Walk

PPC encouraged local businesses to show their support for survivors of sexual assault by “chalking” a positive, empowering message on the sidewalks in front of their Oil City businesses. Due to certain restrictions, PPC adapted this event for the city of Franklin. Franklin businesses displayed signs in their storefronts showcasing supportive messaging for survivors.

### Prevention/Education

The Prevention Education Department worked to find new ways to be able to reach out to the youth in our community during COVID-19. They were able to stay connected with the children at Youth Alternatives with either in-person programming when permitted, or by putting together take-home activity kits that were dropped off at each center.





**PPC Staff:**

- Leigha Kucnick, AS, Prevention/Community Education
- Beth Gabler, Clerk Receptionist
- Jim Fair, Law Enforcement Liaison
- Megan O'Neil, BA, Direct Service Supervisor
- Brittany Donato, BA, Counselor/Advocate
- Myesha Anderson, AS, Counselor/Advocate
- Nicole Bucholz, AB, Counselor/Advocate
- Nichole Sloss, AS, Prevention/Community Education

Staff worked with Youth Connection to be able to provide at-home activities to the youth involved in that program as well.

During Oil City's Christmas Past event in December, Prevention staff connected with area agencies to provide activities that were assembled into grab-n-go bags that were distributed to local children during the tree lighting ceremony. They also provided activities for Youth Alternatives to distribute in their grab-n-go bags during the Teddy Bear Picnic.

During COVID-19, Prevention staff was provided with iSpring technology from PCAR which allowed them to create an Online Learning Module for Human Trafficking and Sexual Assault 101.

Since restrictions have been relaxed, Prevention staff has been able to provide in-person programming at The Pointe, Pathways, Arbor Circle, Miller Sibley Pool, as well as for the women of Galloway Church.

This year staff were also able to provide a game and prizes for Franklin's annual Penny Carnival.

**GOLF SCRAMBLE**

PPC held its 21st Annual Golf Scramble on Saturday, August 15, 2020 at Hi-Level Golf Course in Kossuth. This is PPC's major fundraiser each year which raised \$16,554.56. There were 27 teams that golfed, and 12 volunteers and staff that helped with the event.



<b>PPC STATS</b>	
<b>Shelter</b>	
	54 Individuals served
	2304 Days of shelter provided
	6912 Meals Served
<b>Victims of Serious Crime</b>	
	79 Individuals served
<b>Sexual Assault Services</b>	
	57 Individuals served
	167 Individual counseling hours
	19 Group counseling hours
<b>Protection Orders</b>	
	107 Individuals served
	138 PFA's granted
<b>Domestic Violence Services</b>	
	363 Individuals served
	975 Individual counseling hours
	71 Group counseling hours
<b>First Response Team</b>	
	46 Individuals served
	295 Crisis hotline calls
	46 First Response calls
<b>Prevention/Education</b>	
	74 Community programs
	2498 Total attendance
	1 School programs
	8 Total attendance



# OUR SERVICE LOCATIONS



**Main Office:** 716 East Second Street  
Oil City, PA 16301 • Ph: (814) 677-4005

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*Alternatives To Violence Groups  
Drug & Alcohol Program  
Fiscal & Administration  
Individual & Family Counseling*



**Franklin Office:** 150 Prospect Avenue  
Suites 301 & 304  
Franklin, PA 16323 • Ph: (814) 432-3466

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*Suite 301:  
Drug & Alcohol Program  
Suite 304:  
Effective Safe Parenting  
Family Recovery Program*



**Titusville Office:** 119 E. Mechanic Street Ste. A  
Titusville, PA 16354 • Ph: (814) 827-3472

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*Community Resource Coord.  
Drug & Alcohol Program  
Individual & Family Counseling  
Youth Connection*



**Carone Center:** 29 Pearl Avenue  
Oil City, PA 16301 • Ph: (814) 676-9940

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*Drug & Alcohol Recovery Support  
Family Foundations Program  
Home & Community Services  
Venango Fatherhood Initiative  
Youth Connection*



**PPC Shelter:** Ph: (814) 676-5476  
**Hotline: 1-800-243-4944**

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*PPC Violence Free Network*



716 East Second St., Oil City, PA 16301 (814) 677-4005 Fax: (814) 677-6159  
Website: [www.fscas.org](http://www.fscas.org) E-mail: [familyservices@fscas.org](mailto:familyservices@fscas.org)



**Member Agency of:**  
United Way of the Titusville Region  
United Way of Venango County

