



# 2018-2019 ANNUAL REPORT



# Governing Board of Directors

As of June 30, 2019

Denise Jones, *President*  
Courtney Cox, *Vice President*  
Charles R. Stubler, *Secretary/Treasurer*  
Robert Carone  
Jennifer Cisek  
David Heinzer  
Marilyn Kirkwood  
Vicky London, *YC Representative*  
Steven A. Mason, *PPC Representative*  
Gregory Merkel  
Jeff Ruditis, *VFI Representative*  
Major Smith  
Debra Sobina  
Mike Watson  
Dr. Savita Joneja, *D&A Medical Director*

## Advisory Committees

### PPC Violence Free Network

Jason Bidish, *Secretary*  
Justin Bidish  
Karen Knight-Griffith  
Steven A. Mason, *Governing Board Representative*  
Amanda Pica  
Mary Lee Riley

### Venango Fatherhood Initiative

Jeff Ruditis, *Chair, Governing Board Representative*  
Josh Botts  
Wayne Burnside  
Joshua Guthrie  
Stephen P. Kosak  
David Moore  
Dan Prichard  
Dustin Zitterbart

### Youth Connection

Vicky London, *President, Governing Board Representative*  
Dean Collins, *Vice-President*  
Marie Veon, *Secretary*  
Josh Botts  
Daniel Drayer  
Kelly Harris  
Christine McFarland  
Regis Senko  
David Wagner

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# Our Mission, Vision, & Values

## Mission Statement

“Family Service & Children’s Aid Society will be a leader in the provision of comprehensive human services for our community through our commitment to excellence, accountability, and adaptability.”

*Governing Board Approved April 25, 2006*

## Vision Statement

“To provide individuals and families opportunities to reach their full potential in a community that embraces differences.”

## Values

### SERVICE

We help people achieve their goals and improve their lives by providing a variety of human services to meet their needs and those of our community.

### RESPECT

We provide an environment where open communication is supported, diversity is appreciated, and positive regard is displayed towards everyone.

### CONFIDENTIALITY

We hold an individual’s right to privacy in the highest regard, protecting this right in accordance with applicable laws, regulations, and ethical standards.

### INTEGRITY

We are committed to the highest standards of ethical, legal, and moral conduct. We believe integrity is the basis for community trust.

### LEADERSHIP

We recognize our responsibility to provide information, guidance, and direction. We will make informed decisions, creating an atmosphere that inspires effective communication, fosters partnerships, and models dynamic leadership.

### TEAMWORK

We work together in a cooperative effort toward common goals to produce outcomes stronger than could be achieved by individuals.

# Our Programs & Services

## Drug & Alcohol Program

- Outpatient/Intensive Outpatient Treatment
- Certified Recovery Specialist
- Relapse Prevention Therapy
- Effective Safe Parenting
- Family Recovery Program
- Gambling Addictions Treatment
- Community Education/Prevention
- Tobacco Prevention

## Family Foundations Program

- Family Based In-Home Mental Health Service
- Evidence-Based Ecosystemic Structural Family Therapy
- Strength-Based, and Trauma-Informed Intensive Family Therapy Model
- Live Supervision and Consultation
- 24-Hour Crisis On-Call Availability

## Home & Community Services

- Assisting consumers across the Life Stages: Children & Families; Emerging Adults; Adults; and Older Adults, who are open with Venango County Mental Health and Developmental Services; Children, Youth and Family Services (CYFS) and Older Adult Services (OAS).

## Individual & Family Counseling

- Individual Adult, Adolescent, and Child Counseling
- Family Counseling
- EMDR Trained
- Marital, Grief, and Other Life Adjustment Problems
- Alternatives To Violence Groups
- Anger Management
- Supervised Visitation
- Trauma-Focused Cognitive-Behavioral Therapy

## PPC Violence Free Network & Shelter

- Emergency Shelter for Victims of Domestic & Sexual Violence and Other Serious Crimes
- 24-Hour Hotline
- Advocacy and Accompaniment
- Community and School Based Prevention and Education Programs
- First Response Team
- Protection From Abuse Orders (PFA's)
- Psychoeducational Groups
- Relocation Program
- Sexual Assault Response Team Member
- Short-Term Supportive Counseling

## School-Based Programs

### H.E.I.G.H.T.S.

A school-based behavioral health building-wide model that will provide support for students with multiple challenges through an eco-systemic therapy approach. This model stresses the development of positive relationships for students with their families, peer group, and community to build healthy attachments. The model is provided to identified students in grades K-8 at Hasson Heights Elementary and Oil City Middle School.

### O.C. P.R.E.P.

An integrated classroom model which provides school-based behavioral health interventions that promote strength-based therapy to support students with multiple challenges through an eco-systemic therapy approach. This model stresses the development of positive relationships for students with their families, peer group, and community to build healthy attachments. This model is provided to identified students in grades 9-12 who attend Oil City Senior High School.

## Venango Fatherhood Initiative

- 24/7 Dad: Fatherhood Program & Family Groups
- Donuts With Dad
- Inside Out Dad (Jail Groups)
- Evidence-Based "Relationship Smarts Plus 3.0"
- Annual Soapbox Derbies
- Events & Outings:
  - Fun with Father Day
  - Family Fishing Picnic
  - Family Movie Nights
  - Winterfest Family Sled Riding Party

## Youth Connection

Developing positive relationships that have a direct and lasting effect on the lives of young people through meaningful, monitored matches between adult volunteers (Mentors), and youth (Mentees) between the ages of 6-18 throughout Venango, Forest, Clarion & Eastern Crawford Counties. Youth Connection is a partner of the Mentoring Partnership of Southwest Pennsylvania.



## From our Executive Director

**Ten years in planning... one year to completion.**

***We built a home that will forever stay in our hearts and in our community!***

It has been a pivotal year for our Agency; setting in motion a year-long effort to complete the construction of a 24/7 shelter to house women, men, and their children who have been affected by domestic and sexual violence and other serious crime. With gratitude and joy, the groundbreaking ceremony was held on July 20, 2018 and moving day was on June 27, 2019. I felt so privileged to work along with staff to provide this home; a safe, warm, and welcoming place to go that is immediately available. Of course, this would not have been possible without the support from the Governing Board members who pledged one-half (\$750,000) of the overall construction cost of \$1,513,252 in Agency funds, and without the assistance of our Capital Campaign Chairs Bonnie Summers and Marie Veon, staff, and numerous trusts, foundations, businesses, congregations, social clubs, and individuals within our community.



Mary K Serafin

I am inspired by the work that we have accomplished throughout our programs. You'll note in this annual report that over the past year we have expanded our services by adding a Lead Counselor in the Drug & Alcohol Program, and at the request of Venango County Human Services added two (2) Certified Recovery Specialists positions. We have moved programs into new locations; provided opportunities for staff to enhance their skills through certification programs (17 staff graduated from the Opioid Certification Program at Venango Campus, three (3) staff received their licensure status—two (2) Licensed Social Workers and one (1) Licensed Clinical Social Worker, and two (2) staff received their Certification as Alcohol and Drug Counselors); we have established new partnerships between Youth Connection and The Mentoring Partnership of Southwest PA; and we have invested in a major upgrade to our phone system in the main office, Carone Center, and at the new shelter, with the intention of expanding to our Franklin location in the next fiscal year.

The new phone system is an IP telephone system utilizing Voice over IP (VoIP), or Internet telephone service, to transmit calls over the internet as opposed to the circuit-switched telephone service used by traditional land lines. One of the key advantages to IP telephone system is that whereas long-distance calls on a regular phone system can be cost prohibitive, the same calls on an IP phone system are free -- there are no fees beyond the cost of internet access. Now that being said, the biggest challenge of this new technology is the INTERNET in our rural area however, we have worked through the bumps in the road and are now enjoying the many advantages of this new advanced technology phone system. All of these accomplishments were possible because of our highly supportive Board of Directors, our generous community foundations and trusts, and our talented and dedicated staff.

In the following pages, you will read about how our programs change lives. But more powerfully, you will read about how our combined programs work together to ensure no one slips through the gaps in care that we know to be so pervasive for those struggling in the process of recovery with mental health and substance use disorders, behavior health issues, domestic and sexual violence, or those in need of educational/mentoring guidance following principles of recovery. It can take months, even years, to rebuild one's life, confidence, and dignity after experiencing these struggles.

Many thanks for your support and partnership in all that we do. Together we can continue to change lives.

Warmly,  
*Mary K Serafin*

# Our Financial Statements

## Statement of Revenue & Expense Fiscal Year Ending June 30, 2019

|                                      | Current Year<br>2018-19 | Prior Year<br>2017-18 | \$<br>Inc/Dec   |
|--------------------------------------|-------------------------|-----------------------|-----------------|
| <b>REVENUES:</b>                     |                         |                       |                 |
| Contributions                        | 30,193                  | 31,214                | (1,022)         |
| Annual Giving Campaign               | 6,990                   | 14,438                | (7,448)         |
| Special Events (Gross)               | 74,132                  | 79,844                | (5,713)         |
| Trusts and Bequests                  | 236,790                 | 184,234               | 52,556          |
| Capital Contributions                | 375,196                 | 202,109               | 173,087         |
| United Way Allocations               | 43,949                  | 49,987                | (6,039)         |
| Program Income                       | 3,635,491               | 3,402,697             | 232,794         |
| Operating Grants                     | 535,721                 | 537,131               | (1,410)         |
| Realized & Unrealized gains/(losses) | (5,418)                 | 49,261                | (54,679)        |
| Interest/Dividend Income             | 87,958                  | 44,937                | 43,021          |
| Miscellaneous                        | 17,354                  | 20,665                | (3,311)         |
| <b>TOTAL REVENUES</b>                | <b>5,038,355</b>        | <b>4,616,520</b>      | <b>421,836</b>  |
| <b>EXPENSES:</b>                     |                         |                       |                 |
| Salaries                             | 2,963,358               | 2,710,276             | 253,082         |
| Payroll Taxes                        | 240,039                 | 219,578               | 20,461          |
| Employee Benefits                    | 512,363                 | 475,103               | 37,259          |
| Conferences/Trainings                | 80,285                  | 44,217                | 36,068          |
| Professional Fees                    | 36,925                  | 40,420                | (3,494)         |
| Family Support Services              | 18,770                  | 29,164                | (10,394)        |
| Rent/Mortgage                        | 72,469                  | 67,630                | 4,838           |
| Utilities                            | 31,102                  | 28,110                | 2,992           |
| Corporate Insurances                 | 45,490                  | 43,686                | 1,804           |
| Building Maintenance                 | 28,590                  | 25,823                | 2,767           |
| Telephone/Cells & Pagers             | 46,286                  | 42,502                | 3,783           |
| Internet Services                    | 5,756                   | 5,576                 | 180             |
| Printing                             | 8,090                   | 8,837                 | (748)           |
| Postage                              | 5,973                   | 6,058                 | (85)            |
| PR/Advertising                       | 8,114                   | 15,254                | (7,140)         |
| Office Supplies                      | 35,535                  | 36,384                | (848)           |
| Consumables/Vol Training Supplies    | 6,029                   | 3,589                 | 2,440           |
| Rehab Supplies/Activities            | 71,497                  | 60,396                | 11,101          |
| Travel/Consumer Transportation       | 38,882                  | 35,918                | 2,964           |
| Subscription/Library                 | 1,405                   | 2,327                 | (923)           |
| Agency Dues/Memberships              | 9,705                   | 11,238                | (1,534)         |
| Fund Raising Expenses                | 23,485                  | 22,034                | 1,452           |
| Miscellaneous                        | 717                     | 656                   | 62              |
| Equip Rental/Maintenance             | 58,530                  | 54,956                | 3,573           |
| Equipment Purchases                  | 114,972                 | 6,033                 | 108,939         |
| Capital Improvements                 | 1,975                   | -                     | 1,975           |
| Depreciation                         | 91,644                  | 93,434                | (1,791)         |
| <b>TOTAL EXPENSES</b>                | <b>4,557,983</b>        | <b>4,089,200</b>      | <b>468,784</b>  |
| <b>NET PROFIT/(LOSS)</b>             | <b>480,372</b>          | <b>527,320</b>        | <b>(46,948)</b> |

Footnote:

2018-19 Figures Are Audited & Final

2017-18 Figures Are Audited & Final

Statement of Financial Position  
As of June 30, 2019

| <b>ASSETS</b>                              |                  |
|--|------------------|
| <b>Current Assets:</b>                     |                  |
| Cash & Checking                            | 1,701,245        |
| Accounts Receivable                        | 668,447          |
| Prepaid Expense                            | 68,968           |
|  | 2,438,661        |
| <b>Fixed Assets:</b>                       |                  |
| Real Estate                                | 2,137,587        |
| Renovations                                | 695,824          |
| Furniture & Equipment                      | 1,015,387        |
| Accumulated Depreciation                   | (1,553,021)      |
|  | 2,295,776        |
| <b>Other Assets:</b>                       |                  |
| Investments - Mutual Funds, Stocks & Bonds | 1,370,380        |
| Investments - CD's                         | 655,691          |
| Assets Held In Trust By Others             | 382,175          |
|  | 2,408,246        |
| <b>TOTAL ASSETS</b>                        | <b>7,142,683</b> |

| <b>LIABILITIES &amp; NET ASSETS</b>       |                  |
|---|------------------|
| <b>Current Liabilities:</b>               |                  |
| Accounts Payable                          | 60,895           |
| Accrued Payroll                           | 63,365           |
| Accrued Compensated Absences              | 36,457           |
| Unemployment Compensation Reserve         | 176,011          |
| Deferred Revenue                          | 127,500          |
|   | 464,228          |
| <b>Long-Term Liabilities:</b>             |                  |
| Loan - Bldgs & Grounds                    | 145,595          |
|   | 145,595          |
| <b>Net Assets:</b>                        |                  |
| Retained Earnings                         | 6,052,488        |
| Net Profit/(Loss)                         | 480,372          |
|   | 6,532,860        |
| <b>TOTAL LIABILITIES &amp; NET ASSETS</b> | <b>7,142,683</b> |

Footnote:

*Figures Are Audited & Final*

Minutes of Annual Meeting  
Days Inn in Oil City, PA ♦ September 25, 2018 - 4:00 pm

One hundred people were in attendance including six Governing Board members: Denise Jones, Courtney Cox, Vicky London, Bob Carone, Atty. Greg Merkel, and Major Smith; two Governing Board nominees; three Advisory Committee members; five guests; three consumers with five family members; and seventy-six staff members.

Governing Board President Denise Jones welcomed all those in attendance.

Executive Director Mary K Serafin thanked everyone for coming. She then introduced staff, Governing Board members and nominees, Advisory Committee members, guests, and speakers.

#### Annual Meeting

Denise Jones called the meeting to order at 4:20 pm.

#### Nominating Committee

- Courtney Cox presented the slate of renewals for a three (3)-year term renewal: Denise Jones (8<sup>th</sup> term); Bob Carone (5<sup>th</sup> term); Major Smith (3<sup>rd</sup> term).
- Courtney then presented the slate of nominees for a three (3)-year term: David Heinzer; Marilyn Kirkwood, Debra Sobina.
- Courtney also presented the slate of officers for a one (1)-year term: Denise Jones, President; Courtney Cox, Vice-President; and Bob Stubler, Secretary/Treasurer.
- Denise opened nominations up to the floor; there were none. The slate of renewals was approved with a motion from Courtney Cox, seconded by Vicky London. All others were in favor, none opposed. Motion carried.
- The slate of nominees was approved with a motion from Vicky London, seconded by Major Smith. All others were in favor, none opposed. Motion carried.
- The slate of officers was approved with a motion from Greg Merkel, seconded by Bob Carone. All others were in favor, none opposed. Motion carried.
- Denise presented the Advisory Committee resolutions for a one (1)-year term as representatives to the Governing Board: Jeff Ruditis, VFI - Approved with a motion from Major Smith, seconded by Greg Merkel. All others were in favor, none opposed. Motion carried. Vicky London, YC - Approved with a motion from Major Smith, seconded by Greg Merkel. All others were in favor, none opposed. Motion carried. Steve Mason, PPC - Approved with a motion from Major Smith, seconded by Greg Merkel. All others were in favor, none opposed. Motion carried.

The meeting was adjourned at 4:28 pm.

#### Service Awards

The following staff was recognized for years of service: 5 years – Cheryl Faulk, Stephanie Lee, Kalla Quigley, Rick Orłowski; 10 years – Ray Hawke, Larry Sherman; 15 years – Megan O’Neil; 20 years - Susan Kase, Mary K Serafin

The invocation was given by Anthony Rosario-Adams.

Dinner was served from 4:45 – 5:25 pm.

#### Guest Speakers

- Will Price from the United Way of Venango County thanked staff for what they do. He then informed staff about the services that UWVC offers to the community, and stated that FSCAS is their #1 giving charity for non-profits.
- Josiah was introduced by Anthony Rosario-Adams, Program Director for VFI. He stated that the Soapbox Derby creates great memories, and that he will promote the Fatherhood Groups to anyone who needs them.
- Bridget was introduced by Rick Orłowski, Program Director for the D&A Program. After initially fighting treatment, Bridget realized she could lose her child forever. She is now working hard to be the best mom and person she can be.
- Fay was introduced by Cindy Curran, Program Director for the Counseling Program. Faye has had a long journey of mental health treatment and can now say that she is no longer chemically dependent, and she now loves her life.

#### Closing Remarks

Denise closed by thanking the speakers for sharing their stories, and the staff of FSCAS for the way they help others. She then read the “Instructions For Life”, which included various ways to show compassion and love towards others.

Respectfully submitted by:  
Jennifer M. Swartz, Administrative Secretary



# Agency & Administration

## Staff Accomplishments

### 2018 August

Jerri Sanders obtained her certification as a Licensed Social Worker (LSW).

### November

Elijah Daubenspeck obtained his certification as a Certified Advanced Alcohol and Drug Counselor (CAADC).

### December

Cassie Harvey obtained her certification as a Licensed Social Worker (LSW).

Hillary Wisniewski obtained her certification as a Licensed Clinical Social Worker (LCSW).

Josh McLaughlin obtained his certification as a Certified Alcohol and Drug Counselor (CADC).

### 2019 February

Cindy Curran completed certification in Mindfulness Based Cognitive Therapy (MBCT).

### April

Night of Excellence at Clarion University—Venango. Bruce Fox and Beth Cubbon shared their experience participating in the Opioid Treatment Certification program.

### May

17 Agency staff members graduated from the Opioid Epidemic Certificate Program (*see list at right*).

## Annual Giving Campaign

The Annual Giving Campaign was held in December 2018 with 705 letters mailed to various corporations, businesses, and individuals. The appeal generated a response of **6,990!** These monies were used to assist with providing services in the following programs: *Individual & Family Counseling, Youth Connection, PPC Violence Free Network & Shelter, and Venango Fatherhood Initiative.*

## Staff Meeting In-Services

- ◆ Keith Eller, WorkPartners, Senior Account Manager; Live Solutions EAP - *Maintaining Respect in the Workplace; Managing Conflict in the Workplace*
- ◆ Trooper Michelle McGee, PA State Police - *Situational Awareness*
- ◆ Drew Ecklund, Retirement Plan Consultant, Northwest Retirement Services - *Retirement - Life Stages*
- ◆ Anne Bakker & Mary Jane Verhoff, Community Services - *Early Head Start and other programs up to age 3*
- ◆ Crystal Patterson, FSCAS, PPC Violence Free Network Program Director - *LGBTQIA Diversity*
- ◆ Jeff Storm, FSCAS, Offender Services - *The Legal System*

## Opioid Treatment Specialists

### D&A:

Trish Dillbone  
Bruce Fox  
Cassie Harvey  
Roberta McCalmont  
Katie McMichael  
Jerri Sanders  
Susan Scott  
Melanie Sparks  
Ed Stevenson

### Family Foundations:

Amanda Fedorek  
Taylor Heasley  
Ashley Nichols  
Devon Porterfield

### School-Based:

Beth Cubbon  
Stephanie Lee  
Sarah Peterson

### PPC:

Amber McMillen



From Back, Left to Right:  
Jenny Swartz, Administrative Secretary  
Tashana Downing, BA, HR Manager  
Dale Power, AS, Accountant  
Danielle Dick, AA, Fiscal Tech  
Susan Kase, AB, Administrative Assistant  
Mary K Serafin, AB, Executive Director  
Keri Downing-Carll, Clerk Receptionist

# Individual & Family Counseling

## Counseling Services

Although the Individual & Family Counseling Program is small in number, we are mighty in licensed, credentialed, and seasoned staff. Our program currently has two Licensed Clinical Social Workers (LCSW) and a Licensed Social Worker (LSW) who is working toward completing the requirements to sit for her clinical examination.

One of our LCSW's has completed the training for Trauma-Focused Cognitive-Behavioral Therapy (TF-CBT) and is currently working towards certification. The TF-CBT model is an evidence-based practice that is designed for use with children who have experienced trauma, and their caregiver(s). This same LCSW will soon complete the initial training for Eye Movement Desensitization and Reprocessing (EMDR). EMDR is a psychotherapy that enables people to heal from the symptoms and emotional distress that are the result of disturbing life experiences.

Our staff person who provides services to offenders brings over 30 years of experience in the law enforcement field in addition to the 7 years he has worked for the agency.

## Facebook Page

The Facebook page for the Individual & Family Counseling Program was launched on September 10, 2018. The page has included posts introducing the staff of the program, outlining services, providing information with regard to mental health (depression, anxiety, trauma, stigma, grief, and recovery), community resource news and information, child development, and supporting family and friends who are in emotional pain.

## Peer Review Groups

Peer review groups were revived in the Oil City office starting in May 2019. Each month a different topic is presented and agency staff members who are direct service providers are able to discuss best practices when working with program participants.

## Wellness Challenge

One of the LCSW's worked with Mary K Serafin, Executive Director, to implement an agency-wide Wellness Challenge. Each month a different challenge takes place and staff members who successfully complete each challenge are entered into a raffle for wellness-related prizes. The prize for the first drawing was a \$100 gift card to Dunham's.

## SUCCESS

**Creating a path to recovery and wellness.** *"I started therapy to help me handle adult children's rejection of me. I was in a very dark place in December through March. Without direction I don't know where I would be. I am allowed to bounce my ideas and thoughts off of Hillary. She listens and hears and understands. She gives me clear options and redirects me. I have learned I need to set boundaries for me to continue to grow. I recommend to anyone no matter what their issues to consider therapy. You can always need help and find a way out of darkness." -Counseling client testimonial*

**Increasing the overall quality of life.** *Two women who were suffering from both anxiety and depression regain their quality of life. Both women knew the value of meaningful work and felt trapped by the financial deprivations created by being unemployed. They wanted to get back in the work force, but their depression and anxiety hampered their ability to do so. Glenda utilized their sessions to teach them how their past traumas connected to their current problems. Both women benefited from conflict resolution and communication strategies as well. We built on their past successes and strengths, and the women were empowered to regain control of their lives.*



## Community Resource Coordination (CRC)

In the past year, many positive changes have been made to the position of Community Resource Coordinator (CRC). During October 2018, staff was able to attend the three day K-12 Student Assistance Program training and became an official member of the Titusville K-12 SAP team.

In April 2019, the Director of Student Services and the Program Director identified the need to change the way services were delivered through the CRC program. As a result, staff began rotating among the elementary schools in order to be more visible and available to students and their families. This has allowed staff to expand the services offered to include supportive counseling and psychoeducational groups to the students in the elementary schools.

From June 9-15, 2019 our CRC was invited to attend an intensive Trauma Informed Community Development (TICD) training in Pittsburgh with a team from Titusville. While there, the team learned strategies to expand on trauma-informed services in the community and how to work through the TICD framework. Our CRC is looking forward to finding new and creative ways to serve families in the Titusville community.



Cindy Curran, MSSA, LCSW, Program Director  
Hillary Wisniewski, MSW, LCSW, Therapist  
Jeff Storm, BA, Offender Services Caseworker



Rachael Rubaker, BS, Community Resource Coordinator  
Glenda Fulmer, MSW, LSW, Therapist

## SUCCESS

Conquering the overwhelming pressures of life. *"Rachael has been helping me, maneuvering through piles of paperwork, agencies, and programs that could help me get back on track. Since I was new to Pennsylvania, I did not know about the different programs that I was eligible to utilize and I felt lost. As a single mom with limited funds, I needed to budget our monies as efficiently as possible.*

*Due to my numerous debilitating conditions, I had a great deal of difficulty staying on task, much less completing one. She was always so encouraging and tolerant and reminded me that each step we made in our progress, no matter how tiny or insignificant I felt it was.*

*I am very thankful that my son and I found Rachael and Family Service and Children's Aid Society. Navigating through everything was truly too much for me to handle on my own." -CRC client testimonial*

## STATISTICS

|             |   |
|-------------|---|
| <b>216</b>  | <u>Individual &amp; Family Counseling</u> |
| <b>2139</b> | Individuals and families served           |
|             | Total appointments                        |
|             | <u>Community Resource Coord.</u>          |
| <b>45</b>   | Individuals served                        |
| <b>241</b>  | Total appointments                        |
|             | <u>Supervised Visitation</u>              |
| <b>7</b>    | Families served                           |
| <b>154</b>  | Total appointments                        |
|             | <u>Alternatives to Violence</u>           |
| <b>16</b>   | Individuals served                        |
| <b>149</b>  | Total appointments                        |
|             | <u>Anger Management</u>                   |
| <b>11</b>   | Individuals served                        |
| <b>69</b>   | Total appointments                        |



Effective July 1, 2018, the program officially made the transition from Big Brothers Big Sisters of the Oil Region to **Youth Connection**. To assist us on our new venture, Youth Connection (YC) became a program partner of The Mentoring Partnership of Southwest PA, which will provide support, training, and technical assistance on various aspects of program development and implementation.

### Kelly Harris is named “Mentor of the Year”

All of the youth were asked to submit nominations with reasons why their mentor should be honored as “Mentor of the Year”. Kelly’s mentee, Jazmine, wrote a letter about her mentor.

Jazmine wrote: “Kelly is such a wonderful person to be around and always so cheerful. Kelly has helped me through some tough times that I have been through. She has helped me feel more comfortable around other people and helped me have more friends and not be so much of a loner. She has made sure to try her best to come to my events at school to show her support. I just want to say thank you and that I love her!”

Jazmine’s aunt Valerie also expressed her appreciation for Kelly: “Every day I am so thankful Kelly was brought into our family’s life as she has a heart of gold. I truly feel she has done everything right with Jaz and I just want her to know how much we love and appreciate her.”



“Mentor of the Year” Kelly and Jazmine

### Happy Graduation Dusty & Mentor Hannah!!

Dusty and her Mentor Hannah have been matched for over two years and have established a friendship that will last well beyond their time in our program.

Hannah couldn't be more proud of all the hard work her mentee did leading up to graduating from high school this month. She is excited for Dusty's future and knows there are endless possibilities ahead for her.

Hanna and Dusty have shared some wonderful times together over the past two years and both stated that it didn't matter the activity, they both just enjoyed having fun together. Some of their more memorable activities included going to the movies, crafting, baking, trying new restaurants, and exploring local history. Last year they even took a road trip to Hershey Park for the day! Hanna and Dusty have also been dedicated volunteers with the program by helping out at Bowl-A-Palooza.



Since matched with Hannah, Dusty has become more confident and is able to express herself more openly. Hannah noted that Dusty has developed a more positive attitude and has grown into a strong, determined young woman. Whenever she has been asked to help with something she never hesitates; she shows up with a smile and a willingness to help others.

Dusty feels Hannah has been the best mentor she could ask for and she is so happy that Hannah has become part of her life. Even though their time with the program may be ending, Dusty knows she has a person she can count on for the rest of her life. Hannah cannot believe how fast time has flown, and while she is sad they will be graduating from the program, she knows that she and Dusty will remain close.



“Happy Graduation” Dusty and Mentor Hannah

Everyone at Youth Connection wishes Dusty the very best in her future and hopes she remembers that no matter where she may go, she will always have the support and encouragement of her YC family and her mentor!

## Match Activities

Youth Connection holds activities throughout the year to provide opportunities for our mentors, mentees and youth on the waitlist to meet others and socialize while trying something new and getting involved in the community. Here are a few of those activities:

- Pittsburgh Pirates bus trip with Venango Fatherhood Initiative
- Bowl-A-Palooza at Mt. Joy Lanes
- Bowl-A-Palooza at LinVan Lanes
- Bowl-A-Palooza at Seneca Lanes
- Christmas Party at Seneca Lanes
- Christmas Party at Rink Family Fun Center
- VARHA
- Movie Event, *How to Train Your Dragon: The Hidden Word*
- Planetarium Show at Clarion University
- Roller Skating at Skate Capital
- OC&T Train Ride



Jessica Walters, MA  
Program Director



Chana Hopkins, BS  
Match Support Specialist

## STATISTICS

|             |   |
|-------------|---|
| <b>21</b>   | <a href="#">Venango-Forest</a>          |
|             | Total matches                           |
| <b>37</b>   | Children on wait list                   |
| <b>12</b>   | <a href="#">Clarion</a>                 |
|             | Total matches                           |
| <b>11</b>   | Children on wait list                   |
| <b>14</b>   | <a href="#">Eastern Crawford</a>        |
|             | Total matches                           |
| <b>13</b>   | Children on wait list                   |
| <b>13</b>   | <a href="#">Community Presentations</a> |
|             | Total presentations                     |
| <b>332</b>  | Total attendance                        |
| <b>23</b>   | <a href="#">Special Events</a>          |
|             | Total held                              |
| <b>86</b>   | Youth in attendance                     |
| <b>2745</b> | Total attendance                        |



www.facebook.com  
/YouthConnectionFSCAS



# Drug & Alcohol Program

The Drug & Alcohol Program staff are committed to treating and educating adolescent and adult individuals and their families who have substance use or dependency issues. The Outpatient/Intensive Outpatient mission is to strengthen the lives of families and individuals, building on existing, personal and family strengths, and reducing emotional and environmental stressors through treatment and education. The D&A Program maintains full licensure status from the Pennsylvania Drug & Alcohol Program Division, (DDAP) with four licensed facilities; two in Oil City and one each in Franklin and Titusville.

## Outpatient Program (OP)

The 2018-2019 year was a busy and challenging one with the opioid epidemic and continued use/abuse of alcohol, marijuana, and methamphetamine to name a few. Alcohol and other drug dependence is considered by our professional staff as an insidious disease, which is progressive in nature and can be interrupted through professional treatment but not cured. For this reason, one of the primary goals of treatment for the alcoholic and/or drug dependent individual is continued meaningful abstinence from mood altering drugs and to help the client return to the workplace, family, and community.

Individuals in treatment can expect to receive clinically driven and individualized care. The therapist and client partner together to identify areas effected by alcohol and substance use and to develop working goals to address these areas.

## Intensive Outpatient Program (IOP)

Because of the opioid crisis in our area, frequently the IOP program had to offer an additional group to accommodate the number of individuals needing Intensive Outpatient Treatment. IOP utilizes group and individual therapy weekly to help the clients with achieving their treatment goals.

## Relapse Prevention Therapy (RPT)

The Relapse Prevention Therapy (RPT) continues to run strong. Many of our participants are also involved with the Problem Solving Court. RPT is a nice step down process for the participants where we continue to challenge thinking and decision-making skills that will support their recovery maintenance. RPT continues to focus on individuals that have had some success in recovery, but seem to struggle in one or two areas that complicate long term success. The group process allows them to provide feedback and develop goals through collaboration with others. It also provides support for each of them.

***“One Hot Soup Sandwich on the side please”***

The RPT participants have a diverse sense of humor and skill sets to offer! One participant in particular stands out this year for the quote of “I’m a hot soup

## SUCCESS

*“I really enjoyed working with my counselor as she was very supportive and gave me good directions on the road of my recovery.” -OP client testimonial*

*“My experience in IOP Groups with the therapists was awesome. They had me see I have an addiction problem and why I need to stay clean.” -IOP client testimonial*

*“RPT is a great program to learn about how a situation can easily cause a person to slip back into using. It will prepare you to better handle yourself for when situations like those arise. Relapse Prevention Therapy prepared me for what lies ahead. Feel free to join our team and take a look around.” -RPT client testimonial*

sandwich” when asked how they were feeling that day. By the time RPT participants are done with the Relapse Prevention Therapy Program they have learned new skills that will allow them to become a more balanced meal in recovery.

While it is possible to assist an alcoholic and/or drug dependent individual in interrupting the disease, the ability to maintain abstinence is directly correlated with the ability of the nuclear family unit to understand the impact the disease has had on the relationship system and the functioning positions of the family unit. Therefore, all drug and alcohol treatment is viewed from a family systems perspective.



RPT Group Session in the Oil City Office

## Family Recovery Program (FRP)

The Family Recovery Program (FRP) uses a strength-based Eco-systemic Structural Family Therapy Model and combines traditional drug and alcohol models to partner with the family to increase the individual’s and family’s ability to support and maintain a recovery-based atmosphere within the home. The program is designed to decrease out-of-home placements by supporting the parents in achieving a substance-free lifestyle. The FRP team meets with the family members throughout the week in their homes. Positive change occurring within the individual and family is a moving thing to witness.

## Certified Recovery Specialist (CRS)

The Certified Recovery Specialist (CRS) assists individuals early in recovery by connecting them to various pathways to recovery. The CRS receives referrals from a wide variety of referral sources such as treatment providers, problem solving court, case management, and others. This is a strength-based program, which directs the individual to develop their own plan that will ultimately work for him/her with the assistance of the CRS. The CRS also helps connect individuals to various supports in the community and assists them with transportation, housing, clothing, food, and employment. Emergencies do arise when a person is without a place to live and then it’s a race to find him/her housing and emergency food.

## SUCCESS

*“Everyone I knew (family, friends, and service providers) did not believe I had any good in me or that I could change, and I believed them. I did not believe in myself or that I could change or that things could get better. You gave me hope and did not see me as a failure because my life was in chaos. Because you always pointed out things that I was doing well, I began to look at myself differently. Thank you.” -FRP family testimonial*

*“I am grateful for the CRS in my life. It was her belief in my ability to recover and her example of what I will gain in recovery that has inspired me and motivates me.” - CRS client testimonial*

There are also times when they just need to talk to someone in order not to relapse and find a solution that will help him/her work out a problem.

The CRS is mainly there for support and recovery in many aspects of the new recovering individual's life. This is a rewarding position to see those early in recovery keep coming back for help. We do have those who relapse. With relapse however, comes experience through learning and hope for a new life to live free from addiction.

## Effective Safe Parenting (ESP)

Effective Safe Parenting (ESP) is a service program designed to help the family reunify with their children and maintain a substance-free lifestyle. The goal of the program is to promote family unity and decrease out-of-home placements. The ESP team member partners with the family to provide a safe and stable environment for their children by supporting the parents in achieving a substance-free lifestyle. The ESP team meets individually throughout the week with families in their home to stabilize families by connecting them to services and helping to eliminate barriers. Barriers can include lack of family or community supports, financial, housing, transportation, and other basic survival needs.

ESP staff held four activities this year designed to promote sober fun to foster parent/child attachment. These family activities are 100% paid for from ESP fundraising efforts throughout the year in order to allow families to have zero cost in attending these events. Seasonal activities included a family picnic and swimming day at Two Mile Run County Park. A fall Halloween dinner and costume party was held with prizes and Halloween games. A Christmas dinner was held with Santa providing gifts to the children; and while the snow was still melting, spring was celebrated by having a family dinner and Easter Egg Coloring night. The Easter bunny hopped in after the children sang "Here Comes Peter Cottontail." ESP staff also supported families in taking part in the FSCAS events: Free Movie Nights and Shop with a Hero, as well as other community events.



ESP families Easter Party

## SUCCESS

*"Even after I threw you all out, you hung in there with me when others just quit on me. You proved to me that you did care about me and my family." -ESP family testimonial*

*"I'm so glad you came into my life. I have hope." -ESP family testimonial*

## Pathways Adolescent Outpatient Program

2018-2019 was an exciting year at Pathways Adolescent Center counseling office, as this year completed a full year of services. Adolescents receive weekly individual and group sessions. Unfortunately, adolescents are reporting a much earlier onset of use, some being as young as 7 years old, which has resulted in adolescents entering treatment at an earlier age. Although alcohol and marijuana continue to be the top substances of abuse, nationally the adolescent population trends show an increase in the use of prescription medications and synthetics. On the local level, the use of prescription medications mirrors that of the national, as adolescents are reporting using opiates, k2, and non-prescribed Suboxone. The loss of hope experienced by adolescents in treatment was so alarming that our Pathways therapist has created an affirmation wall where each individual chooses an affirmation that speaks to them and offers them hope.



Pathways Affirmation Wall

## SUCCESS

*"I have learned to understand what peer and family pressure looks like and to learn how I can better handle it when I return home." - Pathways youth testimonial*

## Prevention

The D&A Prevention Program provided the most current information on alcohol, tobacco, and other drugs; drug trends; treatment; and other related issues by offering educational and informational programs in local schools and to the community.

Through our many programs, we provided individuals and families with a safe environment designed to encourage and promote decision-making skills, create relational awareness between alcohol and substance use and the effects on the individual and family. Most of all, the D&A staff provided hope and support for change.

A financial statement of the Drug and Alcohol Program's income and expenses is available at Family Service & Children's Aid Society to any interested parties. Please call (814) 432-3466 for further information.





From Top, Left to Right:  
 Bruce Fox, BS, CADC, Therapist  
 Elijah Daubenspeck, MA, CAADC, Therapist  
 Jayme Wolbert, BA, CADC, Therapist  
 Cheryl Faulk, AB, Fiscal Tech  
 Lana Jolley, BA, Certified Recovery Specialist  
 Lisa Latshaw-Cielepak, BS, Therapist  
 Tai Dean, CRS, Certified Recovery Specialist  
 Rebecca Schrecengost, ASN, CRS, Certified Recovery Specialist  
 Josh McLaughlin, BS, CADC, Lead Therapist  
 Brittni Willyoung, BS, Therapist  
 Karen McNatt, BA, Therapist  
 Tisha Urey, AB, Fiscal Tech  
*Absent:* Peggy Grove, Clerk Receptionist  
 Larry Sherman, M.Ed, Transportation

From Top, Left to Right:  
 Rick Orłowski, BA, CADC, Program Director  
 James Grove, M.Ed, Therapist  
 Brenda Gilmore, Clerk Receptionist  
 Ed Stephenson, BS, CADC, Therapist  
 Julie Smith, Clerk Receptionist  
 Beryl Flickner, Transportation  
 Melanie Sparks, MS, CAADC, MHFBP, Lead Family Therapist  
 Jerri Sanders, MSW, LSW, CADC, Clinical Supervisor  
 Cassie Harvey, MSW, LSW, Social Worker  
 Roberta, McCalmont, RN, Community Health Nurse  
 Trish Dilbone, BA, CRS, Therapist  
 Susan Scott, MMT, CADC, Therapist  
 Katie McMichael, BS, CADC, Family Therapist  
 Nancy VanTassell, CADC, Parent Educator  
 Kalla Quigley, BS, CADC, Clinical Supervisor  
 Lynne Everett, BA, CADC, Therapist

## STATISTICS

**703** Outpatient (OP)  
 Individuals served (Venango Cty)  
**6056** Total appointments (Venango Cty)  
**181** Individuals served (Crawford Cty)  
**1794** Total appointments (Crawford Cty)  
Intensive Outpatient (IOP)  
**110** Individuals served  
**104** Group sessions held  
**1529** Total appointments  
Relapse Prevention Therapy (RPT)  
**22** Individuals served  
**50** Group sessions held  
**506** Total appointments  
Family Recovery Program (FRP)  
**85** Families served  
**537** Total appointments (visits)  
Effective Safe Parenting (ESP)  
**99** Individuals served  
**890** Total appointments

Pathways Adolescent Center  
**77** Individuals served  
**82** Group sessions held  
**1503** Total appointments  
Certified Recovery Specialist (CRS)  
**52** Individuals served  
**717** Total appointments  
Student Assistance Program (SAP)  
**57** Individuals served (Venango Cty)  
**442** Total appointments (Venango Cty)  
**6** Individuals served (Crawford Cty)  
**38** Total appointments (Crawford Cty)  
Community Education/Prevention  
**521** ATOD hours  
**8** TAP/TEG hours  
**49** Outreach hours  
**60** Gambling hours



# Family Foundations Program

Family Based Mental Health Services utilizes a unique approach to family systems therapy. The Eco-Systemic Structural Family Therapy model promotes caregiver engagement to develop four pillars of treatment that include attachment, self-regulation, co-caregiver alliance and executive functioning to reduce children's severe emotional disturbances, reduce out of home placements and keep families intact.

On any given day, the therapists perform a variety of clinical interventions that support families in keeping their children in the home, stabilizing the home environment, and providing love and attunement. We say that we do "whatever it takes" and that "we are nothing if we are not flexible". Flexibility and perseverance are really two of the most valuable traits of our therapists.

All clinicians are required to complete a three-year training, submit competency reviews, and take a state exam. This year, Ryan Pecone submitted her competency and passed in April, being granted permission to take the state exam in July 2019.

Additionally, the children's bureau partnered with our three training centers across the state, collaborating to revise our state exam. Amanda Fedorek was selected to participate in a group of about thirty participants, in creating new exam questions, and was further honored to be chosen as one of six to finalize the submission of the revised state exam. We are incredibly proud of these accomplishments.



Amanda Fedorek, MHFBP

## SUCCESS

**Helping families grow closer.** "I was unsure what to expect when my child was referred to Family Service. It turned out to be an experience that improved my whole family. Family Service helped my family grow closer, communicate better and meet goals. Through Family Service we were able to participate in programs that brought our family closer to the community. It has been a whole positive experience to my family." - Family testimonial

**Strengthening the family bond.** "Our experience with the Family Based Services has been wonderful! Throughout the course of our time with them, they've helped us to better understand different parenting methods and offer support through various programs and activities both in home and around the community. Our therapists engaged with us in a friendly and professional manner, and made it clear that they weren't there to judge us, but support us and help us understand our roles as parents.

Our child has shown significant improvement in attitude, social skills, reasoning and coping skills since the program started. We never had the feeling of dread whenever they came by, instead we were excited to see them. Each visit felt more like a friend/family stopping by instead of a therapist!

We have and will continue to recommend them to many of our friends and family." -Family testimonial



- Left to Right:  
Sarah Young, MSW, Family Therapist  
Deborah Letke, Fiscal Tech  
Amanda Fedorek, BS, MHFBP, Family Therapist  
Ashley Nichols, MS, MHFBP, Program Director  
Devon Porterfield, BS, Family Therapist  
Nicole Englert, BS, Family Therapist  
Ryan Pecone, BS, Family Therapist  
Taylor Heasley, BA, Family Therapist

## STATISTICS

**85** Family Foundations  
**3833** Families served  
Total appointments

# Home & Community Services

The past fiscal year for the Home & Community Services (H&CS) program has been a trying one. The program has been down an employee for the better part of the year. This was due to employee movement as well as for personal and medical reasons.

Throughout this time, the staff of H&CS has pulled together to assist the individuals they serve. This has allowed two elderly gentlemen to live independently in their own apartments. Staff has been able to assist an individual who became homeless in securing safe, affordable housing. H&CS staff has also been able to connect 55% of our individuals with local community supports including food and clothing banks, free-lunch programs, as well as programs that offer assistance with rent, utility bills, and household goods and furniture.

During this time the program was monitored for Program and Fiscal responsibilities by Venango County Human Services and received an overall 99.58% for compliance. The program was also monitored by Older Adult Services and received 100% compliance. These scores reflect the dedication the program's staff has to providing the consistent high level of service the Agency is known for.

## SUCCESS

*Improving living conditions. JL is working with Home & Community Services through the CYFS Parent Support program. JL's son has been removed from their home due to poor living conditions as well as JL's drug use. JL is working on his addictions through out-patient therapy.*

*While he addresses his addictions, JL has expressed his desire to have his son returned to him. JL is working on creating a clean safe home environment for his son to come home to. JL and his Direct Service Worker (DSW) identify potential hazards and ways to fix or safely store the hazards. He has been working with his DSW in cleaning and organizing his home.*

*JL has stated that "Deb has helped me be able to see my home differently."*

## STATISTICS

|      | <u>Home &amp; Community Services</u> |
|------|--------------------------------------|
| 8    | MH Individuals served                |
| 18   | ID Individuals served                |
| 12   | OAS Individuals served               |
| 29   | CYFS Individuals served              |
| 2177 | Total appointments                   |



JL's home—  
before and after



Left to Right:  
Michelle Burris, AS, Direct Service Worker  
Deborah Smalley, Direct Service Worker  
Stanley Benven, BS, Program Director  
Mary Wilson, ASB, Direct Service Worker  
Jacquie Grossman, AS, Direct Service Worker  
Absent: Ray Hawke, Direct Service Worker



Venango Fatherhood Initiative (VFI) was formed in 1998 as a volunteer effort. The program’s goal is to improve the lives of children in Venango County by increasing the number of children growing up with involved, responsible, and dedicated fathers. Staff provides support, counseling, education, and advocacy to help strengthen the bonds between fathers and their families.

VFI, in conjunction with Youth Connection, was able to take 119 people to a Pittsburgh Pirate game on June 22, 2019 thanks to Youth Philanthropy, Samuel Justus Charitable Trust Grant, and Allegheny Toyota. This included a tailgate experience at PNC Park and a chance for all the kids to go down to the field to have their picture taken.

VFI had the privilege of presenting at the Fatherhood Symposium located at SCI Forest in June 2019. There were 109 men in attendance.



**P FAMILY SERVICES**  
PNC Park, June 22, 2019

Pirates event June 2019



**P FAMILY SERVICES**  
PNC Park, June 22, 2019

## Programs and Events

**24/7 Dad: Fatherhood Program & Family Groups:** Offered quarterly to fathers, father-figures, their partners, and children. This 8-week, 16-hour program focuses on five concepts that cover the essential knowledge, attitudes, beliefs, and practices that fathers need to be the best dads they can be 24 hours a day, 7 days a week.



Soapbox Derby 2018

**Relationship Smarts PLUS 3.0:** This is a lively 12-lesson evidence-based relationship skills curriculum for teenagers age 13-18. It appeals to teenagers’ aspirations and empowers them with skills needed to form and maintain healthy relationships, make wise sexual choices, and work toward their goals.

**Inside-Out Dad:** Provides groups inside the Venango County Prison that focus on how men can improve their fathering skills and remain connected with their children while in jail.



Family Fishing Day

**Donuts with Dad:** Provides fathers with an opportunity to spend some extra time with their children, forge memories, and become more engaged in their child’s education. VFI served 322 dozen donuts throughout the 2018-2019 school year. That’s a total of 3,864 donuts!

**Soapbox Derby:** The 17th Annual Soapbox Derby was held on Central Avenue in Oil City on July 7, 2018 with 16 racers. The Rocky Grove Soapbox Derby was held on July 21, 2018 with 17 racers. About 120 spectators attended each event.

**Annual VFI Calendar:** Features drawings from area elementary school students of their favorite activities with their fathers or father-figures. The calendars are distributed to local businesses and are free to the community.



Anthony Rosario-Adams, BA,  
Program Director

**Family Activities & Events:** Fun with Father Picnic, Family Fishing Day, Family Movie Nights, Pirate game and the Winterfest Sled Riding Party.

## STATISTICS

|             |                                     |
|-------------|-------------------------------------|
|             | <u>24/7 Dad &amp; Family Groups</u> |
| <b>37</b>   | Individual participants             |
| <b>15</b>   | Number graduated                    |
|             | <u>Turning Point</u>                |
| <b>92</b>   | Individual participants             |
| <b>0</b>    | Number graduated                    |
|             | <u>Inside Out Dad</u>               |
| <b>52</b>   | Individual participants             |
| <b>9</b>    | Number graduated                    |
|             | <u>Donuts With Dad</u>              |
| <b>9</b>    | Programs Held                       |
| <b>1989</b> | Total attendance                    |
|             | <u>Soapbox Derby (2 events)</u>     |
| <b>33</b>   | Youth participants                  |
| <b>325</b>  | Total attendance                    |
|             | <u>Activities &amp; Events</u>      |
| <b>12</b>   | Events held                         |
| <b>1017</b> | Total attendance                    |
|             | <u>Agency Presentations</u>         |
| <b>5</b>    | Community presentations             |
| <b>147</b>  | Total attendance                    |





# School-Based Programs

## OIL CITY P.R.E.P. INTEGRATED CLASSROOM

During the 2018-2019 school year, the OC PREP students participated in a teacher appreciation project to help the students practice generosity and show appreciation. They worked together to create ornaments that contained treats for the teachers, then delivered them personally to the teachers in the school. Students also continued to participate in the school-wide recycling program as a community service project in conjunction with Polk Center.



O.C. P.R.E.P. activities



## SUCCESS

**Happy Graduation!** *The OC PREP program had 3 students successfully graduate from high school this year. They worked really hard on their goals. One of those students is working with the Transitions program through Regional Counseling Center, and is currently in a program at Laurel Technical Institute to be a veterinary technician. She also is volunteering at Precious Paws animal shelter. Another of the three hopes to be a chef and is looking for programming in that field. The third senior works with a local volunteer firefighting organization and completed the forestry program through Vo-Tech.*

## SUCCESS

**Learning to control anger.** *A student at Hasson came into the program with significant physical aggression. She would throw desks and objects at other people, and push and hit her peers. She had physical trouble writing, and that was often a trigger for her aggression. She's a very intelligent student who knew the material but struggled to use her hands to put the information on paper. She worked very hard to learn how her brain processes information and to practice ways to calm her impulses and her anger. By the end of the year, she was able to maintain throughout the day in her classroom, complete her work in the same timeframe as her peers, and stated that she wants to be a writer when she grows up.*

**Learning to handle family stresses.** *Another Hasson student was having a lot of family problems at home. Her mother was struggling to pay the bills despite working as many hours as she could at her place of employment. The HEIGHTS Family Liaison and the BIS staff worked together to provide eco-systemic support in both environments. The outcome was that both the mother and the student showed decreased anxiety. The mother was able to advocate for herself in the community to sign up for additional community resource support, and to get glasses for her daughter. By the end of the school year, the mother reported that she felt more empowered and both the mother and student showed confidence in their actions. At school, the student demonstrated significant increases in her own generosity to others as she was receiving help herself.*

## THE H.E.I.G.H.T.S. PROGRAM

### HASSON ELEMENTARY

The theme for the 2018-2019 school year for the Hasson site was Camp HEIGHTS. The students participated in a tissue drive that benefitted the classrooms in the school.



Hasson Elementary activities



# THE H.E.I.G.H.T.S. PROGRAM

## MIDDLE SCHOOL

The theme for the 2018-2019 year at the Middle School site was HEIGHTS Explorers.

Staff worked closely with the school administrators to bring the HEIGHTS program clinical language into the school-wide behavior program called the "Oiler Way". Staff worked alongside teachers to provide training on the Circle of Courage assessment that HEIGHTS uses, and how it will be incorporated in the behavior matrix the teachers use. This is an ongoing project to help make the HEIGHTS program and the school-wide behavior plan as seamless as possible, increasing the efficacy of the communication between teachers and HEIGHTS staff on behalf of the students.



Middle School activities

## SUCCESS

**Improving anger and communication.** *One student at the middle school displayed a lot of anger and impulse control problems in her classrooms. HEIGHTS staff helped her realize her strength as an artist and how to use art as a calming way to cope with her big emotions. She was able to begin communicating better with her teachers when she needed to take a break, and then use an appropriate skill like drawing to help herself calm down.*

**Increasing social skills.** *Another student with poor impulse control was the focus of bullying from other students. He struggled to make friends and often was socially isolated. Staff helped him practice his social skills in a safe way with other peers, and watched as his skill improved. He learned to stop and think before he acted, and as he gained control over himself, he became more involved in school activities. He joined the school play and demonstrated patience and team work on stage. He also was able to begin to learn an instrument and join the band.*



## STATISTICS

O.C. P.R.E.P.

**18** Total students  
**144** Number of times students seen

H.E.I.G.H.T.S.

**17** Total students Hasson Elementary  
**100** Number of times students seen  
**15** Total students Middle School  
**165** Number of times students seen



Amy Tate, BA, BIS  
Eric Hoover, BS, BIS  
Mary Baker, BSW, BIS  
Beth Cubbon, BA, Family Liaison  
Stephanie Lee, MA, Clinical Manager  
Dale Colford, BS, BIS



Kayla Sherman, BS, BIS  
Hope Taneyhill, BSW, BIS  
Frann Lantz, BS, BIS  
Amanda Pica, MS, Program Director  
Alisha Edeburn, MA, LPC, BIS



Shaun Burke, MA, BIS  
Sarah Peterson, M.Ed, BIS  
David Owens, BA, BIS





A Multi-Service Network for Victims in Crisis

**FSCAS and PPC wishes to thank the following:**

Dr. & Mrs. Arthur W. Phillips Charitable Trust  
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 Rod & Judy Creel  
 Beverly & Henry B. Suhr, Jr.  
 Elizabeth S. Black Charitable Trust

Roser Technologies, Inc.  
 E.V. & J.L. Peters Charitable Trust  
 Electralloy  
 National Fuel Gas Co. Foundation  
 Paul & Ellen Flickner Charitable Fund  
 Gates & Burns Realty  
 Capital Campaign Committee



City of Franklin & Sugar Creek Borough  
 Fine Design Furniture, Inc.  
 Fire Fighter Sales & Service Co.  
 Franklin Concrete Products  
 G&G Builder's Hardware  
 Gravatt Painting & Services, Inc.  
 Homan Specialty Roofing  
 The Home Depot Foundation  
 Industrial Welding & Fabricating Co.  
 J & L Seamless Gutters  
 Joe Klapac & Son, Inc.  
 Kessler Fencing

Kurelowech Computer Svc.  
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 Schindler Elevator Corp.  
 Spatz Mechanical  
 USA Choice Internet Svc.  
 Venango Glass  
 Wasson Electric  
 The Wilkins Company



Advanced Insulation Solutions  
 Antonucci Masonry, Inc.  
 BP Masonry, LLC  
 Blair's Key Locksmith  
 Changing Times Telephone Svc.



Ground Breaking Ceremony July 20, 2018



The New PPC Shelter June 2019!

Support for the Capital Campaign has been amazing. As of June 30, 2019 we have raised \$577,305 (77% of the \$750,000 goal) due to the support from relationships formed with new foundations, local trusts, individuals within the community, and the tireless efforts of co-chairs Bonnie Summers and Marie Veon, who have been instrumental in soliciting donors for this project.

**PRESENTING THE NEW PPC SHELTER!!**

During the fiscal year 2018-2019, a total of 52 individuals including 30 adults and 22 children stayed at shelter. 2018 has been busy for PPC in that we began construction of the new emergency shelter facility. The new shelter, located in the County Seat, doubles the previous shelters' square footage and includes ADA accommodations. Fundraising, grant writing, and community outreach has been, and is still a top priority for PPC staff and senior management within the Agency. The new shelter, located next to the Professional Building in Franklin, is a beautiful, state of the art "smart building".



**CHILDREN'S ADVOCACY**

PPC offers a variety of supportive services for children of all ages who have experienced, or witnessed, domestic violence, sexual abuse, or other serious crimes. Services offered to children residing in shelter include an orientation to shelter, weekly supportive counseling appointments, needs assessments, children's group, and assistance with referrals. PPC's Child Advocate works

with parents to help them develop strategies to support their children. Activities are age-appropriate and focus on common themes such as self-esteem, boundaries, developing positive coping skills, and healthy relationships. Children's Advocacy also includes accompaniment during legal proceedings and advocacy with community agencies.

## LAW ENFORCEMENT LIAISON

PPC's Law Enforcement Liaison continues to work closely with local law enforcement personnel in the provision of early outreach to individuals who have experienced domestic and sexual violence. The liaison trains police officers on how to conduct Lethality Assessments. Lethality Assessments allow first responders to ask specific questions that are related to the likelihood of a domestic violence situation resulting in a homicide.

## SUPPORTIVE COUNSELING & FINANCIAL LITERACY

PPC Violence Free Network continues to provide supportive counseling to individuals who have experienced domestic and sexual violence and their significant others. Group services also continue to be provided to women residing in the Venango County Jail and Freedom Center. This year began an NA meeting/group provided to residents that express desire for an "in house" NA meeting.



2018 Winning Team-PPC Golf Scramble

## FUNDRAISER

PPC's 19th Annual Golf Scramble was held on August 18, 2018 at Hi-Level Golf Course in Kossuth. A total of 30 teams participated in the scramble. Prizes were awarded for 1st, 2nd, and 3rd places (half cash and half Pro Shop credits). A total of \$16,962 was raised.

## DOMESTIC VIOLENCE AWARENESS MONTH

PPC hosted a number of community events during the month of October to raise awareness about domestic violence. Once again PPC partnered with local organizations in order to host the "Faces of Trauma and Healing" project, where survivors created artistic mask displays, telling their truth, trauma and path to healing.

Ribbons that represented individuals who experienced domestic violence during the 2018-2019 fiscal year were displayed at the Venango County Courthouse. The 593 ribbons represented the individuals in Venango County who were assisted by PPC.

PPC again partnered with the Venango County Sheriff's Office to offer self-defense classes to community members. Classes were free of charge and took place at the Oil City YWCA, Oil City YMCA, and Franklin YMCA.

## SEXUAL ASSAULT AWARENESS MONTH

On April 28, 2019 PPC held their 6th Annual Walk a Mile in Her Shoes®: The International Men's March to Stop Rape, Sexual Assault & Gender Violence. This event makes a clear statement and grabs the community's attention in a powerful way, facilitating a better understanding of sexual assault, the dynamics thereof, and how to approach or reach out to survivors. "I ASK" was this year's mantra. Rachel Rakovan, Miss Allegheny County PA for America, shared her experience to a crowd of 80-100 individuals.



Walk a Mile in Her Shoes® 2019

## COMMUNITY SUPPORT & OUTREACH

The Prevention Education and Outreach Department (PE) partnered again with Child Development Centers (CDC) at the Franklin, Hasson Heights, and Cranberry Centers to provide six (6) summer sessions for all students in K-6th grade.

PPC's Prevention Education specialists spent seven (7) weeks at Valley Grove, Sandy Creek, and Central Elementary schools with students in K-4th grade completing Too Good for Violence lessons. Additionally, staff presented programs at St. Stephen and St. Patrick schools to all students in Pre-K-11th grade.

Prevention Education staff worked with local youth at Youth Alternatives in Franklin and Oil City. They were also able to be at community events such as The Venango County Recovery Event, Children's Day at the Cranberry Mall, the Teddy Bear Picnic, Walk a Mile in Her Shoes®, as well as hosting Santa's Toy Land during Christmas Past in Oil City.

PE staff members continue to work with Freedom Center on a weekly basis to provide education for the women residing in that facility, and present a variety of important topics to the IU-6 classroom at Rocky Grove High School on a bi-weekly basis.

PE staff continued their partnership with Pathways Adolescent Center to provide SAFE Dates and Too Good for Drugs and Violence to their youth. They also continued to work with community members at The Pointe to provide programs related to abuse, empowerment, and seeking help. They also presented at the Arc in Seneca.

This year they formed a new partnership with the County to provide professional training about topics of domestic violence, victim's rights and legal processes, healthy sexuality for the IDD/MH community, LGBTQIA diversity for students and professionals, and are currently in discussions for facilitating Rape Prevention Education curriculum to the elderly and the professional community, and providing services to the elderly throughout the County.

## STATISTICS

|             |   |
|-------------|---|
| <b>60</b>   | <a href="#">Shelter</a>                     |
| <b>2197</b> | Individuals served                          |
| <b>6591</b> | Days of shelter provided                    |
|             | Meals Served                                |
| <b>262</b>  | <a href="#">Victims of Serious Crime</a>    |
|             | Individuals served                          |
| <b>170</b>  | <a href="#">Sexual Assault Services</a>     |
| <b>245</b>  | Individuals served                          |
| <b>163</b>  | Individual counseling hours                 |
|             | Group counseling hours                      |
| <b>135</b>  | <a href="#">Protection From Abuse (PFA)</a> |
| <b>213</b>  | Individuals served                          |
|             | PFA's granted                               |
| <b>463</b>  | <a href="#">Domestic Violence Services</a>  |
| <b>1442</b> | Individuals served                          |
| <b>264</b>  | Individual counseling hours                 |
|             | Group counseling hours                      |
| <b>76</b>   | <a href="#">First Response Team</a>         |
| <b>550</b>  | Individuals served                          |
| <b>76</b>   | Crisis hotline calls                        |
|             | First Response calls                        |
| <b>138</b>  | <a href="#">SA/DV Prevention</a>            |
| <b>1280</b> | Community programs                          |
| <b>325</b>  | Total attendance                            |
| <b>2911</b> | School programs                             |
|             | Total attendance                            |



From Top, Left to Right:  
 Beth Gabler, Clerk Receptionist  
 Candee Swartz, AS, Counselor/Advocate  
 Leigha Kucnick, AS, Prevention/Community Education  
 Nichole Sloss, AS, Prevention/Community Education  
 Heather Roberts, BS, Legal Advocate



From Top, Left to Right:  
 Crystal Patterson, MS, Program Director  
 James Fair, Law Enforcement Liaison  
 Beth Ann Proudfoot, BA, Counselor/Advocate  
 Megan O'Neil, BA, Direct Service Supervisor  
 Absent: Amber McMillen, BS, Children's Advocate



# Our Service Locations

## Oil City

### **Main Office**

716 East Second Street  
Oil City, PA 16301  
Ph: (814) 677-4005  
Fax: (814) 677-6159

*Alternatives To Violence groups  
Drug & Alcohol Program  
Fiscal & Administration  
Individual & Family Counseling*

### **Carone Center**

29 Pearl Avenue  
Oil City, PA 16301  
Phone: (814) 676-9940  
Fax: (814) 677-9592

*Drug & Alcohol Prevention & Recovery Support  
Family Foundations Program  
Home & Community Services  
Venango Fatherhood Initiative  
Youth Connection*

## Franklin

### **Professional Bldg.**

150 Prospect Avenue  
Suites 301 & 304  
Franklin, PA 16323  
Ph: (814) 432-3466  
Fax: (814) 437-7039

*Suites 301 & 304:  
Drug & Alcohol Program*

*Suite 304:  
Effective Safe Parenting  
Family Recovery Program*

### **Shelter**

Phone: (814) 676-5476  
Fax: (814) 677-6284

*PPC Violence Free Network*

## Titusville

119 E. Mechanic Street  
Ste. A  
Titusville, PA 16354  
Ph: (814) 827-3472  
Fax: (814) 827-4044

*Community Resource Coordination  
Drug & Alcohol Program  
Individual & Family Counseling  
Youth Connection*



716 East Second St., Oil City, PA 16301 (814) 677-4005 Fax: (814) 677-6159  
Website: [www.fscas.org](http://www.fscas.org) E-mail: [familyservices@fscas.org](mailto:familyservices@fscas.org)



**Member Agency of:**  
United Way of Clarion County  
United Way of the Titusville Region  
United Way of Venango County

