



FSCAS | Family Service & Children's Aid Society of Venango County
Annual Report 2019-2020

Annual Report

2019-2020



Table of Contents

Our Mission, Vision, & Values.....	1
Our Programs & Services.....	2
From our Executive Director.....	3
Financial Reports	4
Minutes of 2019 Annual Meeting.....	6
Agency & Administration.....	7
Individual & Family Counseling	8
Youth Connection	10
Drug & Alcohol Program.....	12
Family Foundations Program.....	17
Home & Community Services.....	18
Venango Fatherhood Initiative.....	19
School-Based Programs	20
PPC Violence Free Network.....	22
Our Service Locations	25

Governing Board of Directors

PRESIDENT Denise Jones
VICE PRESIDENT Courtney Cox
SECRETARY/TREASURER Charles R. Stubler
Robert Carone
David Heinzer
Marilyn Kirkwood
Gregory Merkel
Major Smith
Debra Sobina
Marie Veon, *YC Representative*
Mike Watson
Dr. Savita Joneja, *D&A Medical Director*

Advisory Committees

PPC Violence Free Network

VICE PRESIDENT Justin Bidish
SECRETARY Jason Bidish
Karen Knight-Griffith
Amanda Pica
Mary Lee Riley

Youth Connection

PRESIDENT David Wagner
VICE PRESIDENT Dean Collins
SECRETARY Marie Veon, *Governing Board Representative*
Todd Adkins
Josh Botts
Connie Confer
Daniel Drayer
Kelly Harris
Vicky London
Linda Mackintosh
Christine McFarland
Regis Senko

As of June 30, 2020

Mission Statement

Family Service & Children's Aid Society will be a leader in the provision of comprehensive human services for our community through our commitment to excellence, accountability, and adaptability.

Governing Board Approved April 25, 2006

Vision Statement

To provide individuals and families opportunities to reach their full potential in a community that embraces differences.

Values

- **Service** - We help people achieve their goals and improve their lives by providing a variety of human services to meet their needs and those of our community.
- **Respect** - We provide an environment where open communication is supported, diversity is appreciated, and positive regard is displayed towards everyone.
- **Confidentiality** - We hold an individual's right to privacy in the highest regard, protecting this right in accordance with applicable laws, regulations, and ethical standards.
- **Integrity** - We are committed to the highest standards of ethical, legal, and moral conduct. We believe integrity is the basis for community trust.
- **Leadership** - We recognize our responsibility to provide information, guidance, and direction. We will make informed decisions, creating an atmosphere that inspires effective communication, fosters partnerships, and models dynamic leadership.
- **Teamwork** - We work together in a cooperative effort toward common goals to produce outcomes stronger than could be achieved by individuals.

Our Programs and Services

Drug & Alcohol Program

Outpatient/Intensive Outpatient Treatment • Certified Recovery Specialist • Relapse Prevention Therapy • Effective Safe Parenting • Family Recovery Program

Family Foundations Program

Family Based In-Home Mental Health Service • Evidence-Based Ecosystemic Structural Family Therapy • Strength-Based, and Trauma-Informed Intensive Family Therapy Model • Live Supervision and Consultation • 24-Hour Crisis On-Call Availability

Home & Community Services

Assisting consumers across the Life Stages: Children & Families; Emerging Adults; Adults; and Older Adults, who are open with Venango County Mental Health and Developmental Services; Children, Youth and Family Services (CYFS) and Older Adult Services (OAS).

Individual & Family Counseling

Individual Adult, Adolescent, and Child Counseling • Family Counseling • EMDR Trained • Marital, Grief, and Other Life Adjustment Problems • Trauma-Focused Cognitive-Behavioral Therapy • Alternatives To Violence Groups • Anger Management • Supervised Visitation

PPC Violence Free Network & Shelter

Emergency Shelter for Victims of Domestic & Sexual Violence and Other Serious Crimes • 24-Hour Hotline • Advocacy and Accompaniment • Community and School Based Prevention and Education Programs • First Response Team • Protection From Abuse Orders (PFA's) • Psychoeducational Groups • Relocation Program • Sexual Assault Response Team Member • Short-Term Supportive Counseling

School-Based Programs

H.E.I.G.H.T.S.

A school-based behavioral health building-wide model that will provide support for students with multiple challenges through an eco-systemic therapy approach. This model stresses the development of positive relationships for students with their families, peer group, and community to build healthy attachments. The model is provided to identified students in grades K-8 at Hasson Heights Elementary and Oil City Middle School.

O.C. P.R.E.P.

An integrated classroom model which provides school-based behavioral health interventions that promote strength-based therapy to support students with multiple challenges through an eco-systemic therapy approach. This model stresses the development of positive relationships for students with their families, peer group, and community to build healthy attachments. This model is provided to identified students in grades 9-12 who attend Oil City Senior High School.

Venango Fatherhood Initiative

24/7 Dad: Fatherhood Program & Family Groups • Donuts With Dad • Inside Out Dad (Jail Groups) • Evidence-Based curriculums Families In Recovery and Relationship Smarts Plus 3.0 • Annual Soapbox Derbies • Events & Outings: Fun with Father Day, Family Fishing Picnic, Family Movie Nights, Winterfest Family Sled Riding Party

Youth Connection

Developing positive relationships that have a direct and lasting effect on the lives of young people through meaningful, monitored matches between adult volunteers (Mentors), and youth (Mentees) between the ages of 6-18 throughout Venango, Forest, Clarion & Eastern Crawford Counties. Youth Connection is a partner of the Mentoring Partnership of Southwest Pennsylvania.

Letter from our Executive Director

Our prior year was exciting and challenging in many ways; the completion of the new shelter, assisting Venango County Human Services with the addition of new programming, continued staff growth, supporting staff with training opportunities, and implementing new telephonic technology. I was looking forward to this fiscal year as the year to settle in, establish our new programming and upgraded technology, and allow staff time to apply their newly gained skills.

We did begin this year with a “*business as usual*” approach from July through February, but **NEVER** could I have predicted or have been prepared for what happened in March with the onset of the COVID-19 pandemic. Although this global pandemic did not occur until the fourth quarter of this fiscal year, the force of its impact was quick, very serious, will be long term, life changing, and will have an effect on us for many years.

Beginning March 6, Governor Tom Wolf signed an emergency disaster declaration to provide increased support to state agencies involved in the response to the virus. On March 16, ordered a shutdown of non-essential stores, as well as bars and restaurants, and closed K-12 Pennsylvania schools for 10 business days and then for the rest of the year. On April 1, an order was issued for all residents to stay at home.

So many changes! During this time, the Agency was identified by the State as an essential and life sustaining business for our services, and also Venango County Human Services identified the Drug & Alcohol Outpatient, Intensive Outpatient, and Relapse Prevention treatment programs as a critical mission provider. Therefore, we quickly had to determine with no time to prepare, how we were going to provide our services under these stay-at-home directives when 100% of our services are currently provided in-person.

Operating in a rapid response mode does not usually have positive outcomes. However, staff were able to identify their needs first prioritizing Telehealth as the most crucial, followed by a work-at-home schedule for those staff able to work from home. By March 17, we were approved by most funders to provide our services by Telehealth, utilizing telephone, Zoom, or Skype and by April 1, we had a schedule in place for most staff to stagger their schedules to work from home and in the office. Staff could not have utilized Telehealth services to the full extent without the support of a \$25,000 grant from the McElhattan Foundation to purchase laptops with video and audio capability.

Suddenly, COVID-19 transformed everything structured in our daily lives to living within a “bubble” of sanitizing, social distancing, isolation (from family, friends, and the community), mask wearing, and staying at home. Dealing with the unforeseen challenges of school closings, child care needs, homeschooling, and the business closings and product shortages caused by the pandemic is exhausting and has taken a significant toll on everyone. So, it comes as no surprise that many individuals and families are struggling to cope as they are abruptly thrown into a situation of captivity and confinement causing stress and high anxiety that no one anticipated. In a few short months, staff has done an excellent job in coming up with innovative ways to reach out and stay connected with our families—by providing Zoom sessions, facilitating groups on Zoom and in Google Classroom, delivering family meals to prepare and craft and therapy kits, technology assistance with Zoom and internet, and scheduling porch visits.

While staff has been reactive in responding to the current crises, the goal moving forward into next fiscal year is to focus on what positives can be taken away, learn from the information and resources that have been developed, focus on service provision, do what is necessary to keep staff safe, and help those individuals struggling with the transition into this new and abrupt COVID life.

Will we ever again experience “business as usual”?



Mary K. Serafin

Statement of Revenue & Expense

Fiscal Year ending June 30, 2020

	Current Year 2019-20	Prior Year 2018-19	\$ Inc/Dec
REVENUES			
Contributions	26,007	30,193	(4,186)
Annual Giving Campaign	7,110	6,990	120
Special Events (Gross)	64,658	74,132	(9,474)
Trusts and Bequests	229,039	236,790	(7,752)
Capital Contributions	87,210	375,196	(287,986)
United Way Allocations	52,679	43,949	8,730
Program Income	3,044,829	3,664,945	(620,116)
Operating Grants	525,579	535,721	(10,142)
Realized & Unrealized gains/(losses)	(896)	(5,418)	4,522
Interest/Dividend Income	53,524	87,958	(34,434)
Miscellaneous	2,385	17,354	(14,969)
TOTAL REVENUES	4,092,124	5,067,810	(975,686)
EXPENSES			
Salaries	2,948,340	2,963,358	(15,018)
Payroll Taxes	239,242	240,039	(798)
Employee Benefits	501,734	512,363	(10,629)
Conferences/Trainings	40,456	80,285	(39,828)
Professional Fees	47,142	36,925	10,217
Family Support Services	9,869	18,770	(8,901)
Rent/Mortgage	70,269	72,469	(2,200)
Utilities	26,176	31,102	(4,926)
Corporate Insurances	52,230	45,490	6,740
Building Maintenance	33,414	28,590	4,824
Telephone/Cells & Pagers	42,951	46,286	(3,334)
Internet Services	11,140	5,756	5,384
Printing	6,158	8,090	(1,932)
Postage	6,204	5,973	231
PR/Advertising	6,324	8,114	(1,790)
Office Supplies	38,182	35,535	2,646
Consumables/Vol Training Supplies	3,254	6,029	(2,775)
Rehab Supplies/Activities	122,931	71,497	51,434
Travel/Consumer Transportation	26,921	38,882	(11,961)
Subscription/Library	1,349	1,405	(56)
Agency Dues/Memberships	8,456	9,705	(1,249)
Fund Raising Expenses	18,017	23,485	(5,468)
Miscellaneous	1,462	717	744
Equip Rental/Maintenance	55,850	58,530	(2,679)
Equipment Purchases	50,245	114,972	(64,727)
Capital Improvements	1,591	1,975	(384)
Depreciation	91,644	91,644	-
TOTAL EXPENSES	4,461,551	4,557,983	(96,432)
NET PROFIT/(LOSS)	(369,427)	509,826	(879,253)

Footnote:

2019-20 Figures Are Not Final
2018-19 Figures Are Audited & Final

Statement of Financial Position

As of June 30, 2020

ASSETS

CURRENT ASSETS

Cash & Checking	1,342,732
Accounts Receivable	395,563
Prepaid Expense	19,550
Total Current Assets	1,757,845

FIXED ASSETS

Real Estate	2,338,012
Renovations	695,824
Furniture & Equipment	1,015,387
Accumulated Depreciation	(1,644,665)
Total Fixed Assets	2,404,557

OTHER ASSETS

Investments - Mutual Funds, Stocks & Bonds	2,656,791
Investments - CD's	413,946
Assets Held In Trust By Others	382,175
Total Other Assets	3,452,912

TOTAL ASSETS

7,615,315

LIABILITIES & NET ASSETS

CURRENT LIABILITIES

Accounts Payable	45,845
Accrued Payroll	82,956
Accrued Compensated Absences	45,780
Unemployment Compensation Reserve	177,971
Deferred Revenue	217,557
Total Current Liabilities	570,108

LONG-TERM LIABILITIES

Loan - Bldgs & Grounds	134,420
Loan - CARES Act PPP Loan	717,900
Total Long-Term Liabilities	852,320

NET ASSETS

Retained Earnings	6,562,314
Net Profit/(Loss)	(369,427)
Total Net Assets	6,192,887

TOTAL LIABILITIES & NET ASSETS

7,615,315

Footnote:

Figures Are Not Final

Minutes of Annual Meeting

Days Inn Oil City, PA • September 24, 2019 – 4:00 p.m.

Ninety-six people were in attendance including nine Governing Board members: Denise Jones, Courtney Cox, Bob Stubler, Bob Carone, Marilyn Kirkwood, Vicky London, Steve Mason, Major Smith, and Debbie Sobina; three Advisory Committee members; three guests; five consumers; and seventy-six staff members.

Executive Director Mary K Serafin welcomed all those in attendance and shared some tips on how success can be measured, and thanked staff for the part they play in the success of their programs and in the strength of the Agency. She then introduced staff, Governing Board members, Advisory Committee members, guests, and speakers.

- **Annual Meeting**

Denise Jones called the meeting to order at 4:20 pm.

- **Nominating Committee**

Courtney Cox presented the slate of renewals for a three (3)-year term renewal: Greg Merkel (2nd term) and Mike Watson (2nd term). Courtney also presented the slate of officers for a one (1)-year term: Denise Jones, President; Courtney Cox, Vice-President; and Bob Stubler, Secretary/Treasurer.

Denise opened nominations up to the floor; there were none. The slate of term renewals and the slate of officers was approved with a motion from Bob Stubler, seconded by Vicky London. *All others were in favor, none opposed. Motion carried.*

Denise presented the Advisory Committee resolutions for a one (1)-year term as representatives to the Governing Board: Marie Veon (YC) - Approved with a motion from Marilyn Kirkwood, seconded by Debbie Sobina. *All others were in favor, none opposed. Motion carried.* Steve Mason (PPC) - Approved with a motion from Courtney Cox, seconded by Bob Stubler. *All others were in favor, none opposed. Motion carried.* A corporate resolution for VFI was not presented.

The meeting was adjourned at 4:25 pm.

- **Service Awards**

The following staff was recognized for years of service: 5 years – Anthony Rosario-Adams, Amanda Pica, Katie McMichael, Jayme Wolbert, Melanie Sparks, Kayla Sherman, Leigha Kucnick; 10 years – Deborah Letke, Frann Lantz, Susan Scott; 15 years – Beryl Flickner, Stan Benvin

The invocation was given by Anthony Rosario-Adams.

Dinner was served from 4:45 – 5:25 pm.

- **Guest Speakers**

Natalya and her mom Katie was introduced by Beth Cubbon, Family Liaison for the School-Based Programs. Katie stated how the HEIGHTS program has helped to improve Natalya's behavior. She originally had tantrums and struggled with making friends; she now has a positive mindset and helps others. Natalya said she loves HEIGHTS!

Karen was introduced by Rick Orłowski, Program Director for the D&A Program. Karen credits her recovery to the Problem Solving Court, her IOP and RPT counselors, and attending bible study while incarcerated. She has gone from being an addict who OD'd twice to now being employed, living on her own, and helping others to overcome their addiction. She thanks all who have helped her grow and change in her personal recovery.

Shirley her grandson Michael was introduced by Cindy Curran, Program Director for the Individual & Family Counseling Program, and Hillary Wisniewski, LCSW. Shirley came to FSCAS when her life was in despair. She had to go from spoiling her grandchildren to becoming a parent to one of them at age 63. She didn't think she could do it, but with Cindy's help she now knows she can. Michael (affectionately nicknamed Monkey) experienced trauma and has greatly improved in the past six months. He thanked Hillary for teaching him and being there for him.

- **Closing Remarks**

Denise closed by saying how impressed she is by those who are willing to tell their private stories and that she is proud to be a part of an Agency that helps to change lives for the better. She expressed how important it is to love all people, even if they are different, or we don't agree with what they do. That's what the Agency is about - caring for people and doing what we can to help each one.

Respectfully submitted by:
Jennifer M. Swartz, Administrative Secretary

Agency & Administration

STAFF ACCOMPLISHMENTS

July 2019

Trish Dilbone obtained her certification as a Certified Alcohol and Drug Counselor (CADC).

August 2019

Hillary Wisniewski completed EMDR Basic Training.

Ryan Pecone obtained certification as a Mental Health Professional.

November 2019

Hillary Wisniewski obtained her TF-CBT certification.

February 2020

Jim Grove obtained his certification as a Certified Advanced Alcohol and Drug Counselor (CAADC).

STAFF MEETING IN-SERVICES

- ◆ Rick Orłowski, Jerri Sanders, Lynne Everett, Susan Scott, FSCAS Drug & Alcohol Program - Overview of Marijuana, CBD Oil, and Vaping
- ◆ Denny Fortin, *Northwest Retirement Services - 401 (k) Review*
- ◆ Hillary Wisniewski, LCSW, FSCAS - *Recovery Principles in Mental Health Services*

ANNUAL GIVING CAMPAIGN

The Annual Giving Campaign was held in December 2019 with 684 letters mailed to various corporations, businesses, and individuals. The appeal generated a response of **\$6,110!** These monies were used to assist with providing services in the following programs:

Individual & Family Counseling

Youth Connection

PPC Violence Free Network & Shelter

Venango Fatherhood Initiative



Fiscal & Admin Oil City office:

Mary K Serafin, AB, Executive Director
Tashana Downing, BA, HR Manager
Susan Kase, AB, Administrative Assistant
Kayla Paszkowski, Clerk Receptionist
Tisha Urey, AB, Fiscal Tech
Dale Power, AS, Accountant
Cheryl Faulk, AB, Fiscal Tech
Danielle Dick, AA, Fiscal Tech
Jenny Swartz, Administrative Secretary

Individual & Family Counseling

Our staff continues to strive to provide services that are trauma informed, evidence or research based, and designed to be relevant for each individual's needs. All of the staff work to empower individuals through mental health wellness and recovery utilizing best practices and innovative approaches. To that end, we are constantly researching and participating in trainings that will provide us with the information and knowledge to provide the best services possible.

Our program offers a variety of services, including therapy, case management, psychoeducation groups, supervised visitation, anger management, and Alternatives to Violence. The last three services are provided to offenders; in other words, individuals who have been identified as having challenges with regard to parenting, issues controlling their anger, or incidents where there has been domestic violence (verbal, psychological, emotional, physical abuse). We look at the individuals who are mandated for these services as having made bad decisions; our services are designed to help educate and provide ways in which they are better able to function in the role as parents, members of the community, and partners.

Individual & Family Counseling
166 Individuals/families Venango Cty
51 Individuals/families Crawford Cty
2221 Total appointments
Community Resource Coord.
25 Individuals served
96 Group participants
320 Total appointments
Supervised Visitation
9 Families served
137 Total appointments
Alternatives to Violence
16 Individuals served
110 Total appointments
Anger Management
9 Individuals served
70 Total appointments

ALTERNATIVES TO VIOLENCE (ATV)

This past fiscal year we researched ways to enhance the **Alternatives to Violence (ATV)** program. We have been utilizing the Duluth Model since the inception of ATV in 1998. This model has been regarded as an innovative way to hold batterers accountable and keep victims safe. The "Duluth Model" is an ever-evolving way of thinking about how a community works together to end domestic violence.

A community using the Duluth Model approach:

- has taken the blame off the victim and placed the accountability for abuse on the offender.
- has shared policies and procedures for holding offenders accountable and keeping victims safe across all agencies in the criminal and civil justice systems from 911 to the courts.
- prioritizes the voices and experiences of women who experience battering in the creation of those policies and procedures.
- believes that battering is a pattern of actions used to intentionally control or dominate an intimate partner and actively works to change societal conditions that support men's use of tactics of power and control over women.
- offers change opportunities for offenders through court-ordered educational groups for batterers.
- has ongoing discussions between criminal and civil justice agencies, community members and victims to close gaps and improve the community's response to battering.

The Duluth Model has been in existence since the early 1980s and has largely remained unchanged in not only the approach that it utilizes but also in the information that is provided to participants. Staff decided that we would research innovative approaches and information in order to enhance and make this model more relevant to the current societal environment. We incorporated elements from the following two curricula:

- ◆ The **STOP Domestic Violence Program** (David B. Wexler Ph.D.) has proven to be an incredibly helpful resource in providing enhanced direction for facilitating a group. It compliments all the same evidence-based treatment from the Duluth Model in a simple, clear, and creative way. The treatment integrates cognitive behavioral skills and a client-centered, skill-building approach that engages the abuser in his own healing process.

- ◆ In addition, we also incorporated elements of **Emotionally Intelligent Batterer Intervention: Acceptance-Based, Cognitive Behavioral Domestic Violence Group Treatment** (Wendy W. Coates). With a strong emphasis on compassion, curiosity, and accountability, EMAP teaches self-acceptance, mindfulness, and impulse control. Accountability is a tool used to strengthen self-esteem and regulate emotion.

ATV CLIENT COMMENTS

A male who completed the ATV program in April, 2020 commented that material he learned has helped him navigate through aspects of everyday life.

A female who completed the ATV program in June, 2020 remarked that information presented has better equipped her with knowledge to recognize elements of unhealthy relationships.



Oil City office:

Cindy Curran, MSSA, LCSW, Program Director
 Hillary Wisniewski, MSW, LCSW, Therapist
 Jeff Storm, BA, Offender Services Caseworker



Titusville office:

Rachael Rubaker, BS, Community Resource Coordinator
 Glenda Fulmer, MSW, LSW, Therapist



Real Life Stories

CONQUERING DEPRESSION IN OLDER ADULTS

An older woman who had been in the area for a long time had long considered moving to her home state. During her time here she retired, had given up driving, and gradually became more and more isolated from informal supports. Isolation is highly correlated with depression, and depressed she was. We looked at depression from a holistic perspective, examining the physical, psychological, social, and spiritual dimensions of wellness. We also examined and processed differences in treating these dimensions, given her status as an older adult in our society. How does age change how we treat her depression? We addressed sleeping issues, housing issues, and unresolved grief issues, spending many sessions understanding the connections between early losses and current mental health. We found practical supports from case managers to assist her in the overwhelming task of packing and moving, so she could finally reunite with her family in her home state.

OVERCOMING TRANSITION TO COLLEGE

One young woman who was a freshman in a local college reached out for help after experiencing the stress of transitioning from home to college. Moving from a large urban area to a small rural town can be a culture shock for people of any age, and a sense of isolation only increased this young woman's depression, so she struggled to meet the obligations of a college student. We worked together to better understand the causes and solutions of her depression, both long and short term. Then we examined her depression from a holistic perspective, examining the four dimensions of wellness, including physical, psychological, social, and spiritual dimensions. We identified her strengths in each area, and what changes she could make in each dimension. By addressing her depression in this way, she was able to meet her academic obligations and finish her time at the local college with good grades. This enabled her to transfer to a college that had a more diverse population and was closer to her home.

Youth Connection

"MENTORS OF THE YEAR"

All of the youth were asked to submit nominations with reasons why their mentor should be honored as "Mentor of the Year". Ryan & Phil's mentees explained how their mentors have provided opportunities for them to grow and have new experiences.

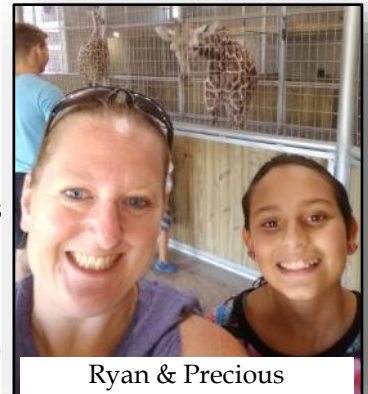
Precious wrote: *"My mentor is Ryan [Pecone] and she is amazing. Ryan and I have been matched for over a year. We do many different things like crafts, baking, sewing, going on walks, shopping, talking, zoo, Get Air trampoline park, and out to eat. Our next adventure is going to Pittsburgh Carnegie Science Center. Ryan is always there for me day or night. When I am having a rough time, she is always there and I know that she will be there. She cares for me so much that she showed up for my 12th birthday party. Thank you for giving me the chance to write about my amazing mentor Ryan."*

Angel wrote: *"My mentor is nothing short of a best friend. I feel like I could talk to him about anything. Not only me but the people around me have been affected by him. Whether it is his encouraging attitude or sense of humor he always knows the right things to say. We share many stories when we go out to eat, go to a sports game, or have gone bowling. There is nothing that me and him cannot share with each other. Phil Atteberry is the best mentor I could have ever asked for. Phil has been a big part of who I am today."*

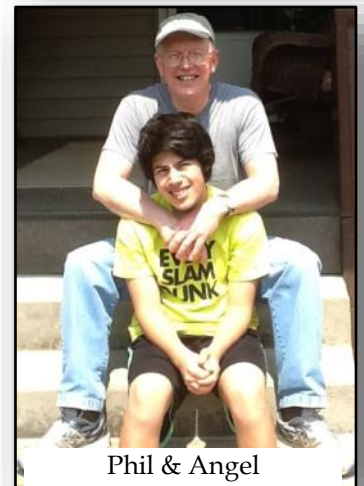
3 MATCHES GRADUATE!

Angel and Phil have been matched for 7 years! Phil believes he has benefited from the match even more than Angel. He said one of the greatest satisfactions from having a long match is being able to watch your mentee grow from a kid, through the teenage years, and on to early adulthood. When Angel was asked how he felt about the past years and what he has gained he replied, *"Phil has taught me, probably indirectly, but taught me nonetheless to be a humble person. Phil has changed my life by being one of my best friends that has, and always will be, there for me."*

Kelly and Jazmine have been matched together for 6 years! When Kelly was asked what she was most proud of she responded by saying she is *"proud of the wonderful young woman Jaz has become. She is thoughtful and has really opened herself to new challenges and experiences and does her best to see them through."* Jazmine mentioned *"Kelly has helped me through some tough times that I have been through. She has helped me feel more comfortable around other people and helped me have more friends and not be so much of a loner. She has kept me happy and also made sure to try her best to come to my events at school to show her support. I just want to say thank you and that I love her! Thank you for being my mentor!"*



Ryan & Precious



Phil & Angel



Jazmine & Kelly

Brittany and Rinda have celebrated 10 years' worth of match anniversaries together! Brit said the thing she liked most about being matched with Rinda is that they can talk about anything with each other. Rinda has become part of her family. She attends Brit's events to support and cheer her on and is always available to encourage and provide her with guidance. Brit went on to say *"Every time Rinda and I have the opportunity to be together we always have fun. Rinda has helped me through life with all the problems I have ever had and has always been available to be there for me. She never gave up on me and supported me always. I want her to know that I love my Sis and she is the best! Thank you for always being there even when things got tough and for never giving up on me."*



Rinda & Brittany

GROUP MENTORING

Youth Connection partnered with clubs and organizations at Clarion University's Venango Campus to provide youth who are waiting to be matched with a community-based mentor an opportunity to participate in a group mentoring model. Youth attended monthly events, filled with conversation, activities, and the opportunity to interact in a prosocial setting with their peers and mentors while getting an opportunity to see firsthand the college experience.

MATCH ACTIVITIES

Youth Connection holds activities throughout the year to provide opportunities for our mentors, mentees, and youth on the waitlist to meet others and socialize while trying something new and getting involved in the community. Here are a few of them:

- Robotics Camp
- Keystone Safari
- Bowl-A-Palooza at LinVan Lanes
- Christmas Party held at Seneca Lanes
- Christmas Party at Rink Family Fun Center
- Pool Party with Venango Fatherhood Initiative
- Roller Skating at Skate Capital

Due to COVID-19 the program sent out Activity Packets and Bookbag Kits to all the youth to help them continue learning, remain connected to the program, and not feel along during the time of social distancing.



- Venango-Forest**
 - 16 Total matches
 - 15 Children on wait list
- Clarion**
 - 12 Total matches
 - 3 Children on wait list
- Eastern Crawford**
 - 11 Total matches
 - 5 Children on wait list
- Community Presentations**
 - 7 Total presentations
 - 96 Total attendance
- Special Events**
 - 14 Total held
 - 115 Youth in attendance
 - 1064 Total attendance
 - 168 Activity Packets sent



Bookbag Kits were either mailed or delivered via porch visits.



Carone Center:
Jessica Walters, MA,
Program Director



Titusville office:
Chana Hopkins, BS,
Match Support Specialist

Drug & Alcohol Program

OUTPATIENT PROGRAM (OP)

Our Outpatient Program offers treatment to men and women with substance abuse problems. Individual and family sessions are provided. We provide individual sessions Monday-Friday with Tuesday evening appointments available in the Franklin, Oil City, and Titusville offices. We currently have 9 full-time counselors providing Outpatient and Intensive Outpatient programming.

We also offer Outpatient programming with adolescents between the ages of 12-17. This is an evidence-based adolescent substance abuse treatment model utilizing individual therapy and supportive services. Referral sources come from schools, parents, criminal justice system, self, and family.

INTENSIVE OUTPATIENT PROGRAM (IOP)

The Intensive Outpatient Program is a four-week treatment program. This program is specifically oriented for group and individual sessions. Clients attend two 3-hour group sessions, and one to two individual therapy sessions per week. Following completion of IOP, clients have an opportunity to stay on for individual Outpatient services or placement into the Relapse Prevention Therapy Program. Since March 16, 2020 due to the COVID-19 pandemic our treatment team has provided individual and group sessions through telephone and telehealth (Zoom) sessions. Due to the nature of the sessions we have modified our groups to three 2-hour group sessions per week.

RELAPSE PREVENTION THERAPY (RPT)

The Drug & Alcohol Program provides individual and group Relapse Prevention Therapy (RPT) with individuals who are in the recovery process of addiction. The individuals participating in RPT may have several prior treatment experiences, yet are willing to hear and gain more knowledge about relapse prevention and positive lifestyle changes. It really is a unique group of people who come to RPT and it is a privilege to be able to provide this program.

RPT is an evidence-based psychosocial treatment program for substance use disorders utilizing Motivational Interviewing and Cognitive Behavioral coping skills. The program includes individual sessions, followed by eight group sessions. This program transitioned into telephone and telehealth services in March of 2020 due to the COVID-19 Pandemic.



PATHWAYS ADOLESCENT CENTER

Pathways Counseling Office is located at 358 North Seneca Street, Oil City. Originally one counselor was housed at the location providing individual and group services. Due to increased numbers we have added an additional counselor one day per week to provide substance abuse treatment. The Adolescent Outpatient Program maximum capacity of 24 clients has increased to 30.

Although alcohol and marijuana continue to be the top substances of abuse, the adolescent population trends show an increase in the use of Methamphetamine and Opioids. Unfortunately, the adolescents also abuse prescription medication; they report using prescription pain killers, anti-anxiety, and stimulants such as ADHD medications.

The counselors utilize a strength-based approach with the adolescent utilizing the Bloomington Adolescent Treatment and Recovery Program focusing on addiction, recovery, and coping skills. The treatment atmosphere at Pathways is very soothing and conducive to encouragement and confidence.

EFFECTIVE SAFE PARENTING (ESP)

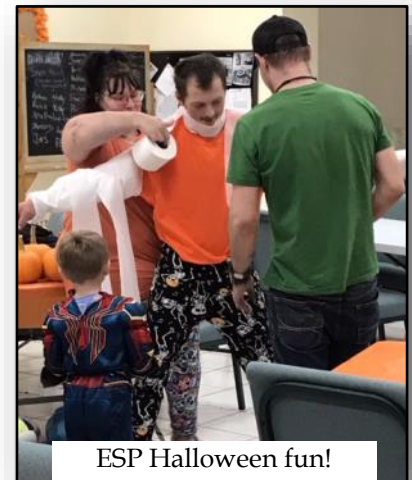
The Effective Safe Parenting Program (ESP) began the 2019-2020 Fiscal Year with providing a summer picnic at Two Mile Run County Park for the 10 ESP families. During October, a Halloween party was held for the families. Families participated in the making of a mummy event and great fun was had. Santa came to see the children during the Christmas dinner provided for the families in December. We were scrambling to find a Santa when a former graduate of the ESP program stepped up and portrayed Santa for the event. Santa was a hit at the party and even brought gifts for the children!

The ESP program held a painting fundraiser during the month of February and painted a moon-lit water scene with butterflies. The ESP team realized that when COVID-19 changed the way service delivery would happen, the Easter and Summer activities would be cancelled. Cell phones were upgraded to be able to perform telehealth services. Also, a mailing was created that included resources for parents and activities for children. Once we were able to provide community porch and back yard visits, one family stated, *"I did not realize how much I valued and depended on the ESP Team's support until I lost those face-to-face visits."*

Referrals continued to come in for the program but were put on a wait list. A letter was sent to them with the ESP team's phone numbers for support, and weekly contact was made by the ESP Social Worker to offer phone support and resources while families were waiting to be opened.



ESP Summer picnic 2019



ESP Halloween fun!



ESP Christmas with Santa!



FAMILY RECOVERY PROGRAM (FRP)

The Family Recovery Program (FRP), an in-home Drug & Alcohol Treatment program, had its challenges during the 2019-2020 year as COVID-19 announced its presence within the community. The two-member team quickly adapted to telehealth methods of delivering services to the families. Like ESP, the FRP cell phones were upgraded to allow for more options in providing telehealth services. The team continued to hold treatment sessions 2 to 3 times a week or more if the family requested. The FRP team provided daily check-in's in addition to the scheduled telehealth sessions. Resources were mailed to the families with additional support options during the Red phase. Communication between the team and family remained strong despite one team member working from home. When families were asked about feeling supported, the responses were similar, *"Yes, I don't know how I would have survived the not-knowing stage of COVID-19, the resources they mailed were helpful and helped calm my anxiety."* Through the Yellow and Green phase, the team continued to practice telehealth sessions with community porch and back yard visits for those that felt safe in meeting face-to-face. Social distancing, sanitizing, and the wearing of masks continue.

CERTIFIED RECOVERY SPECIALIST (CRS)

The main function of our Certified Recovery Specialist (CRS) program was developed to assist individuals early in recovery and connect them to various pathways to recovery: i.e. Alcoholic Anonymous, Narcotics Anonymous, Celebrate Recovery, SMART Recovery, and many on-line recovery self-help groups. This is a strength-based program, which directs the individual to develop their own plan that will ultimately work for him/her with the assistance of the CRS. The CRS caseload is approximately 25-30 people.

The CRS program has increased from one to three full-time Specialists. Due to the Opiate epidemic consuming Pennsylvania, a grant was developed by Governor Wolf and Venango County's Single County Authority to hire two additional Certified Recovery Specialists in addition to our current CRS. The two additional positions include one CRS who works with individuals and families with Substance Use Disorders involved in the Children, Youth & Family Services, and the second position in the role of the Warm Handoff CRS who works as a liaison within the hospital and other medical facilities engaging individuals who may be in detox and/or seeking resources for treatment and recovery.

All three Certified Recovery Specialists help connect individuals with treatment options, various supports groups in the community and also assists them with coping and life skills that will help them learn to live life without drugs or alcohol. There are also times when the individual just needs to talk to someone in order to find a solution that will help him/her work out a problem or stop them from picking up that drug or drink. The CRS is mainly there for support and recovery in many aspects of the new recovering individuals' life. The CRS is NOT a sponsor, a counselor, a banker, or a doctor; we are there for support in recovery.

These are rewarding positions - seeing individuals get engaged in the treatment and recovery process early on, and helping them become productive citizens in our community. Addiction is a cunning, baffling, and powerful disease. However, with treatment and support systems like the CRS program, change can occur and the individual and their families can be unified and live a productive life.



Franklin Office Suite 301:

Ed Stephenson, BS, CADC, Therapist
Susan Scott, MMT, CADC, Therapist
Julie Smith, Clerk Receptionist
Rick Orłowski, BA, CADC, Program Director
Josh McLaughlin, BS, CADC, Lead Therapist
Absent: Larry Sherman, M.Ed, Transportation



Oil City Office:

Karen McNatt, BA, Therapist
Elijah Daubenspeck, MA, CAADC, Therapist
Jayme Wolbert, BA, CADC, Therapist (*Pathways*)
Bruce Fox, BS, CADC, Therapist
Kalla Quigley, BS, CADC, Clinical Supervisor
Brittini Willyoung, BS, Therapist
Beryl Flickner, Transportation



Titusville Office:

Brenda Gilmore, Clerk Receptionist
James Grove, M.Ed, CAADC, Therapist
Trish Dilbone, BA, CRS, CADC, Therapist



Franklin Office Suite 304:

Katie McMichael, BS, CADC, Family Therapist
 Peggy Grove, Clerk Receptionist
 Jerri Sanders, MSW, LSW, CADC, Clinical Supervisor
 Nancy VanTassell, CADC, Parent Educator
 Shana Young, MS, Social Worker
 Roberta McCalmont, RN, Community Health Nurse
 Melanie Sparks, MS, CAADC, MHFBP, Lead Family Therapist



Carone Center:

Rebecca Schrecengost, ASN, CRS, Certified Recovery Specialist
 Lana Jolley, BA, Certified Recovery Specialist
 Tai Dean, CRS, Certified Recovery Specialist

Outpatient (OP)

505 Individuals served (Venango Cty)
 5146 Total appointments (Venango Cty)
 134 Individuals served (Crawford Cty)
 1679 Total appointments (Crawford Cty)

Intensive Outpatient (IOP)

147 Individuals served
 85 Group sessions held
 1908 Total appointments

Relapse Prevention Therapy (RPT)

13 Individuals served
 46 Group sessions held
 558 Total appointments

Family Recovery Program (FRP)

71 Families served
 549 Total appointments (visits)

Effective Safe Parenting (ESP)

111 Families served
 825 Total appointments

Pathways Adolescent Center

74 Individuals served
 41 Group sessions held
 1405 Total appointments

Certified Recovery Specialist (CRS)

53 Individuals served
 784 Total appointments

CRS - County Warm Hand Off

45 Contact with Individuals
 174 Contact with Medical Staff

CRS - County CYFS

408 Contact with Individuals

Student Assistance Program (SAP)

68 Individuals served (Venango Cty)
 846 Total appointments (Venango Cty)
 3 Individuals served (Crawford Cty)
 19 Total appointments (Crawford Cty)

A financial statement of the Drug & Alcohol Program's income and expenses is available at Family Service & Children's Aid Society to any interested parties. Please call (814) 432-3466 for further information.

Family Foundations Program

Our collective motto has become “we are nothing if we aren’t flexible”! Prior to COVID-19 we were transitioning to a new trainer through our training center and feeling largely successful in developing a strong growth edge in our understanding and training in the Eco-Systemic Structural Family Therapy model. Additionally, two of our staff, Devon Porterfield and Taylor Heasley, submitted their competency projects and graduated from our three-year training through Philadelphia Child and Family Therapy Training Center, and will soon take the state exam!

We are most proud of our continued efforts to support children and their families in our community. When faced with adversity, much like limitations that were placed on our delivery of service during the state of emergency with COVID-19, our clinicians go above and beyond to accommodate needs. During the recent months our clinicians have left therapeutic packages on doorsteps, utilized both Zoom and telephonic session delivery, supported the most critical families in person and have provided therapeutic sessions on porches, outside on lawns, and in nearby parks.



Outdoor family session.



Carone Center:

Sarah Young, MSW, Family Therapist
Devon Porterfield, BS, Family Therapist
Deborah Letke, Fiscal Tech
Taylor Heasley, BA, Family Therapist
Nicole Englert, BS, Family Therapist
Ashley Nichols, MS, MHFBP, Program Director

Pictured at right:

Ryan Pecone, BS, MHFBP, Family Therapist
Amanda Fedorek, BS, MHFBP, Family Therapist



Real Life Story

UTILIZING MULTIPLE SERVICES...

“I think the first thing I would note is that from the very first day we met [the team] and they came into our home, they were wanting to help and wanting our input. From day one, they offered insight and helped us to identify patterns of behavior. They have worked tirelessly to support our family, even going so far to meet twice in one day with family members, trying to help everyone be on the same page. They reframe things, making it very easy for everyone to understand. They gave an example of preparing for a tornado and made identifying these patterns of behavior easier and I know that if something comes up I know I can reach out to them.

Because of the work that we’ve been doing, 7 months into treatment, they have given us the skills to navigate situations and keep on track. They have established a good relationship with everyone in our family. We have never felt like our family was just a job. They care deeply for our family and because of that we recognize that even if we don’t like what they say that they mean well for our family. I appreciate the cross over between Family Foundations and also the [Venango] Fatherhood Initiative, they both provide insight, it feels very supportive, layer after layer, helping us to build a strong foundation.”

Family Foundations
71 Families served
3615 Total appointments

Home & Community Services

MAINTAINING HIS INDEPENDENCE

Melvin has been supported by the Home & Community Services program since 2017 through our partners at Older Adult Services. Melvin lives on his own in an apartment at Luther Place. He is a very interesting guy who has walked oil derricks around the country and can tell stories of working in the high plains of the North Central United States keeping wells working in tip top shape.

Melvin, as he ages, has had to make a few tough decisions. One was that he was unable to drive safely any more. So, Melvin parked his car. After discussions with his Direct Service Worker (DSW) and his Older Adult Services Care Manager, Melvin realized that he could save money by discontinuing his vehicle insurance and ridding himself of his vehicle. With the support of his DSW, Melvin was able to meet with his bank and they assisted in selling his vehicle.

Melvin still is able to get to medical appointments, shop for groceries, go out to eat (when conditions allow) and maintain his apartment in tip top shape. He is able to do these things with the support he receives from the Home & Community Services Program and his DSW. Melvin receives support on a weekly basis where he and his DSW focus on cleaning his apartment, which is important to allow him to keep his apartment as well as to be able to keep a safe home environment.

Melvin has been able to gain control of his diabetes through the support of his DSW. He is now able to dispose of his used syringes in a safe manner. Melvin is able to check his blood sugar levels on a more regular schedule due to consistent support and reminders created by his DSW.

Over his time with Home & Community Services, Melvin has decreased his hospital stays and emergency room visits, and now lives in a safer home where he no longer falls on a regular basis. Melvin does enjoy his time with his DSW and visiting with friends in the lobby of his apartment building.



Getting groceries

Home & Community Services

- 8 MH Individuals served
- 14 ID Individuals served
- 6 OAS Individuals served
- 13 CYFS Individuals served
- 2005 Total appointments



Carone Center:

- Stanley Benven, BS, Program Director
- Deborah Smalley, Direct Service Worker
- Michelle Burris, AS, Direct Service Worker
- Mary Wilson, ASB, Direct Service Worker



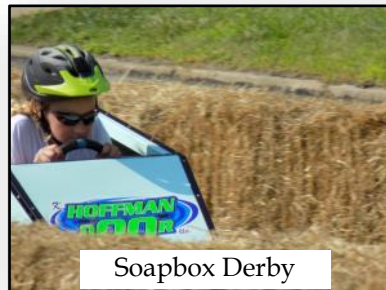
The Venango Fatherhood Initiative program has continued to grow in its ability to reach out to fathers by beginning to run new programs in local treatment facilities. Weekly groups are held with the 15 clients at Oil Region Recovery Center in order to help them understand how parenting and recovery are closely intertwined. A new **Families In Recovery** 8-week course has also begun for the long-term clients of Turning Point (males) as well as with the long-term clients of Freedom Center (females). Because of COVID-19 restrictions, personalized parenting classes have also been taking place via long distance communication like that of Zoom. These classes allow a parenting couple to voice their issues and address them while following a parenting curriculum based on the blending of the **24/7 Dad Program** and **Understanding Dad Program** (for moms) to a more holistic **24/7 Parenting Group**. Venango Fatherhood Initiative strives to adapt to the times as a means of aiding parents and families to do the same.

OTHER PROGRAMS AND EVENTS

Inside-Out Dad: Provides groups inside the Venango County Prison that focus on how men can improve their fathering skills and remain connected with their children while in jail.

Donuts with Dad: Provides fathers with an opportunity to spend some extra time with their children, forge memories, and become more engaged in their child’s education. VFI served 322 dozen donuts throughout the 2018-2019 school year. That’s a total of 3,864 donuts!

Soapbox Derby: The 17th Annual Soapbox Derby was held on Central Avenue in Oil City on July 13, 2019 with 12 racers. The Rocky Grove Soapbox Derby was held on July 27, 2019 with 17 racers. About 120 spectators attended each event.



Soapbox Derby

Annual VFI Calendar: Features drawings from area elementary school students of their favorite activities with their fathers or father-figures. The calendars are distributed to local businesses and are free to the community.

Family Activities & Events: Fun with Father Picnic, Family Fishing Day, Family Movie Nights, Pirate Game, Winterfest Sled Riding Party



Carone Center:
Lynne Everett, BS, CADC
Program Director



Fun with Father picnic

24/7 Dad & Family Groups

- 36 Individual participants
- 17 Number graduated

Turning Point

- 155 Individual participants
- 18 Families in Recovery participants

Coaching

- 16 Individual participants

Inside Out Dad

- 52 Individual participants
- 14 Number graduated

Oil Region Recovery

- 102 Individual participants

Donuts With Dad

- 7 Programs Held
- 1602 Total attendance

Soapbox Derby (2 events)

- 29 Youth participants
- 225 Total attendance

Activities & Events

- 7 Events held
- 186 Total attendance

Agency Presentations

- 3 Community presentations
- 22 Total attendance

School-Based Programs

The 2019-2020 school year looked really different than a typical year, considering the pandemic and the state-wide school closure. The school-based programs continued to offer groups and individual services to the students enrolled, using the Zoom meeting platform. We also held family luncheons by Zoom, where staff pre-packed meals and dropped them off at the doorsteps of the families who wanted to participate. The programs had to adapt and overcome the challenges of telehealth, and showed a resiliency and a drive to continue to provide high-quality service to families during a time of national emergency.

OIL CITY P.R.E.P.

INTEGRATED CLASSROOM

The OC PREP program celebrated two students successfully graduating from high school this year, despite all the challenges that came alongside the school shut-down in the spring. Those seniors worked very hard to complete all required assignments for graduation using a virtual learning environment, and we are so proud of their accomplishments! One of the students is seeking employment in the machining field, and the other will be attending a 4-year university.

The OC PREP students participated in a Community Clean-Up project, where they helped to clean and organize areas of the school; like storage closets, the basement area, and the clothing distribution closet. This was a way for the students to show generosity with their time, and to feel a greater belonging to the school community in a way that they might not otherwise experience.

While all the OC PREP students had successes in their own ways, two in particular stand out. One student, who struggled significantly with hygiene for years in a way that impeded learning and social environments, was able to work together with staff and school administration to follow a hygiene schedule while at school. This greatly improved the student's ability to attend class and interact with fellow students. Another student, known previously for rapid mood changes, aggression, and loud outburst-style behaviors, worked hard on learning increased emotional regulation skills and was able to practice these skills during the year. This student demonstrated much improved maturity, independence, and the ability to regulate quickly when there was a problem to be dealt with.

THE H.E.I.G.H.T.S. PROGRAM

HASSON ELEMENTARY

The theme for the 2019-2020 school year at the Hasson site was **HEIGHTS Safari**.

The HEIGHTS students once again participated in a generosity-based tissue drive, benefitting the entire school.

The Hasson Elementary site saw a tremendous success in a young girl who experienced a lot of changes at home. She came to the program very socially withdrawn and needy, and would cry easily. During her time in the program, she would come to school and work on skills, and would actively transfer those skills to home. The independence that she demonstrated was tremendous! She also became a positive role model for other students in the HEIGHTS room. Her father would report the same successes to the Hasson team. We are all so proud of her accomplishments. She graduated from the HEIGHTS program this year, having met and exceeded all of her goals.

Another student who showed immense gains is a girl who, when entering our program, did not have friends and would shut down for hours at a time during the school day. She was often bossy with peers and was not able to show any flexibility or adaptability in her relationships. She had significant anxiety symptoms that would lead to her "shut down" behaviors, that would happen multiple times a week. During those periods of time, she couldn't move or



HEIGHTS Hasson students identified their #1 anger trigger displayed on their "Storm Starter" cloud.

she began working very hard on her goals, and on learning how to anticipate her feelings to process them in a healthy way and prevent shutting down. This past year, she had almost no instances where this happened to her, and the few brief times that it did, she was able to better manage the symptoms and bring herself out of it much sooner. She has friends now, and is generally liked by her peers.

O.C. P.R.E.P.

- 10 Total students
- 160 Number of times students seen

H.E.I.G.H.T.S.

- 18 Total students Hasson Elementary
- 159 Number of times students seen
- 15 Total students Middle School
- 209 Number of times students seen

THE H.E.I.G.H.T.S. PROGRAM

MIDDLE SCHOOL

The theme for the 2019-2020 year at the Middle School site was **Fantasy**. The staff created a new world inside the HEIGHTS room, and worked with students on their own journeys, mirroring those stories told in fantasy books and movies; how they work on a team, how they solve a problem, and how they realize their own potential.

One student who showed verbal and physical aggression tendencies at the beginning of being in the HEIGHTS program was able to learn how to manage these outbursts. He gets in trouble much less, and had no aggressive incidents in the last school year, which is incredible progress compared to the multiple times per week that he was aggressive in the beginning of his work in HEIGHTS. He has learned how to open up to others and trust adults, and is now able to talk about his feelings and struggles with members of the HEIGHTS team. He has shown emotional generosity to his peers by listening and reassuring them when they are upset, where in the past he would have mocked and teased them. He's been able to allow his humor to shine through, as well!



A second middle school student came to us unable to be in large groups in the school building. He refused to eat in the cafeteria and wore the same hooded sweatshirt every day, often hiding inside the hood. He worked with staff on a schedule of social interaction to practice feeling safe while interacting with peers, and built in coping mechanisms to help him tolerate the noise and bustle of a busy cafeteria environment. By this school year, he was able to participate in the school-wide team building day with very few modifications to the schedule, and did many of the activities independently. He said that he was able to enjoy the activities rather than just tolerate them.



HEIGHTS Oil City Middle School:
 Will Winger, MA, BIS
 Mary Baker, BSW, BIS
 Dale Colford, BS, BIS
 Stephanie Lee, MA, Clinical Manager
 Eric Hoover, BS, BIS
Absent: Beth Hazlett, BA, Family Liaison



HEIGHTS Hasson Elementary:
 Kayla Sherman, BS, BIS
 Hope Taneyhill, BSW, BIS
 Frann Lantz, BS, BIS
 Alisha Edeburn, MA, LPC, BIS



OC PREP Oil City High School:
 Shaun Burke, MA, BIS
 David Owens, BA, BIS
 Amanda Pica, MS, Program Director



A Multi-Service Network for Victims in Crisis

The past year has been one of change for PPC! A transition to a new Program Director occurred in November 2019. PPC welcomed a new supportive counselor in October 2019. This counselor/advocate provides supportive counseling services for shelter residents and outside individuals as well as group facilitation. We also welcomed a new Children’s Advocate in March who provides supportive counseling, education, and group services to children while in shelter, as well as outside children. This staff is also able to go the schools and provide services there, if needed. Both staff participate in our 24-hour First Response Team.

Like all other programs, PPC has adjusted services through the COVID-19 pandemic in order to continue to meet the needs of the individuals we serve. PPC provided supportive counseling over the phone, as well as providing assistance in obtaining Protection From Abuse (PFA) orders over the phone and providing court accompaniment, as the court has allowed. PPC advocates who would normally respond to the hospital and police stations were able to provide advocacy and support via phone or video capabilities as well. PPC normally provides groups to individuals at the Venango County Jail and at Freedom Center but have not been able to continue that service during this time. Through all of the adaptations, PPC has continued to provide quality services in the midst of extraordinary circumstances.

ONE YEAR AT THE NEW SHELTER!

PPC celebrated one year in our new facility on June 27, 2020! Residents have provided positive feedback on the welcoming environment of the new shelter. They often comment on how much it feels like a home and is very comfortable. Staff also appreciates the environment as it promotes a hospitable atmosphere for healing from trauma and abuse. It’s so nice to have a brand-new facility that meets the needs of individuals fleeing violence. The hope is that we can continue to erase the negativity associated with staying in a shelter and spread awareness of this service.

DOMESTIC VIOLENCE AWARENESS MONTH

October represents Domestic Violence Awareness Month; the Center Street Bridge in Oil City was lit purple the week of October 21, 2019, along with the Venango County Courthouse. A display of the “Faces of Domestic Violence” and the Clothesline Project were on display in the Venango County Courthouse, the Cranberry Mall, Oil City and Franklin Libraries (purple ribbons and lights were displayed), and



Purple ribbons at Franklin Library

Clarion University Venango College. PPC also partnered with the Venango County Sheriff's Office to offer self-defense classes to the community.

SEXUAL ASSAULT AWARENESS MONTH

Unfortunately, due to COVID, many of the awareness events originally planned for April's Sexual Assault Awareness Month were unable to be held; however, PPC was able to distribute coffee sleeves with our information as well as displaying teal ribbons at Northwest Savings Bank in Franklin. These ribbons represented the sexual assault survivors we assisted last year. The Center Street Bridge in Oil City was also illuminated teal the week of April 6-12, 2020.



Center Street Bridge, Oil City

PREVENTION EDUCATION

PPC's Prevention Education specialists spent seven weeks at Valley Grove, Sandycreek, and Central Elementary schools with K-3rd grades providing students with the "Too Good For Violence" lessons. Additionally, they presented programs to St. Stephen and St. Patrick schools to students in Pre-K-8th grade, as well as their CCD classes Pre-K-11th grade. They also presented the Boundaries, Equality, Self-Esteem, and Talking (B.E.S.T.) Relationship program to all students in 9-12th grade at Venango Catholic High School. Prevention Education (PE) staff worked with local youth at Youth Alternatives in Oil City and Franklin. They also attended community events such as the Teddy Bear Picnic, the Venango County Recovery event, and co-hosting Santa's Toyland at Christmas Past in Oil City. They partnered with Venango County Human Services lunch program to provide activities to the children coming for lunch. PE staff continue to work with Freedom Center on a weekly basis to provide education programs to the women residing at the facility. They also provided power point presentations to Venango County staff members, staff at Voices for Independence, and the consumers at The Pointe related to abuse, empowerment, and seeking help. The PE staff completed training to provide the "Respect At Work" training that covers sexual harassment in the workplace, and "Active Parenting" training that teaches parents about active parenting techniques and disciplining children without using violence. Due to the COVID-19 pandemic, PE staff have been working on ways to implement their programming virtually to students and the community.

ANNUAL GOLF SCRAMBLE

PPC held our 20th Annual Golf Scramble on August 17, 2019 at Hi-Level Golf Course in Kossuth. We introduced a new event, a golf ball drop, courtesy of Snyder Electric's bucket truck. With 28 teams participating, PPC raised \$20,143.01!



Golf Ball Drop



Top Row, from left:

Megan O'Neil, BA, Direct Service Supervisor
 Jim Fair, Law Enforcement Liaison
 Beth Gabler, Clerk Receptionist
 Leigha Kucnick, AS, Prevention/Community Education
 Rachel Bereksazi, AS, Counselor/Advocate
 Nichole Sloss, AS, Prevention/Community Education

Bottom Row, from left:

Candee Swartz, AS, Counselor/Advocate
 Brittany Donato, BA, Counselor/Advocate
 Heather Roberts, BS, Legal Advocate

Shelter

51 Individuals served
 1764 Days of shelter provided
 5292 Meals Served

Victims of Serious Crime

318 Individuals served

Sexual Assault Services

170 Individuals served
 203 Individual counseling hours
 127 Group counseling hours

Protection From Abuse (PFA)

150 Individuals served
 208 PFA's granted

Domestic Violence Services

470 Individuals served
 1182 Individual counseling hours
 241 Group counseling hours

First Response Team

59 Individuals served
 282 Crisis hotline calls
 59 First Response calls

SA/DV Prevention

90 Community programs
 2529 Total attendance
 172 School programs
 1553 Total attendance

Our Service Locations

Oil City

Main Office

716 East Second Street
Oil City, PA 16301
Ph: (814) 677-4005
Fax: (814) 677-6159

*Alternatives To Violence groups
Drug & Alcohol Program
Fiscal & Administration
Individual & Family Counseling*

Carone Center

29 Pearl Avenue
Oil City, PA 16301
Phone: (814) 676-9940
Fax: (814) 677-9592

*Drug & Alcohol Recovery Support
Family Foundations Program
Home & Community Services
Venango Fatherhood Initiative
Youth Connection*

Franklin

Professional Bldg.

150 Prospect Avenue
Suites 301 & 304
Franklin, PA 16323
Ph: (814) 432-3466
Fax: (814) 437-7039

*Suites 301 & 304:
Drug & Alcohol Program*

*Suite 304:
Effective Safe Parenting
Family Recovery Program*

Shelter

Phone: (814) 676-5476
Fax: (814) 677-6284

PPC Violence Free Network

Titusville

119 E. Mechanic Street
Ste. A
Titusville, PA 16354
Ph: (814) 827-3472
Fax: (814) 827-4044

*Community Resource Coordination
Drug & Alcohol Program
Individual & Family Counseling
Youth Connection*



716 East Second St., Oil City, PA 16301 (814) 677-4005 Fax: (814) 677-6159
Website: www.fscas.org E-mail: familyservices@fscas.org



Member Agency of:
United Way of the Titusville Region
United Way of Venango County

